

ART for HIV Prevention

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Global summary of the AIDS epidemic | 2012

Number of people living with HIV

Total	35.3 million [32.2 million – 38.8 million]
Adults	32.1 million [29.1 million – 35.3 million]
Women	17.7 million [16.4 million – 19.3 million]
Children (<15 years)	3.3 million [3.0 million – 3.7 million]

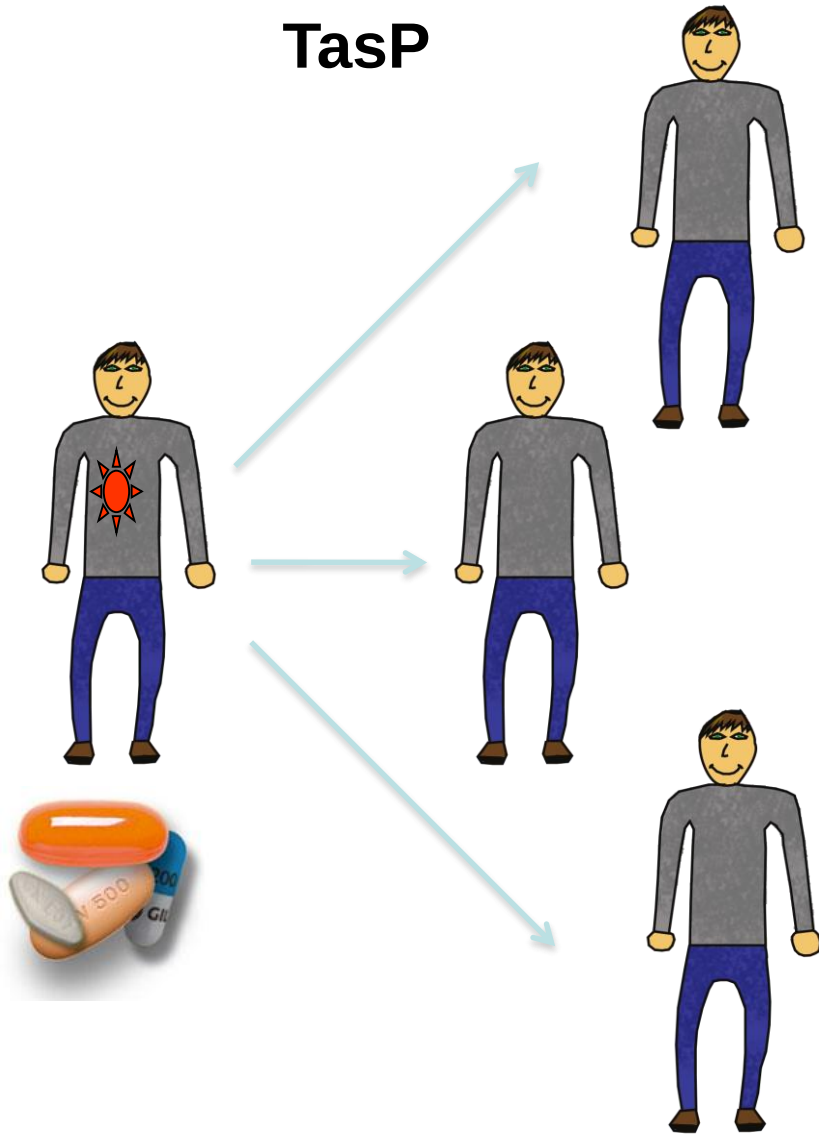
People newly infected with HIV in 2012

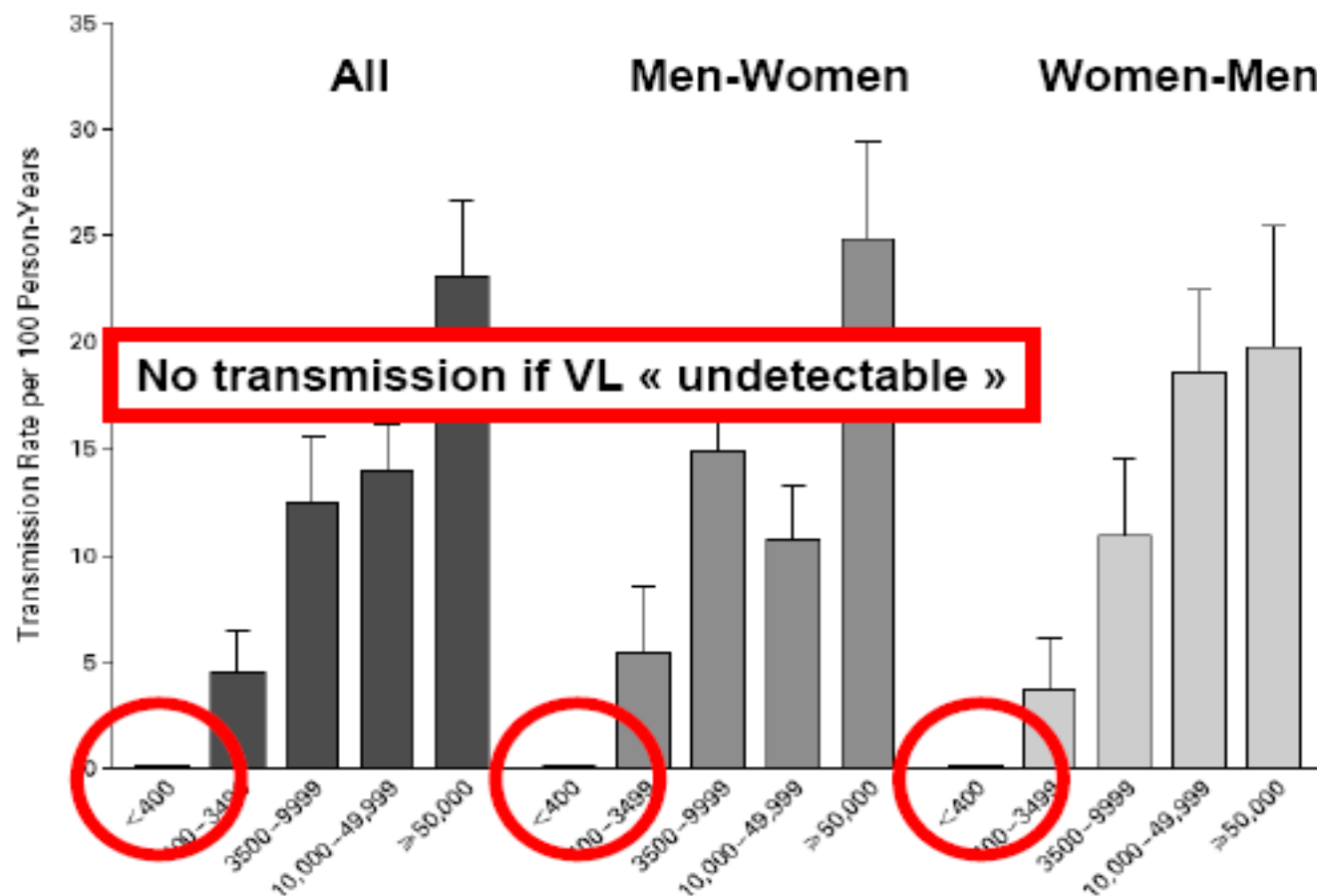
Total	2.3 million [1.9 million – 2.7 million]
Adults	2.0 million [1.7 million – 2.4 million]
Children (<15 years)	260 000 [230 000 – 320 000]

AIDS deaths in 2012

Total	1.6 million [1.4 million – 1.9 million]
Adults	1.4 million [1.2 million – 1.7 million]
Children (<15 years)	210 000 [190 000 – 250 000]

Treatment as Prevention TasP



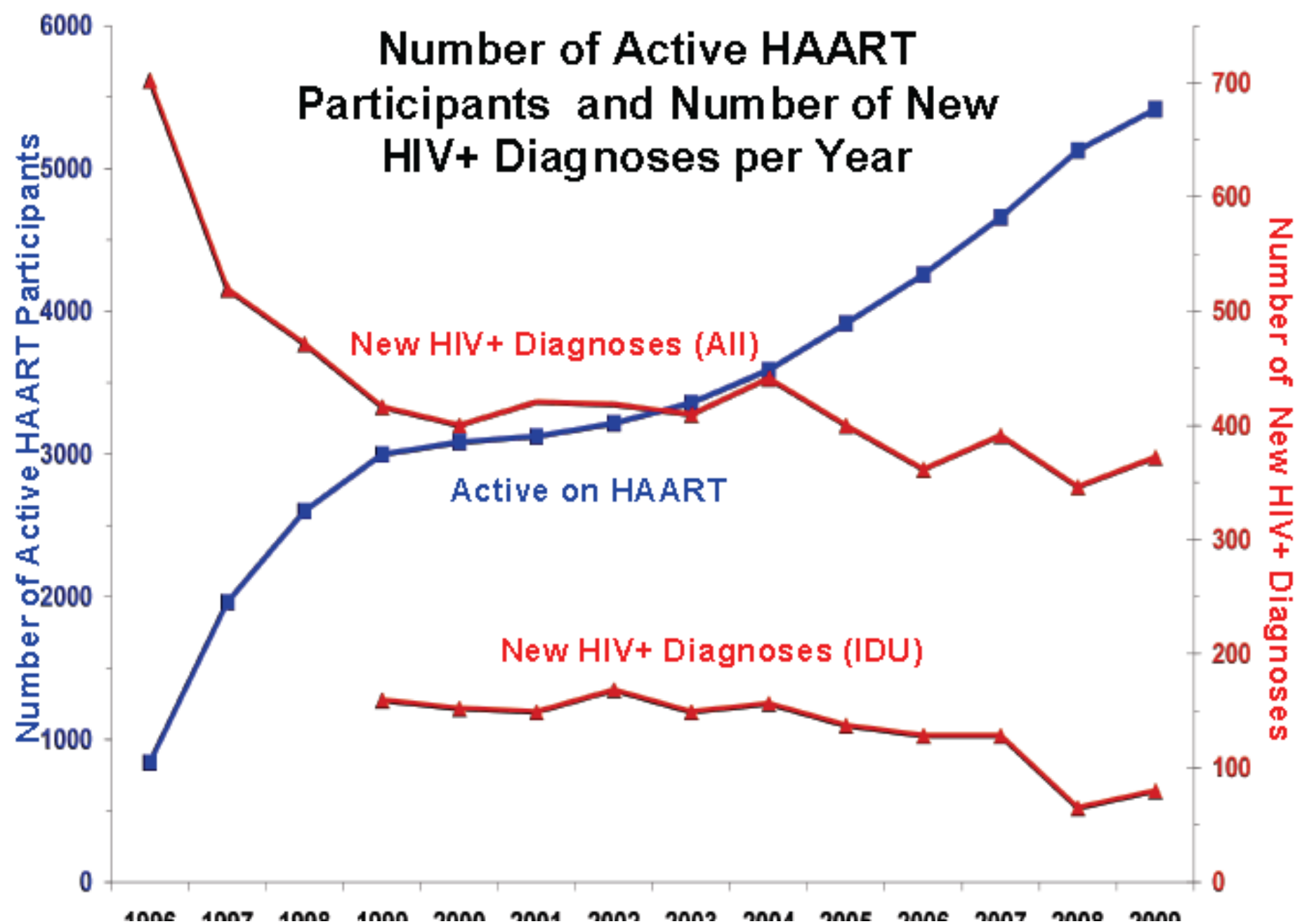


« Rakai » Study: Transmission risk as a function of viral load

Quinn et al. *N Engl J Med* 2000;342:921-9

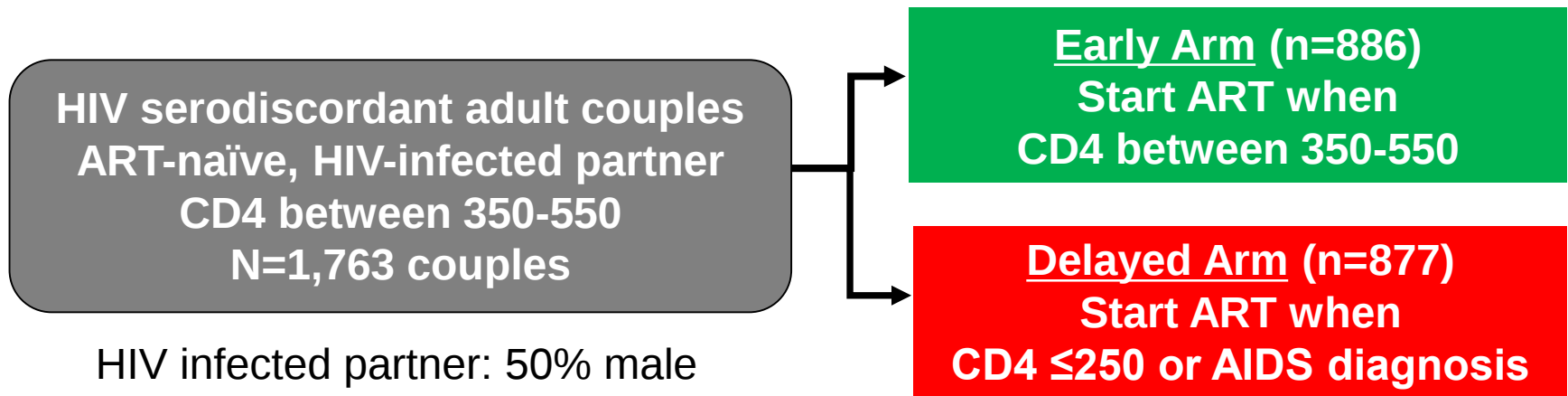
Thai Study: no transmissions < 1049; Tovanabutra, *JAIDS* 2002

