

# MYCOBACTERIAL DISEASE

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# Outline

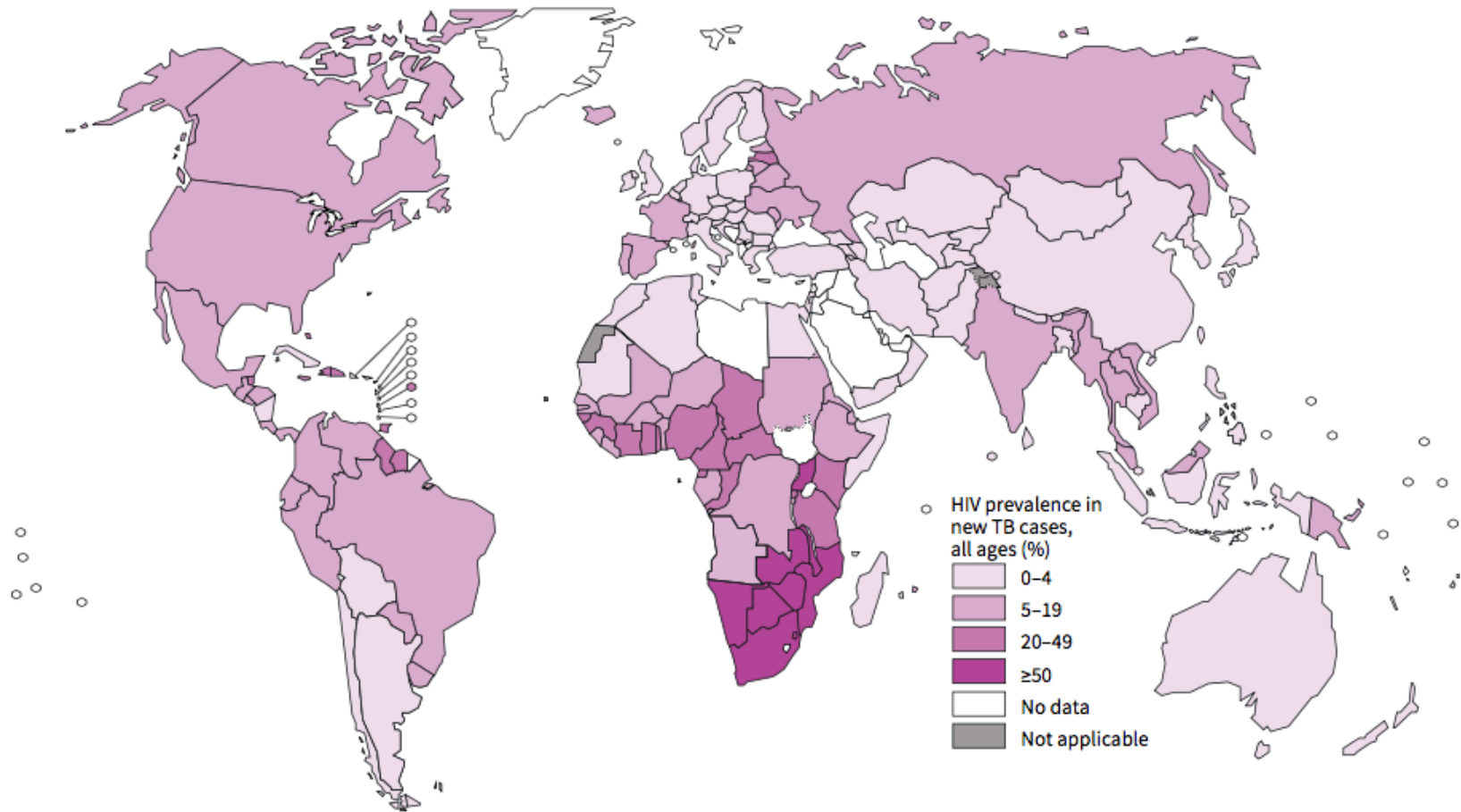
- The problem
- Pathogenesis and clinical manifestations
- Diagnosis
- HIV/TB treatment
- Drug-Resistant TB
- Prevention, control and future