Number of Active HAART Participants and Number of New HIV+ Diagnoses per Year



Prevention of HIV-1 Infection with Early Antiretroviral Therapy

Multicenter, international, randomized, NIH-funded Phase III study



Primary Clinical Endpoint (in HIV-positive partner)

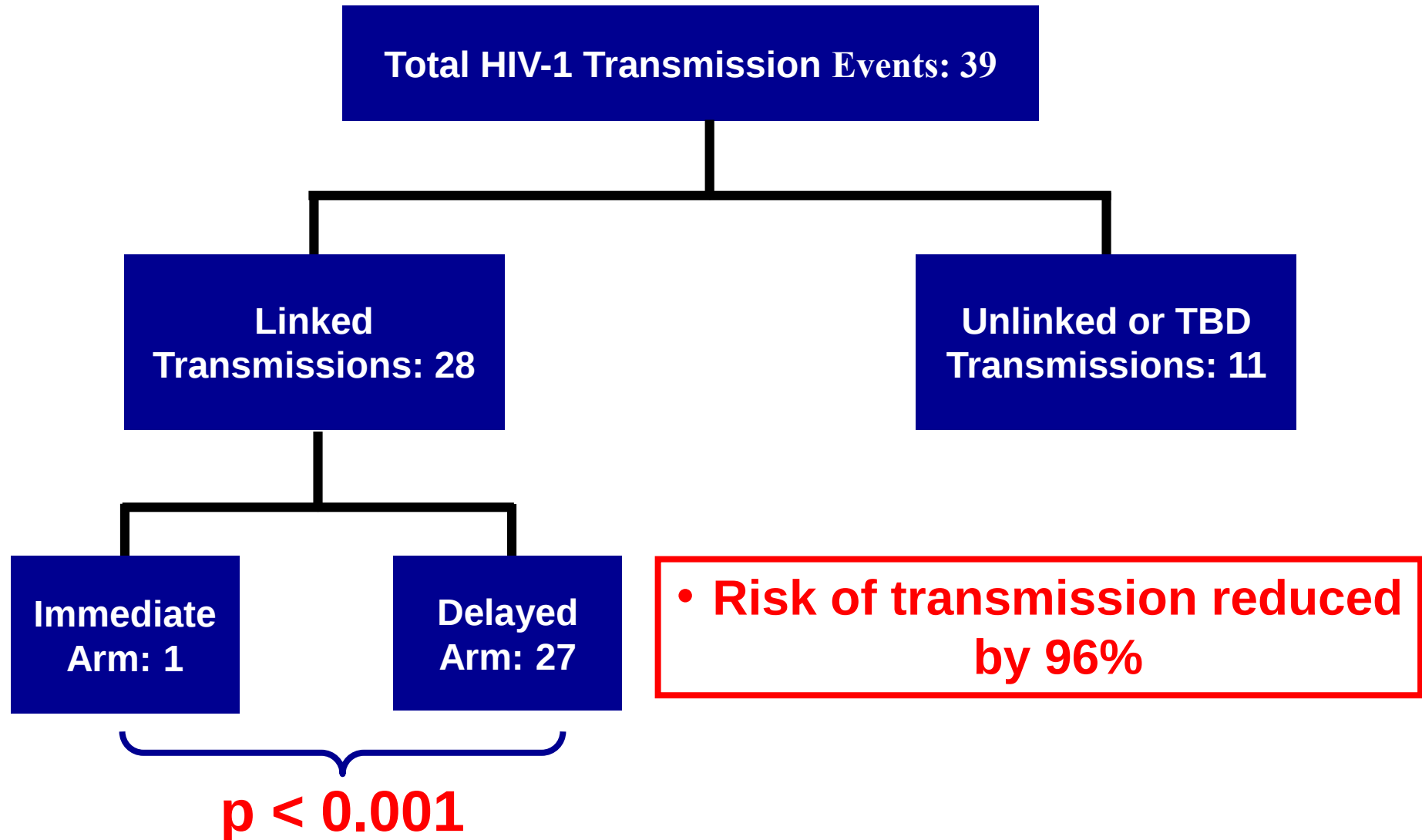
- Clinical Event: Pulmonary tuberculosis, severe bacterial infection, a World Health Organization stage 4 event, or death

Primary Prevention Endpoint (in HIV-negative partner)

- Linked HIV transmission to HIV-1 negative partners

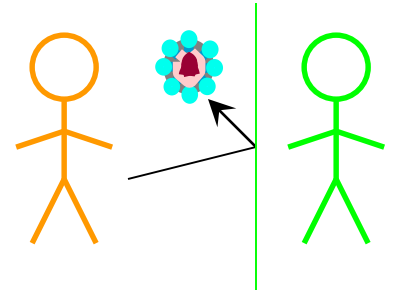
DSMB recommended study be stopped early on 28th April 2011

HPTN 052: HIV-1 Transmission

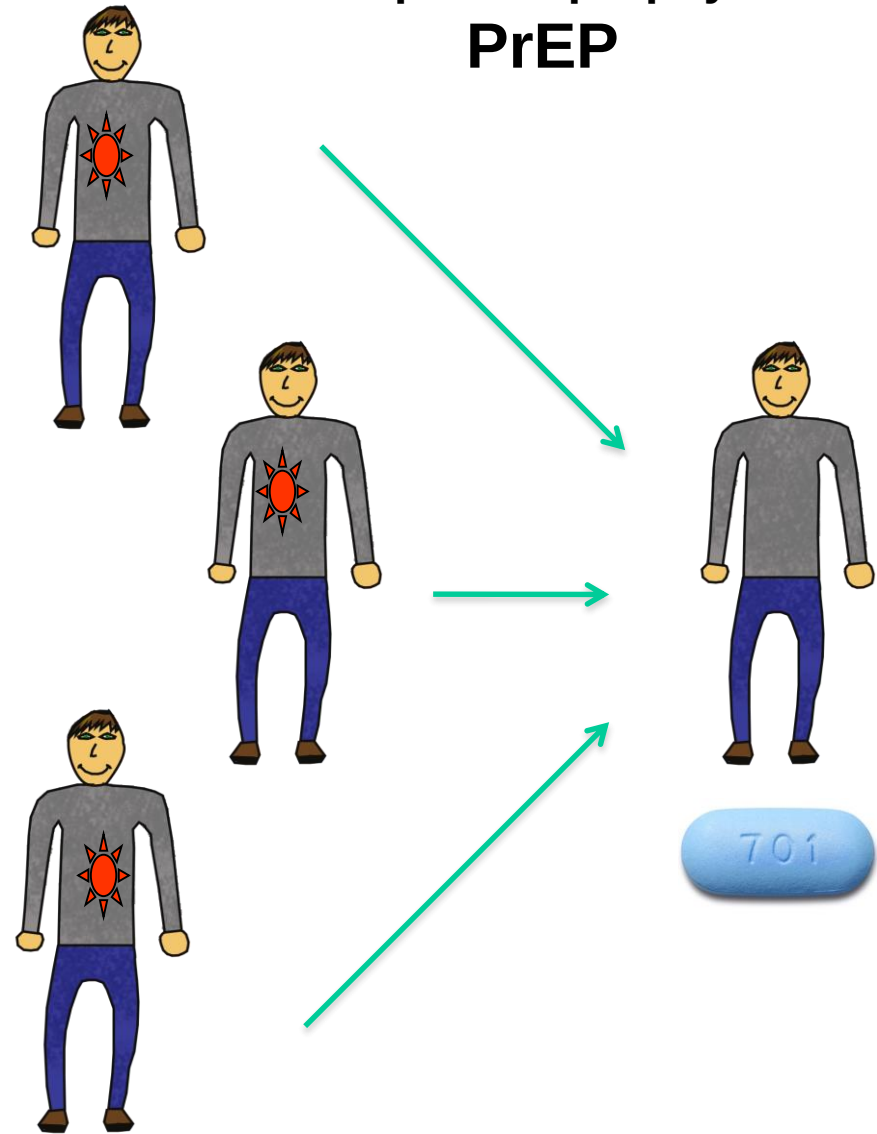


Pre-exposure prophylaxis (PrEP) for HIV prevention: the hypothesis

- Using an antiretroviral ahead of an HIV exposure (*i.e.*, *PrEP*) will reduce the risk of becoming infected.
- In some ways, analogous to malaria prophylaxis for travelers
 - does not block exposure but may block pathogen
 - use is potentially time-limited

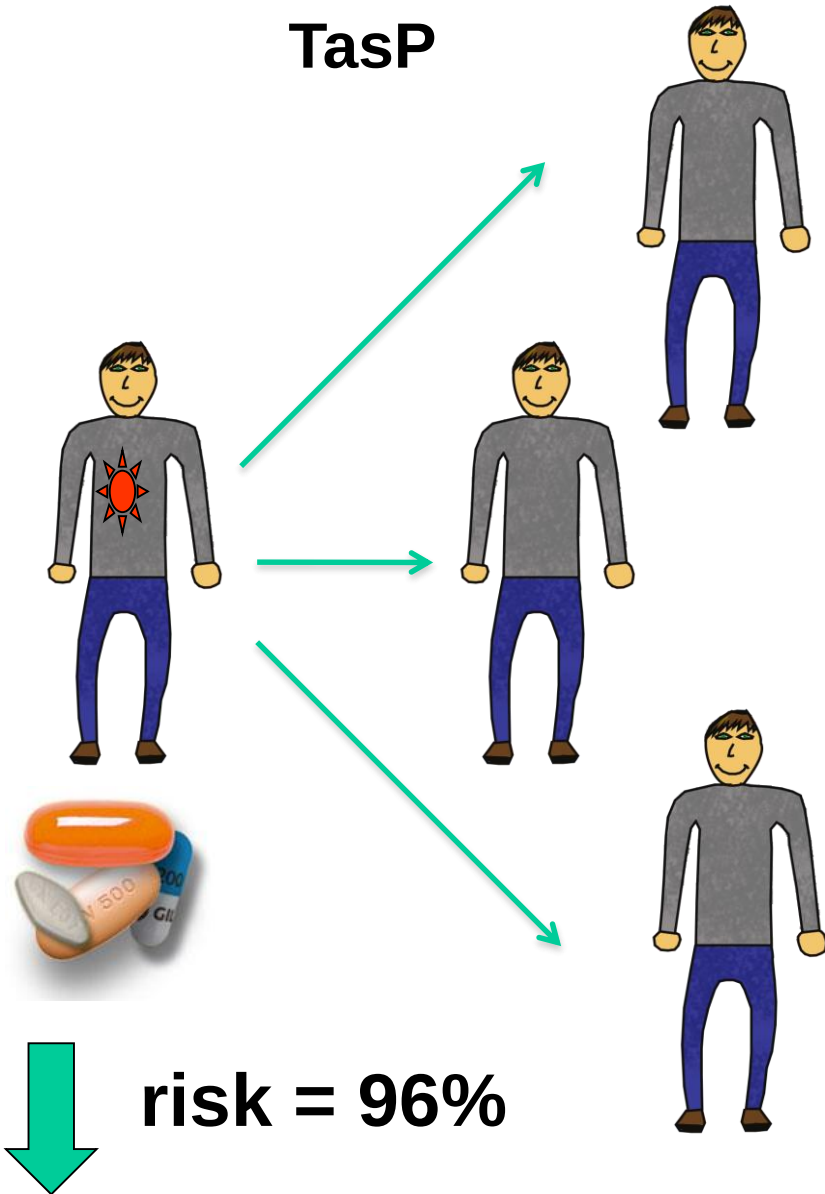


Pre-exposure prophylaxis PrEP

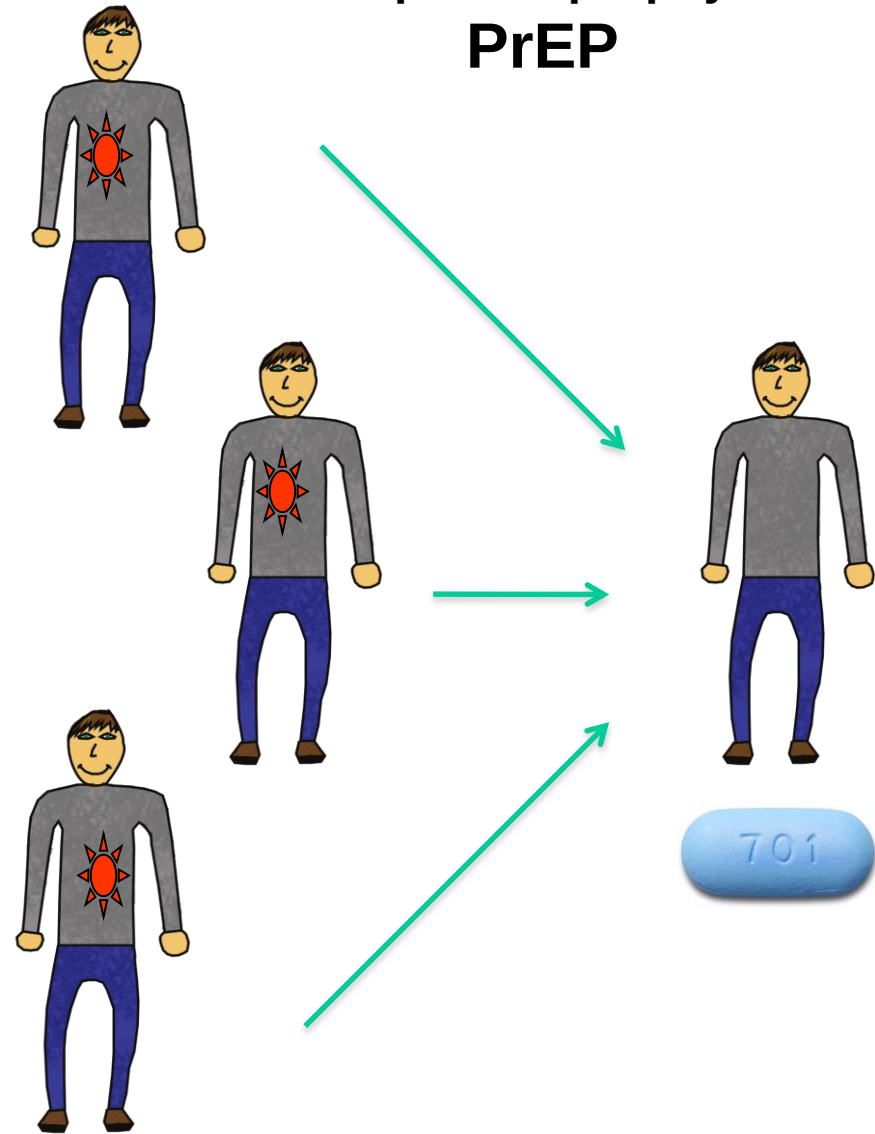


Why use PrEP if TasP is so effective?

Treatment as Prevention
TasP

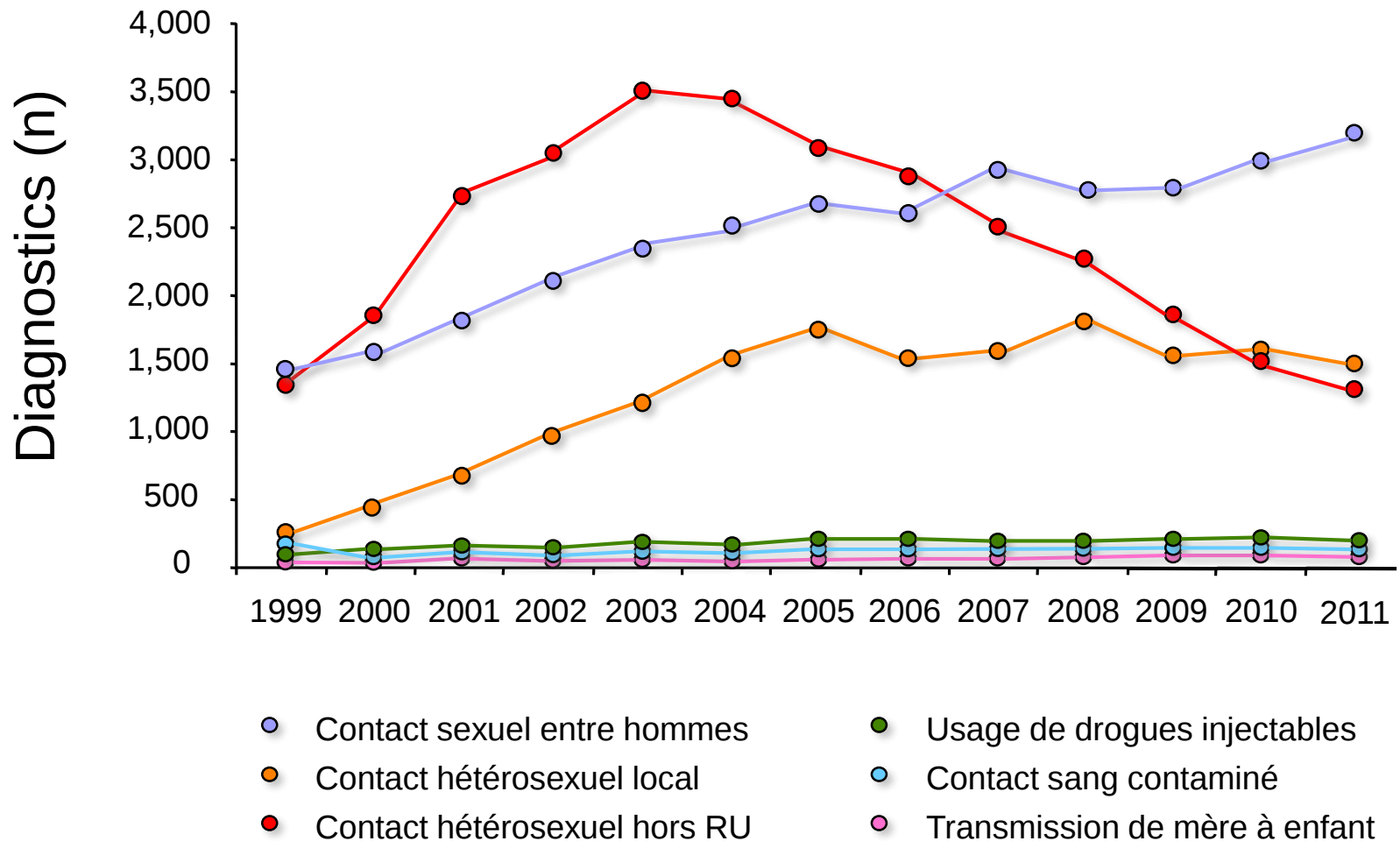


Pre-exposure prophylaxis
PrEP



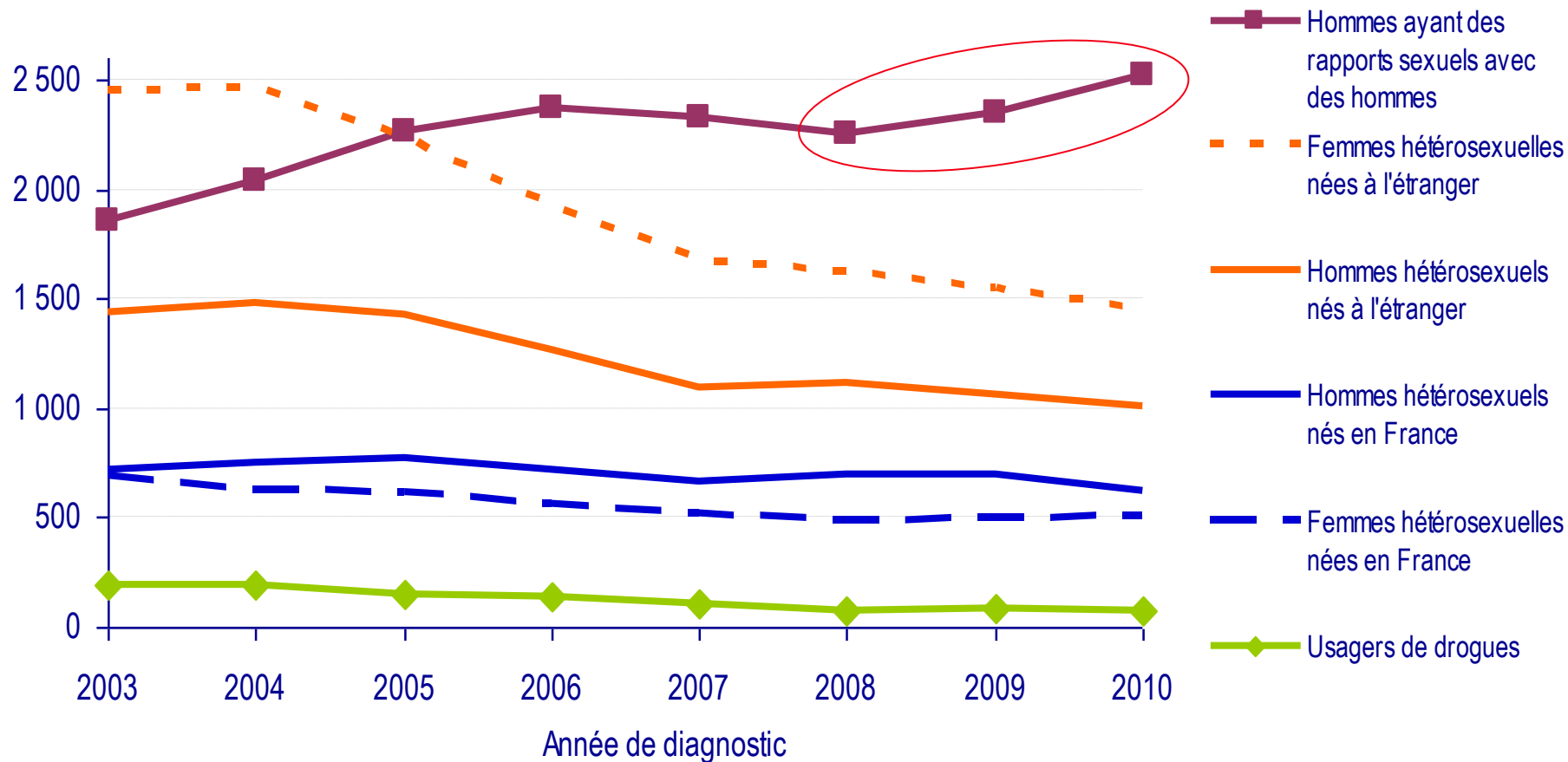
Limitations of TasP

HIV incidence in the UK



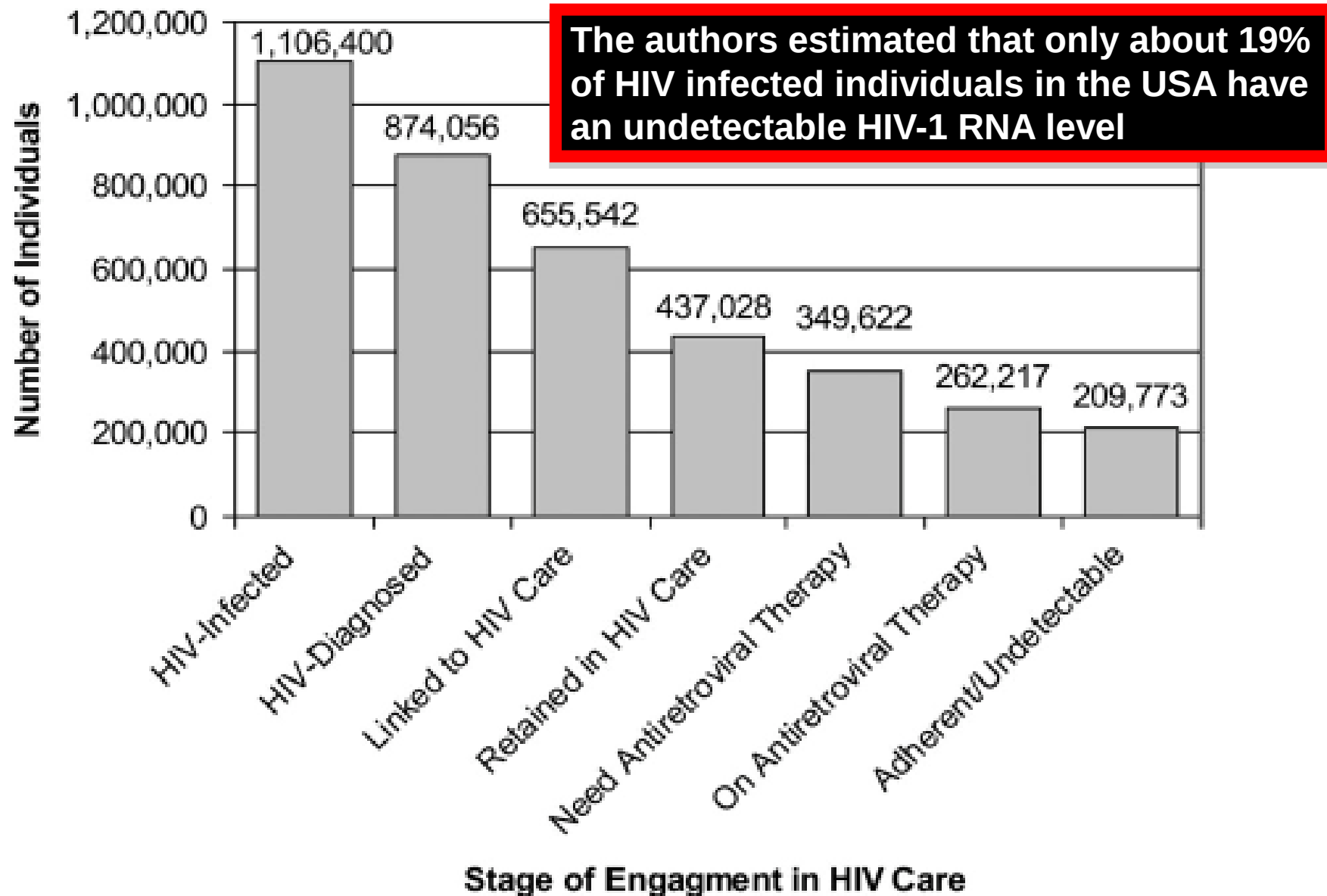
Quelles sont les personnes diagnostiquées pour le VIH en France?

Augmentation des découvertes chez les homosexuels alors
que les autres groupes sont stables



Source : InVS, données DO VIH au 31/12/2010 corrigées pour les délais, la sous déclaration et les valeurs manquantes

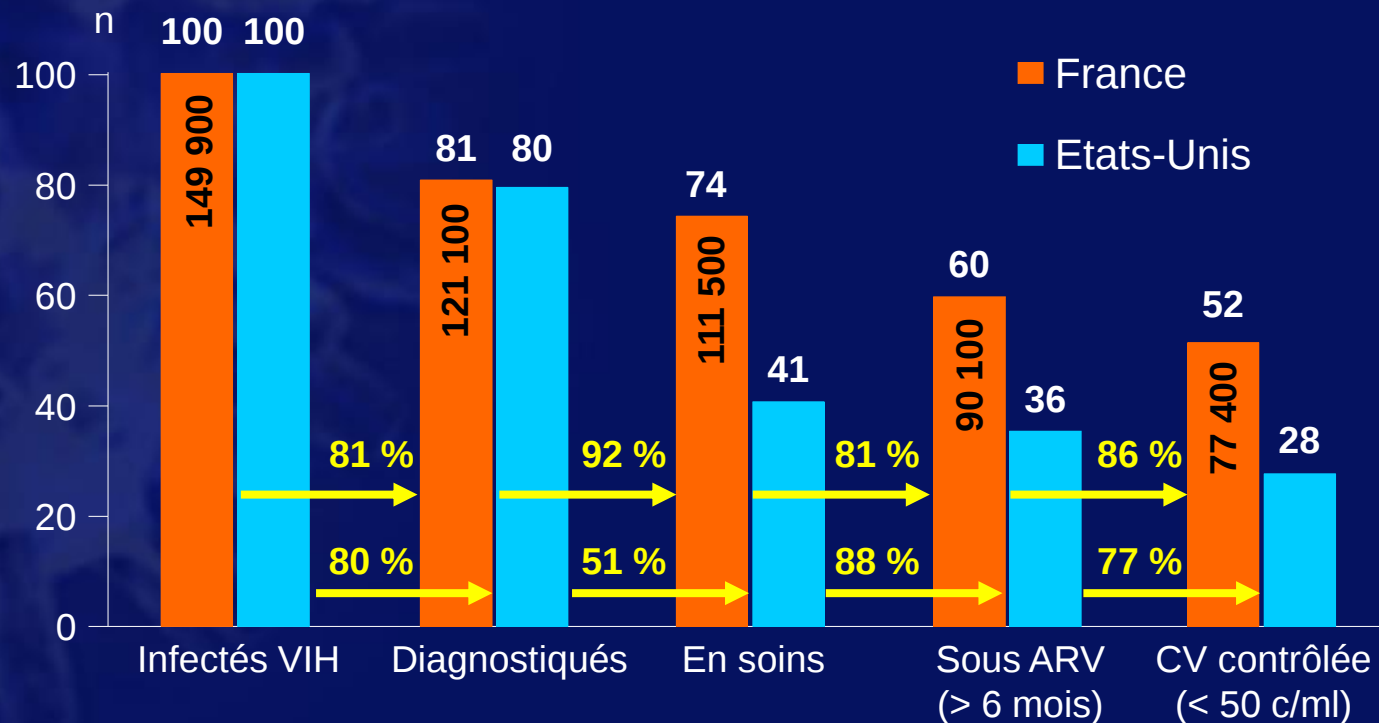
Spectrum of Engagement in HIV Care - USA



Cascade de la prise en charge en France en 2010 (1)

- Estimation du nombre et du pourcentage des personnes VIH+ engagées dans les différentes étapes des soins, à partir de :
 - Déclarations de nouvelles séropositivités (INVS)
 - Données de l'assurance maladie (CNAMTS)
 - Cohorte hospitalière française (FHDH – ANRS CO4)
- Comparaison avec données Etats-Unis (*Cohen SM, MMWR 2011,60:1618-23*)

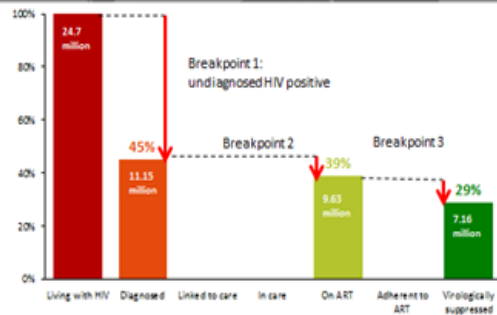
Cascade en France vs Etats-Unis



HIV TREATMENT

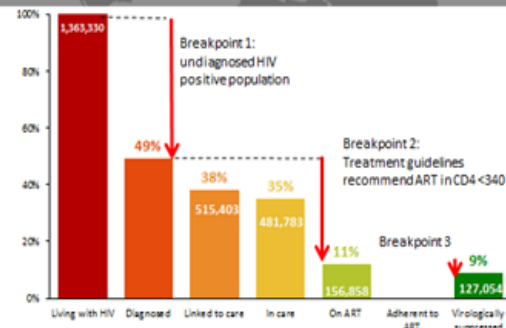
Même dans les contextes avec une bonne couverture du traitement antirétroviral, les cascades de traitement montrent des fuites importantes

Cascade of HIV care – Sub-Saharan Africa



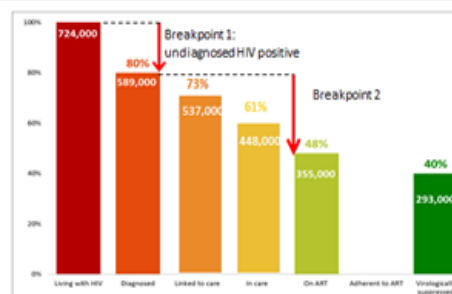
Reference: UNAIDS Gap Report 2014

Cascade of HIV care – Russia



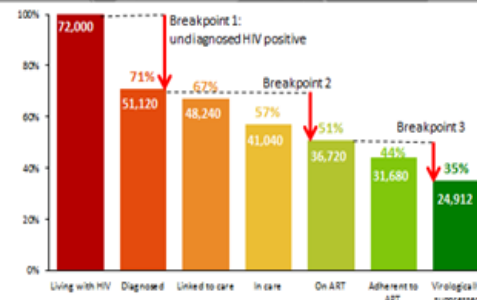
Reference: Petrova et al., 2014. The cascade of HIV care in Russia. 2013-2014. Journal of the International AIDS Society 2014;15(1):1-10. <http://onlinelibrary.wiley.com/doi/10.1002/jia2.22101>

Cascade of HIV Care – Brazil, 2013



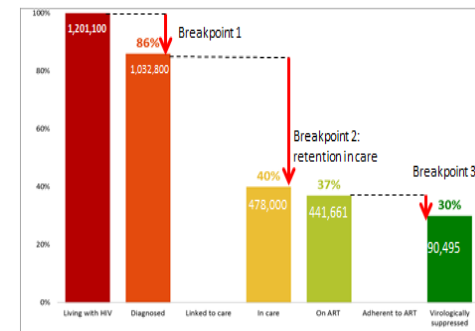
Reference: Brazilian Ministry of Health. Cascade of continuous care in Brazil, 2013. HIV epidemiology report, October 2014, Brazil.

Cascade of HIV care – British Columbia (CA)



Reference: Nayak B, Montaner JS, Colley G, Lima VD, Chan K, Heath K, Yip B, Samji H, Gilbert M, Barrios R, Gougeon R, Hogg RS, STOP HIV/AIDS Study Group. The cascade of HIV care in British Columbia, Canada, 1996-2011: a population-based retrospective cohort study. The Lancet Infectious diseases 2014;14(1):40-49.

Cascade of HIV care – United States



Reference: Heather Bradley, PhD, I. H. Irene Hall, PhD, Richard J. Wolitski et al. HIV Diagnosis, Care, and Treatment Among Persons Living with HIV – United States, 2011. November 28, 2014 / 63(47):1113-1117 available at http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6347a5.htm?s_cid=mm6347a5_wHAb1

Hill et al. CROI 2015 [abstr 1118]

The major source of new infections is the undiagnosed epidemic

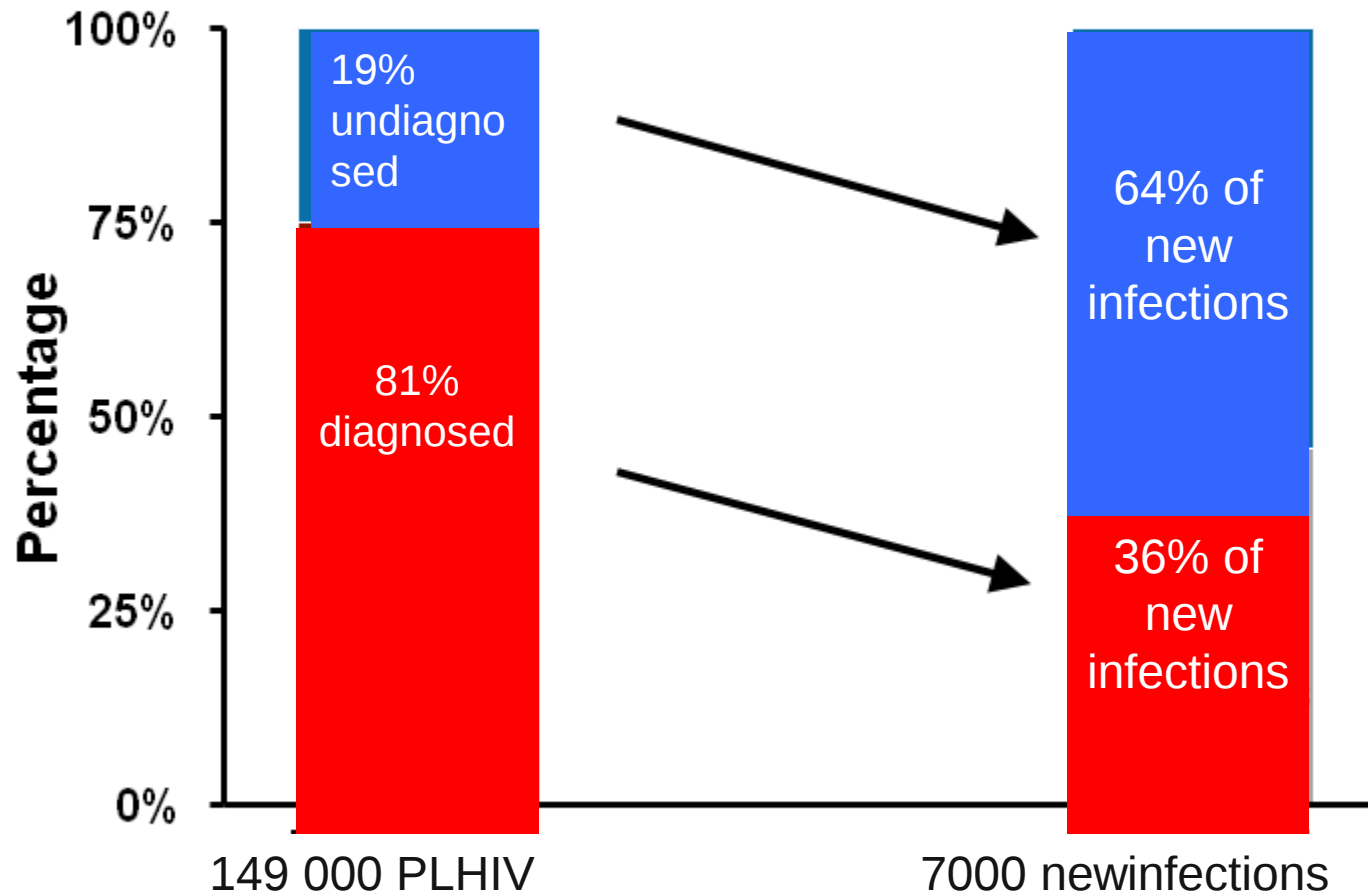
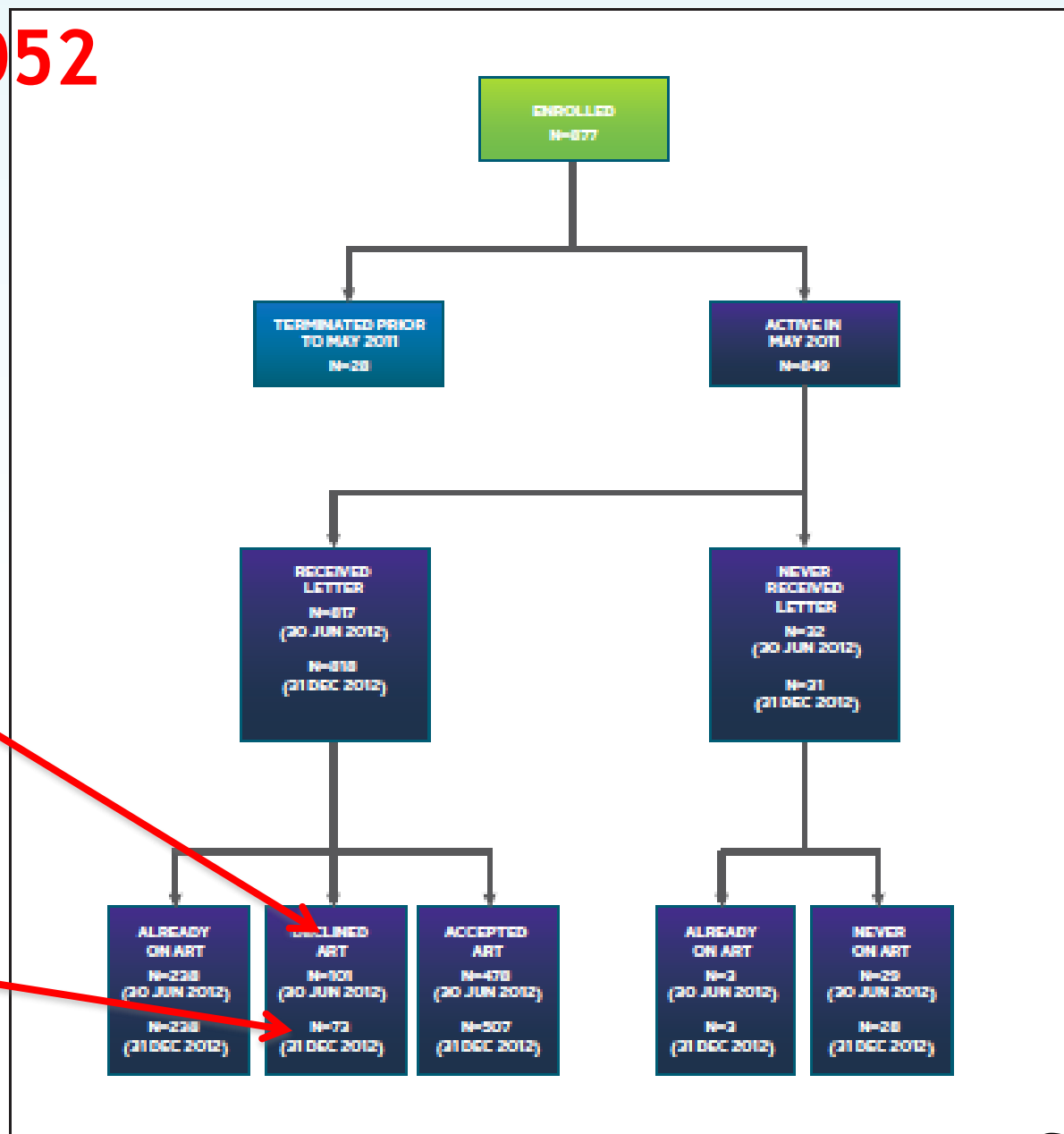


FIGURE 1: Distribution of All HIV-Infected Individuals in the Delay Arm

HPTN 052

17% after 1 year

13% after 18 months



Role of Primary / Early HIV Infection

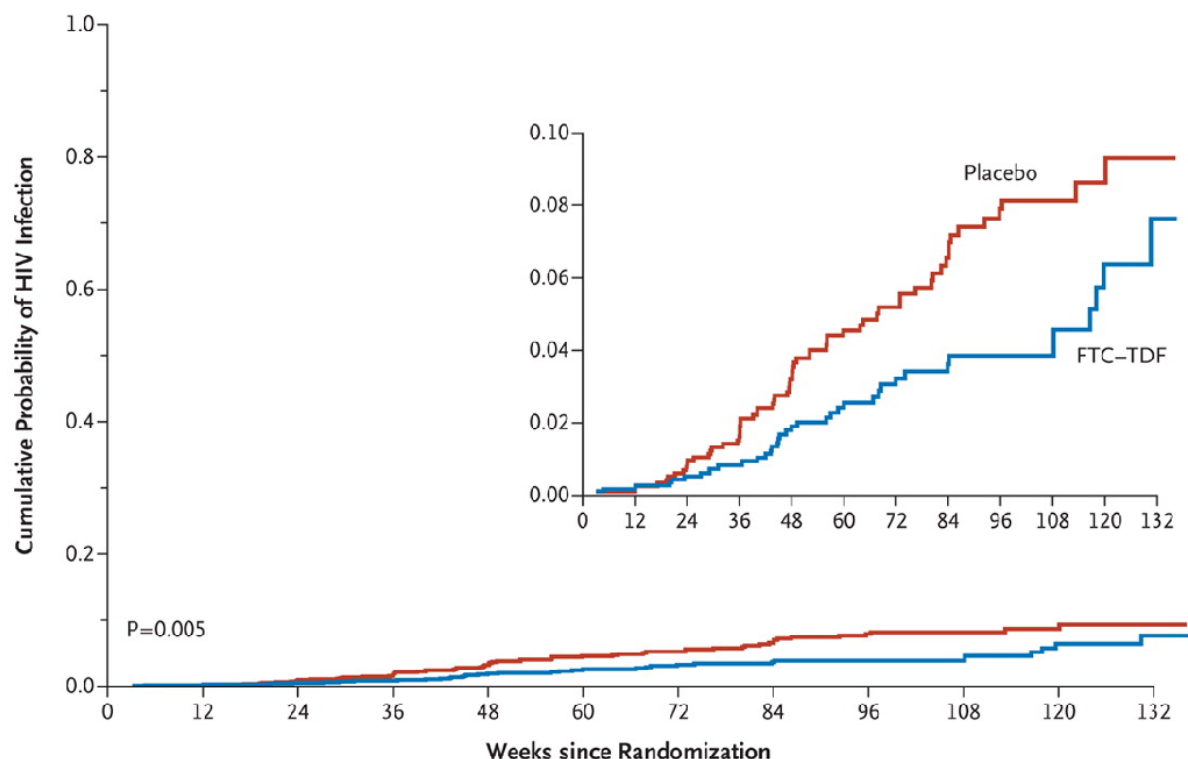
- Enhanced role of PHI in transmission
 - High viral load
 - Increased viral infectivity
 - Behavioural factors
- Models suggest PHI may account for 2-95% of onward transmissions
- Phylogenetic studies: 30-60%
- If PHI significantly driving transmission, then TasP may not work?

PrEP

ORIGINAL ARTICLE

Preexposure Chemoprophylaxis for HIV Prevention in Men Who Have Sex with Men

Robert M. Grant, M.D., M.P.H., Javier R. Lama, M.D., M.P.H.,
Peter L. Anderson, Pharm.D., Vanessa McMahan, B.S., Albert Y. Liu, M.D., M.P.H.,
Lorena Morero, Pedro Caceres, M.Sc., Martin Cohen, M.D., M.P.H.



No. at Risk

Placebo	1248	1194	1108	1005	852	647	546	444	370	258	137	60
FTC-TDF	1251	1188	1097	988	848	693	558	447	367	267	147	65

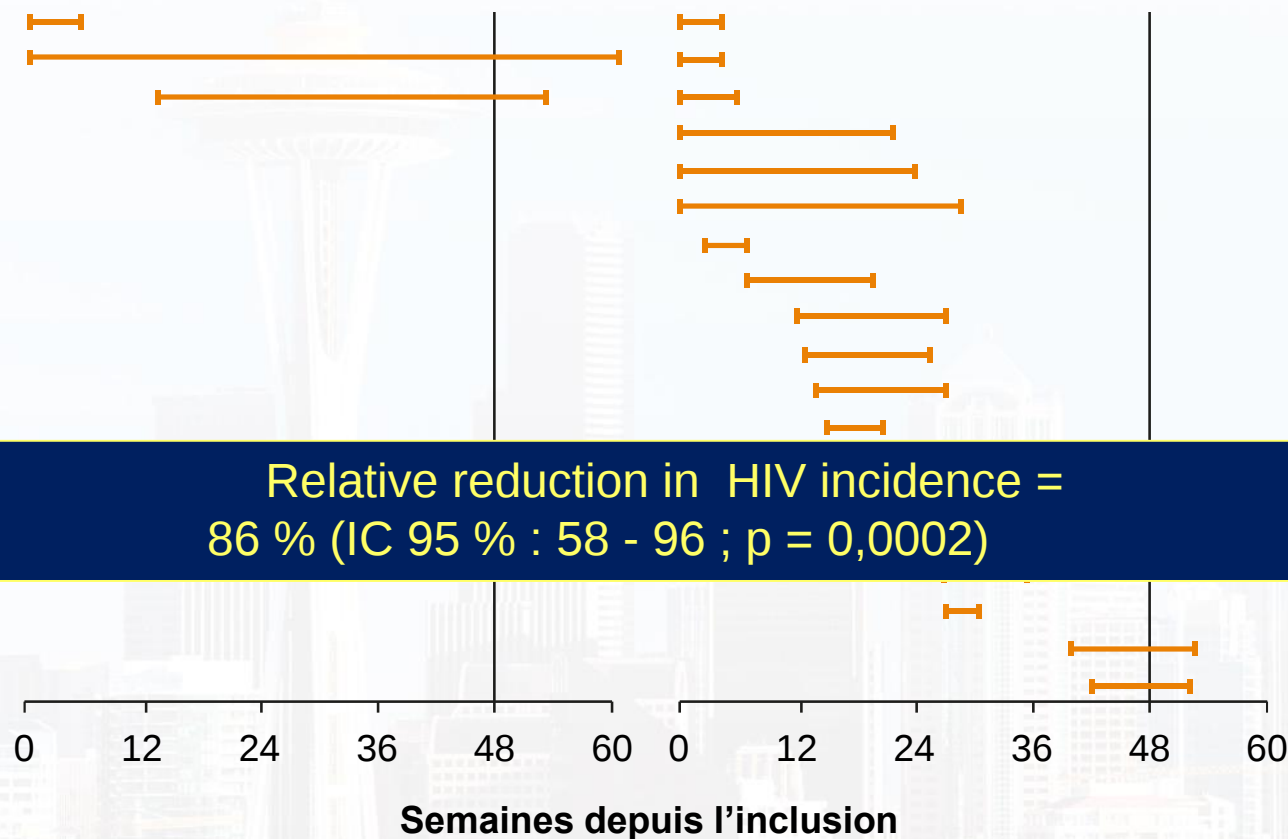
PrEP efficacy demonstrated in MSM and heterosexual men and women

Study, population	PrEP agent	# of HIV infections		PrEP efficacy (95% CI)
		PrEP	placebo	
iPrEx MSM Brazil, Ecuador, Peru, South Africa, Thailand, US (n=2499)	FTC/TDF	36	64	44% (15-63%) Grant et al. N Engl J Med 2010
Partners PrEP Study Heterosexual couples Kenya, Uganda (n=4758)	TDF	17	52	67% (44-81%)
	FTC/TDF	13		75% (55-87%) Baeten et al. N Engl J Med 2012
TDF2 Study Heterosexuals Botswana (n=1219)	FTC/TDF	10	26	62% (16-83%) Thigpen et al. N Engl J Med 2012

PROUD study : VIH seroconversions

immediate PrEP (n = 3)
1,3/100 patients.année

Differed PrEP (n = 19)
8,9/100 patients.année*



*Prescription de 174 prophylaxies post-exposition.

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JOURNAL *of* MEDICINE

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FEBRUARY 5, 2015

VOL. 372 NO. 6

Tenofovir-Based Preexposure Prophylaxis for HIV Infection
among African Women

Table 3. Primary Efficacy Results.

Result	Oral TDF*		Oral TDF-FTC	Oral Placebo	TFV Gel	Placebo Gel
	Active Agent	Placebo				
Person-years	823	838	1284	1308	1024	1030
Number of HIV-1 infections	52	35	61	60	61	70
HIV-1 incidence — cases per 100 person-years (95% CI)	6.3 (4.7–8.3)	4.2 (2.9–5.8)	4.7 (3.6–6.1)	4.6 (3.5–5.9)	6.0 (4.6–7.6)	6.8 (5.3–8.6)
Hazard ratio (95% CI)	1.49 (0.97–2.29)	—	1.04 (0.73–1.49)	—	0.85 (0.61–1.21)	—
P value	0.07	—	0.81	—	0.37	—

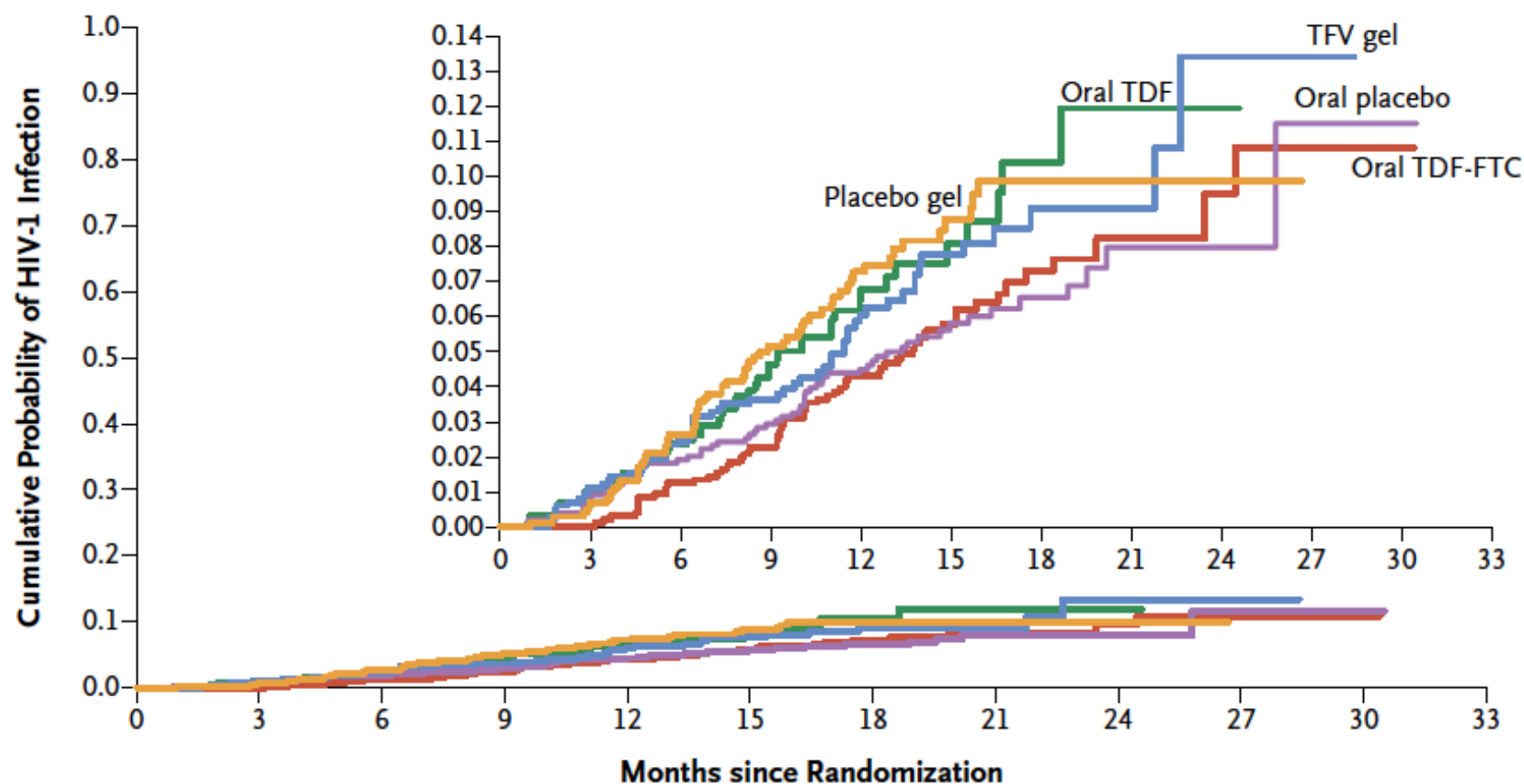


Table 2. Adherence to Study Products.*

Measure of Adherence	Total (N=5007)	Oral TDF (N=1002)	Oral TDF-FTC (N=994)	Oral Placebo (N=1008)	TFV Gel (N=1003)	Placebo Gel (N=1000)
Mean rate of adherence (%)						
Assessed by clinic-based product count†	86	84	88	90	83	84
Assessed by face-to-face interview‡	90	91	90	91	90	90
Assessed by ACASI§	88	87	87	88	88	89
Mean proportion of quarterly plasma samples with TFV detected (%)¶	NA	30	29	NA	25	NA
Proportion of women with TFV not detected in any quarterly plasma samples (%)¶	NA	58	50	NA	57	NA
Mean proportion of vaginal swab samples with TFV detected (%)	NA	NA	NA	NA	49	NA
Proportion of women with TFV not detected in any vaginal swab samples (%)	NA	NA	NA	NA	41	NA

Challenges of PrEP

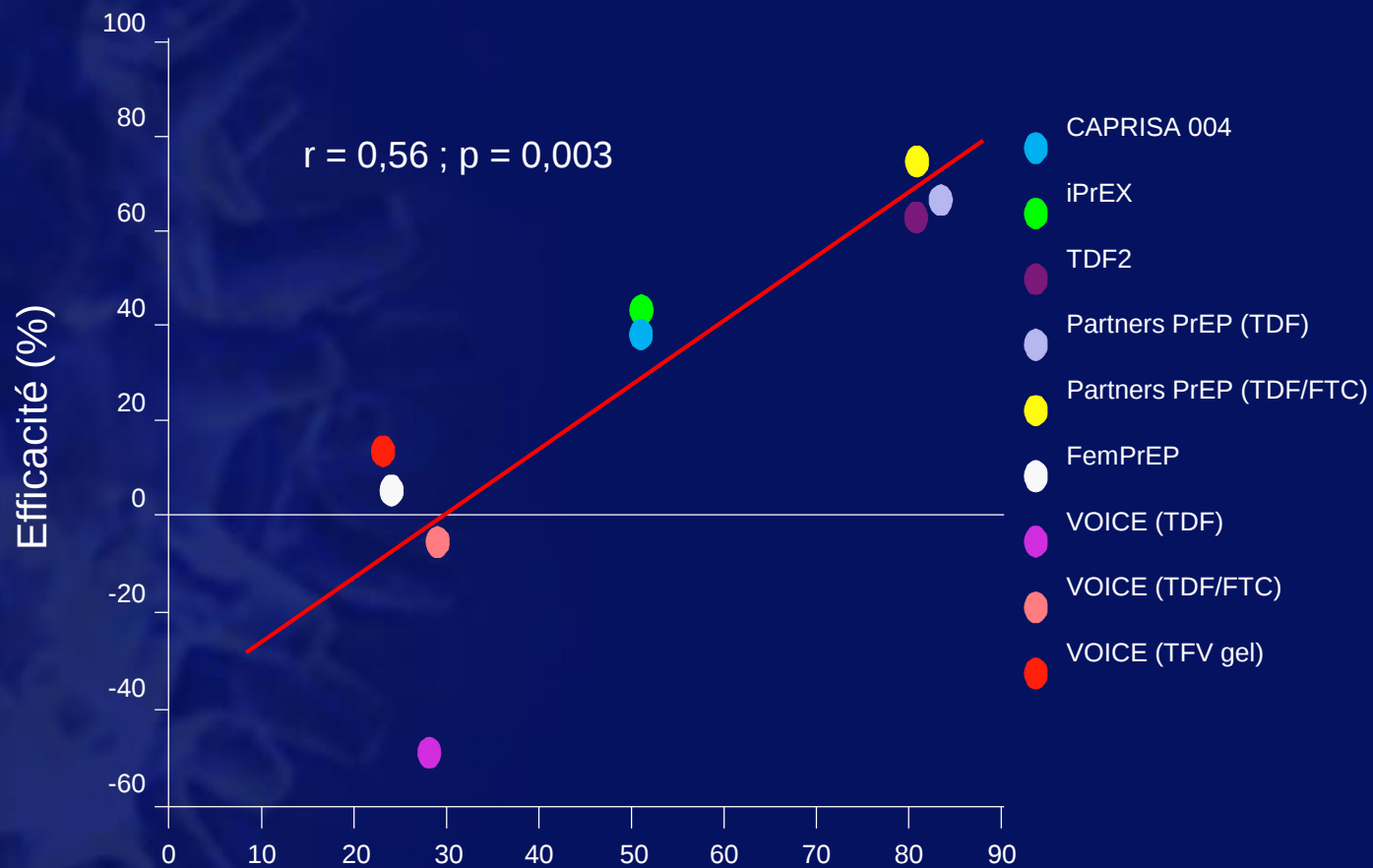


Adherence



PrEP

Strong correlation between efficacy and adherence



What we've learned from PrEP trials: adherence → efficacy

	CASE-CONTROL / CASE-COHORT ANALYSES: DETECTION OF TENOFOVIR IN PLASMA	
	HIV seroconverters	HIV uninfected
iPrEx	9%	51%
Partners PrEP: TDF arm	35%	83%
Partners PrEP: FTC/TDF arm	25%	81%

Relative risk reduction associated with detectable tenofovir

iPrEx: 92% (95% CI 40-99%), $p < 0.001$

Partners PrEP TDF: 86% (95% CI 57-95%), $p < 0.001$

Partners PrEP FTC/TDF: 90% (95% CI 56-98%), $p = 0.002$

How to Improve Adherence ?

- Assess more friendly regimens for long-term use: “on demand” PrEP

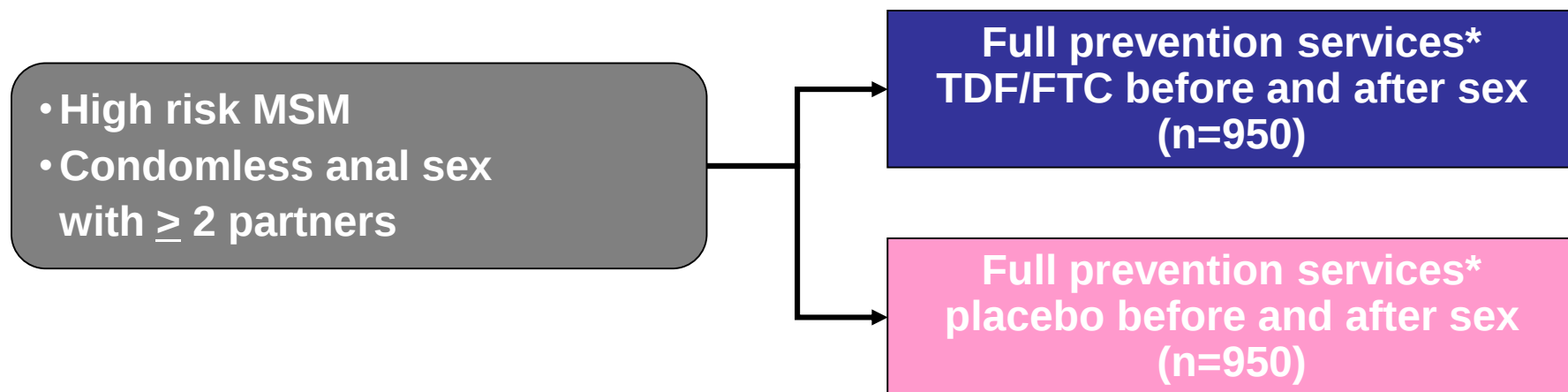


www.ipergay.fr

IPERGAY

Study Design

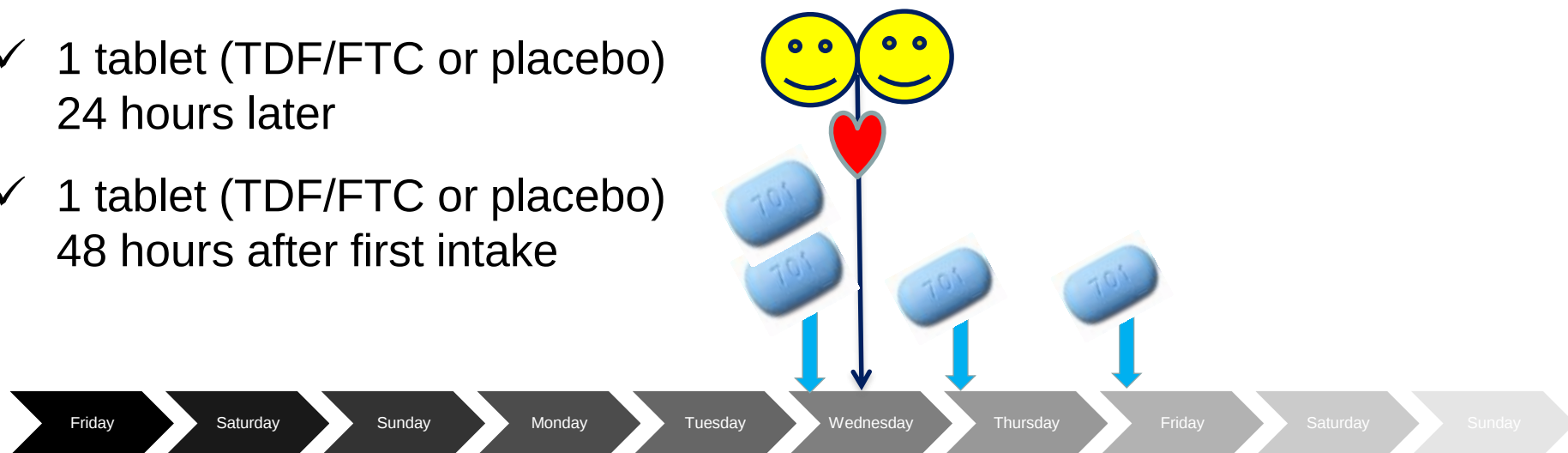
Effectiveness of “on demand” PrEP Randomized placebo-controlled trial



- Counseling, testing for STI, condoms, vaccination, PEP
- Primary endpoint : HIV infection, 64 events expected
- Incidence of HIV-infection: 3%PY, 50% efficacy, ~ 2000 pts

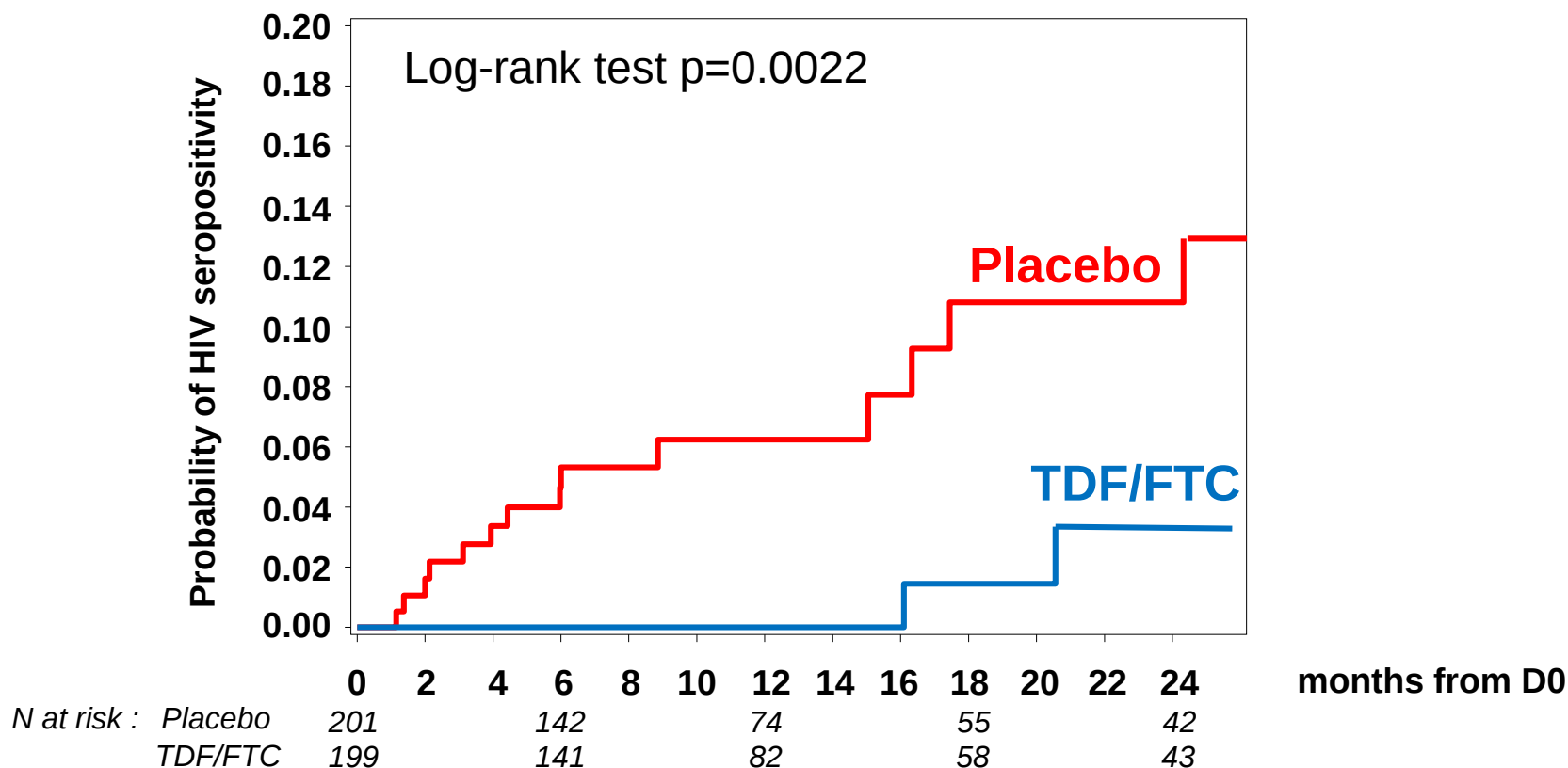
IPEGAY : Sex-Driven iPrEP

- ✓ 2 tablets (TDF/FTC or placebo)
2-24 hours before sex
- ✓ 1 tablet (TDF/FTC or placebo)
24 hours later
- ✓ 1 tablet (TDF/FTC or placebo)
48 hours after first intake



4 pills of TDF/FTC taken over 3 days to cover one sexual intercourse

KM Estimates of Time to HIV-1 Infection (mITT Population)



Mean follow-up of 13 months: 16 subjects infected

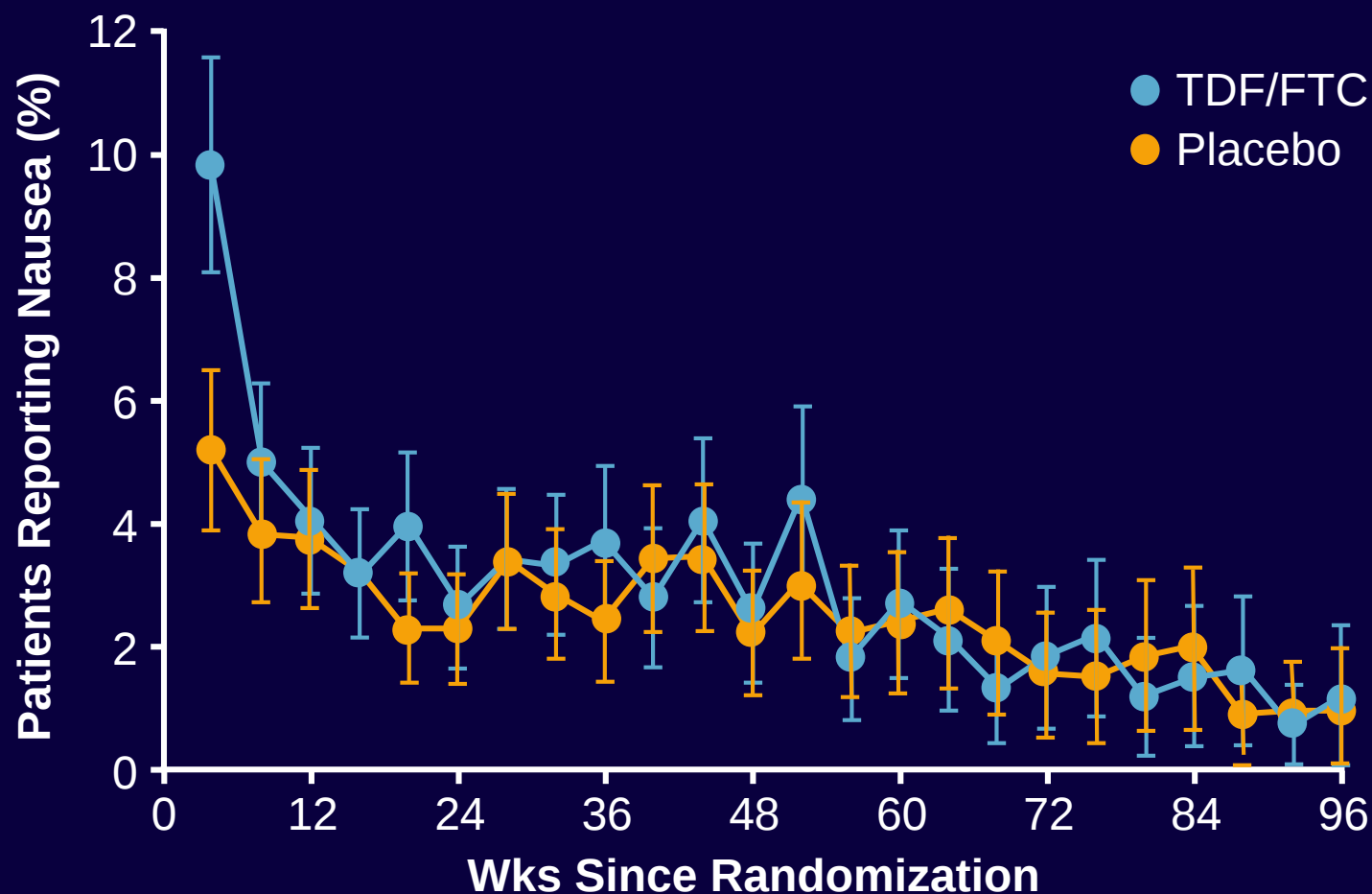
14 in placebo arm (incidence: 6.6 /100 PY) and **2 in TDF/FTC arm** (incidence: 0.9 /100PY)

86% relative reduction in the incidence of HIV-1 (95% CI : 40-98, $p=0.0019$)

Safety and Tolerability



iPrEx: Nausea on History



iPrEx: BMD Changes and Fracture Rates

- BMD changes were small (~1%); no evidence of negative effect on health^[1]
- No differences in fracture rates between groups^[1,2]
- All fractures were trauma related
- Need longer follow-up to evaluate effects on bone density and fracture risk over time

Drug Resistance



PrEP and HIV Resistance

- Resistance was rare in clinical trials of PrEP, except for those with acute infection at baseline
- Resistance mutations seen: K65R (TDF) or M184V/I (FTC)

Number of HIV Seroconverters on <i>Active PrEP Arms</i> With HIV Resistance			
Trial	HIV Infected After Enrollment, n/N	Seronegative Acute HIV Infection at Enrollment, n/N	HIV Infections Averted, n
iPrEx ^[1,2]	0/36	2/2	28
Partners PrEP ^[3]	0/30	2/8	74
TDF2 ^[4]	0/10	1/1	16

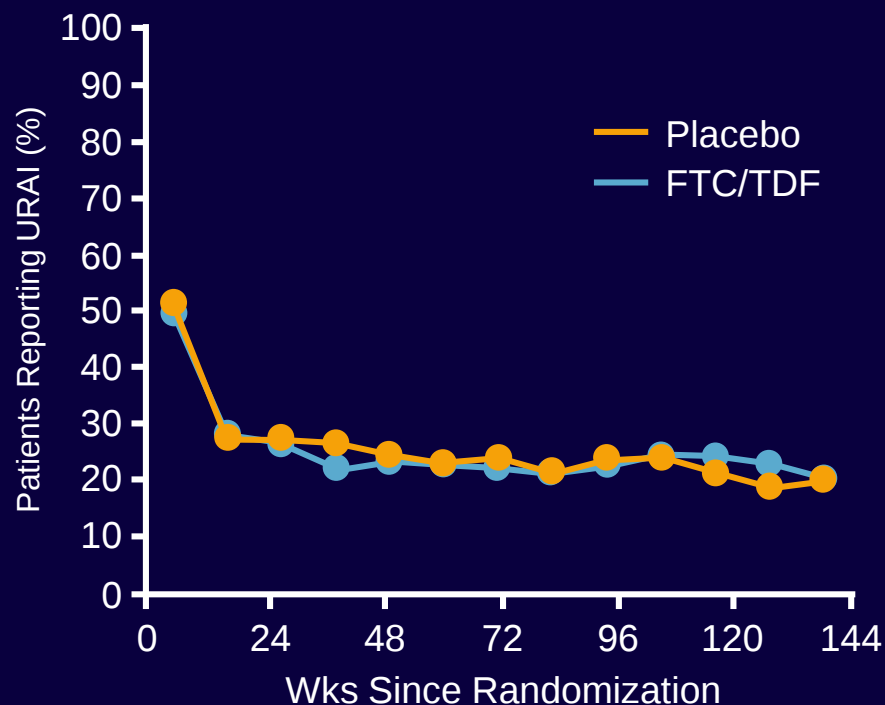
1. Liegler T, et al. CROI 2011. Abstract 97LB.
2. Grant RM, et al. N Engl J Med. 2010;363:2587-2599.
3. Baeten JM, et al. N Engl J Med. 2012;[Epub ahead of print] (supplementary appendix).
4. Thigpen MC, et al. N Engl J Med. 2012;[Epub ahead of print] (supplementary appendix).

Risk Behavior

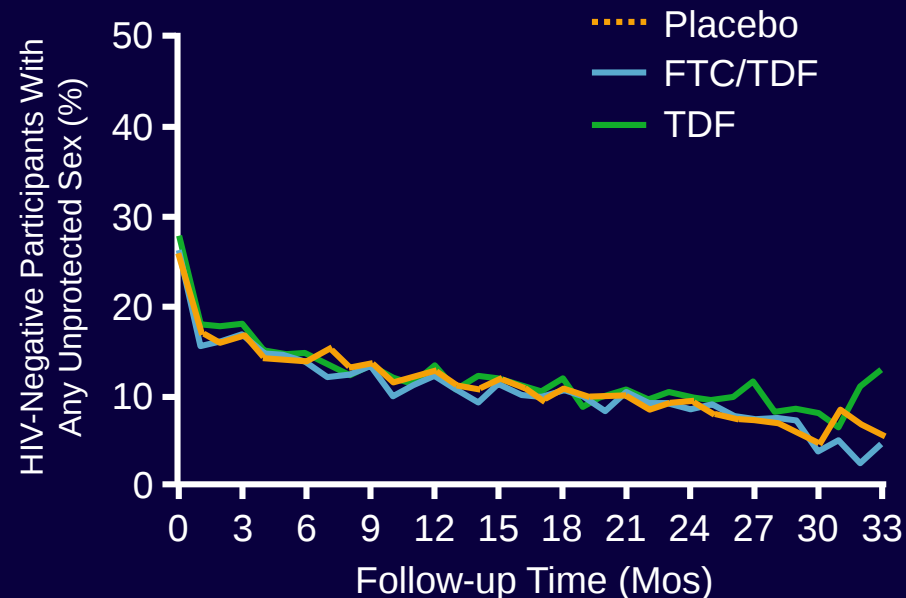


No Evidence of Risk Compensation in PrEP Clinical Trials

iPrEx^[1]

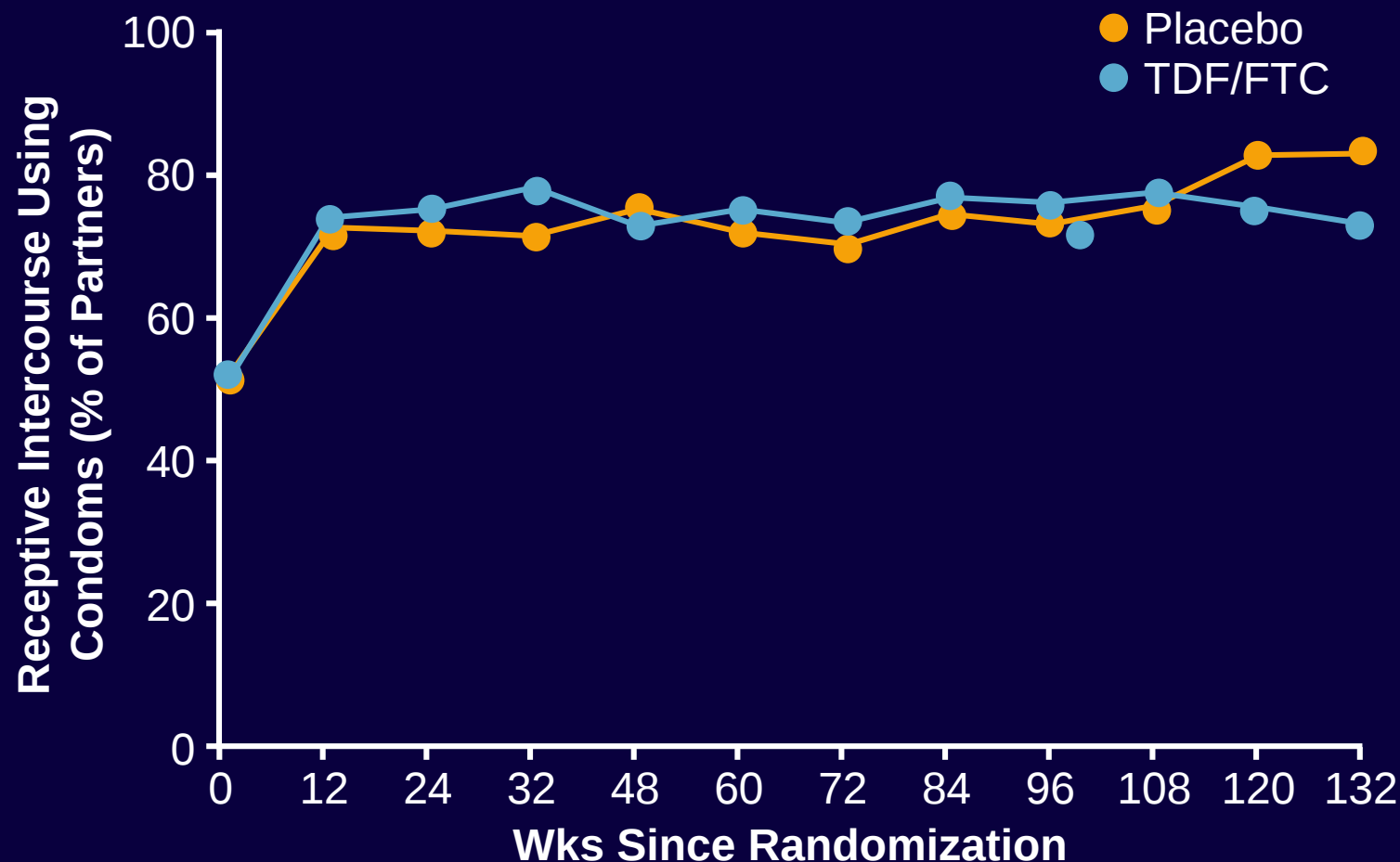


Partners PrEP^[2]



1. Grant R, et al. CROI 2011. Abstract 92. 2. Baeten JM, et al. N Engl J Med. 2012;[Epub ahead of print].

iPrEx: Self-Reported Condom Use With High-Risk Sex



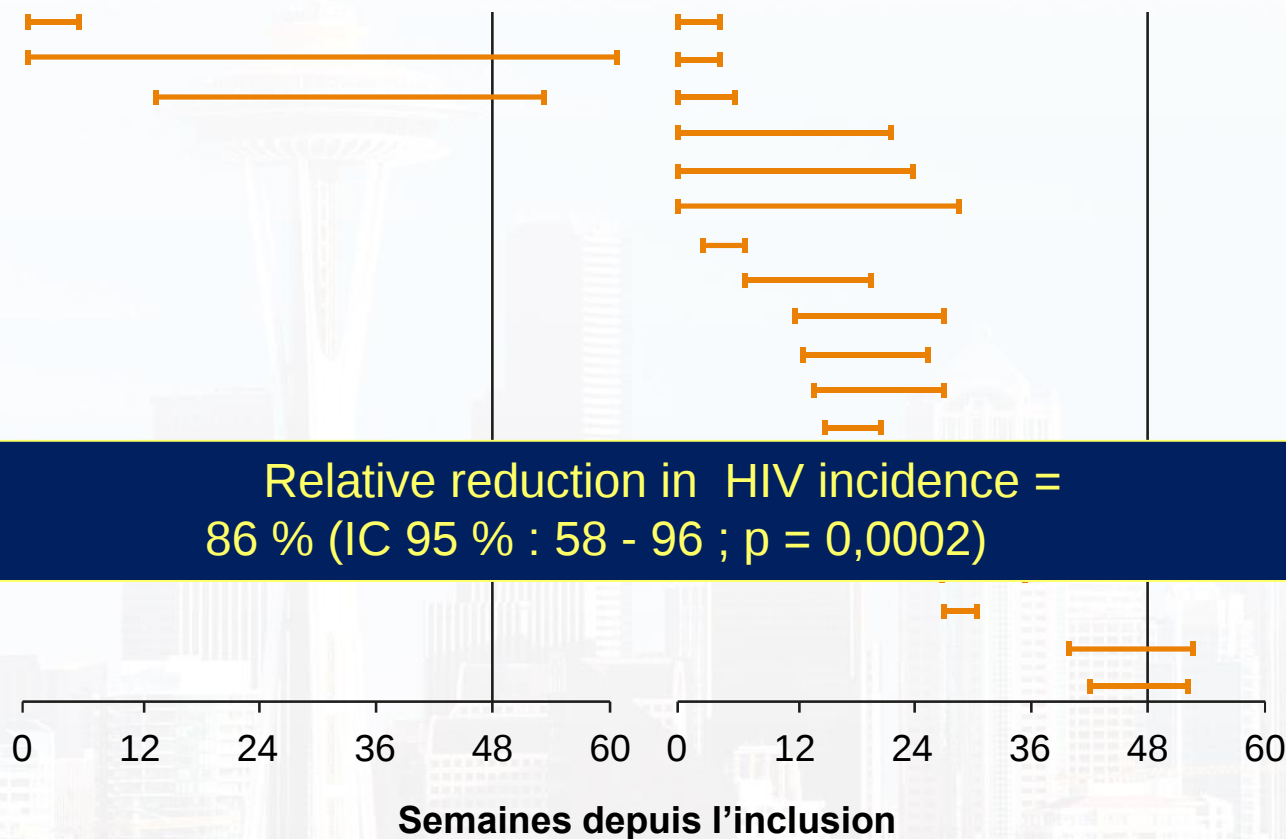
WARNING:

RCT versus placebo....

PROUD study : VIH seroconversions

immediate PrEP (n = 3)
1,3/100 patients.année

Differed PrEP (n = 19)
8,9/100 patients.année*



*Prescription de 174 prophylaxies post-exposition.

Challenges and opportunities: reflections on PrEP and ART for prevention



ART and PrEP: efficacy is clear

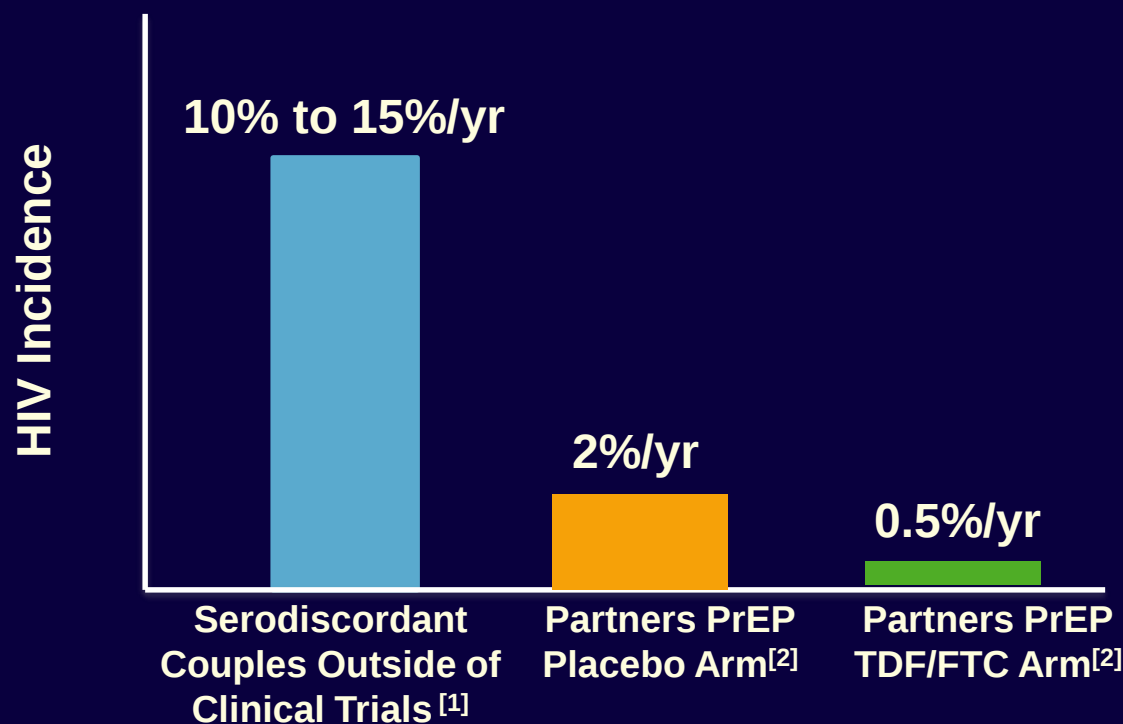
	Antiretroviral treatment for HIV prevention	PrEP for HIV prevention
HIV prevention effect with high adherence	96% (HPTN 052, near- perfect adherence)	90-92% (Tenofovir levels in iPrEx and Partners PrEP)

Two incredibly powerful
prevention strategies



PrEP Works Together With Other HIV Prevention Strategies

- Ongoing HIV counseling and testing, condoms, risk reduction, male circumcision, treatment of STIs *plus PrEP* synergize to maximally reduce HIV risk



1. Quinn TC, et al. N Engl J Med. 2000;342:921-929. 2. Baeten JM, et al. N Engl J Med. 2012;[Epub ahead of print]. .

Male circumcision



Auvert B, PloS Med 2005
Gray R, Lancet 2007
Bailey R, Lancet 2007

Treatment of STIs



Grosskurth H, Lancet 2000

Female Condoms



Male Condoms



HIV Counselling and Testing



Coates T, Lancet 2000

Behavioural Intervention

- **Abstinence**
- **Be Faithful**



Vaccines



Rerks-Ngarm S, NEJM 2009

COMBINATION HIV PREVENTION

Microbicides for women



Abdool Karim Q, Science 2010

Treatment for prevention



Donnell D, Lancet 2010
Cohen M, NEJM 2011

Behavioural positive prevention



Fisher J, JAIDS 2004

Oral pre-exposure prophylaxis

Grant R, NEJM 2010 (MSM)
Baeten J, 2011 (Couples)
Paxton L, 2011 (Heterosexuals)



Post Exposure prophylaxis (PEP)

Scheckter M, 2002



Key Questions

-
- The diagram consists of a list of seven key questions on the left, grouped by three blue curly braces on the right. The first brace groups the first three questions under the 'Personal' category. The second brace groups the next three questions under the 'Programmatic' category. The third brace groups the last two questions under the 'Policy' category.
- Who needs what?
 - Who wants what?
 - Who gets what?
 - How to deliver it?
 - How to support adherence?
 - Who pays?
 - Who decides?
- Personal
 - Programmatic
 - Policy

Conclusion

The Uptake and Accuracy of Oral Kits for HIV Self-Testing in High HIV Prevalence Setting: A Cross-Sectional Feasibility Study in Blantyre, Malawi

Augustine Talumba Choko^{1*}, Nicola Desmond^{1,2}, Emily L. Webb³, Kondwani Chavula¹, Sue Napierala-Mavedzenge⁴, Charlotte A. Gaydos⁵, Simon D. Makombe⁶, Treza Chunda¹, S. Bertel Squire², Neil French⁴, Victor Mwapasa¹, Elizabeth L. Corbett^{1,7}

“Whatever the next hottest, scientifically proven HIV treatment or prevention strategies are :

- PreP
- TasP

they will share a common denominator for implementation: the HIV test.

They all begin with learning one's HIV status.”