# TB in HIV

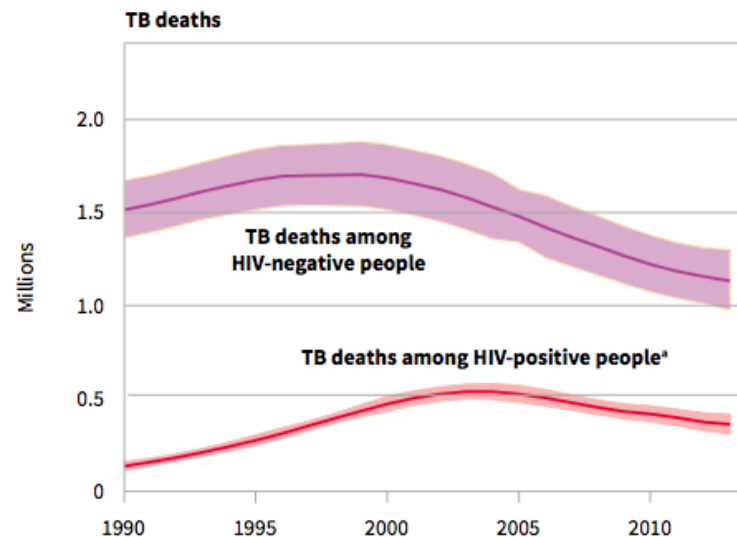
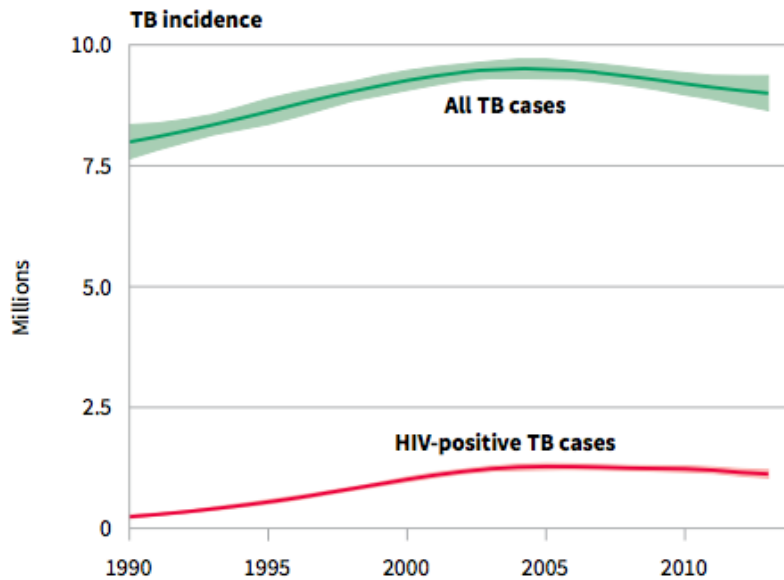
- TB and HIV: main burden of ID in RLS
  - 13% of new TB patients in 2013 were coinfectd with HIV (*Global TB report 2014*)
- Most common OI globally
- Leading cause of HIV/AIDS related morbidity and mortality (*curr opin HIV AIDS 2009;4:325*)
- RR of TB in PLHIV in the absence of ART (*lancet 2014 Jul*)
  - 8.7%(95% CI 5.9-11.7)
  - 15.7% (10.6-21.1) for CD4<200
  - 10.8% (7.3-14.5) for CD4 200-350
  - 3.2% (2.2-4.3) for CD4>350
- RR of TB in PLHIV on ART
  - 1.7% (1.2-2.3)

# HIV prevalence amongst TB

Estimated HIV prevalence in new and relapse TB cases, 2013

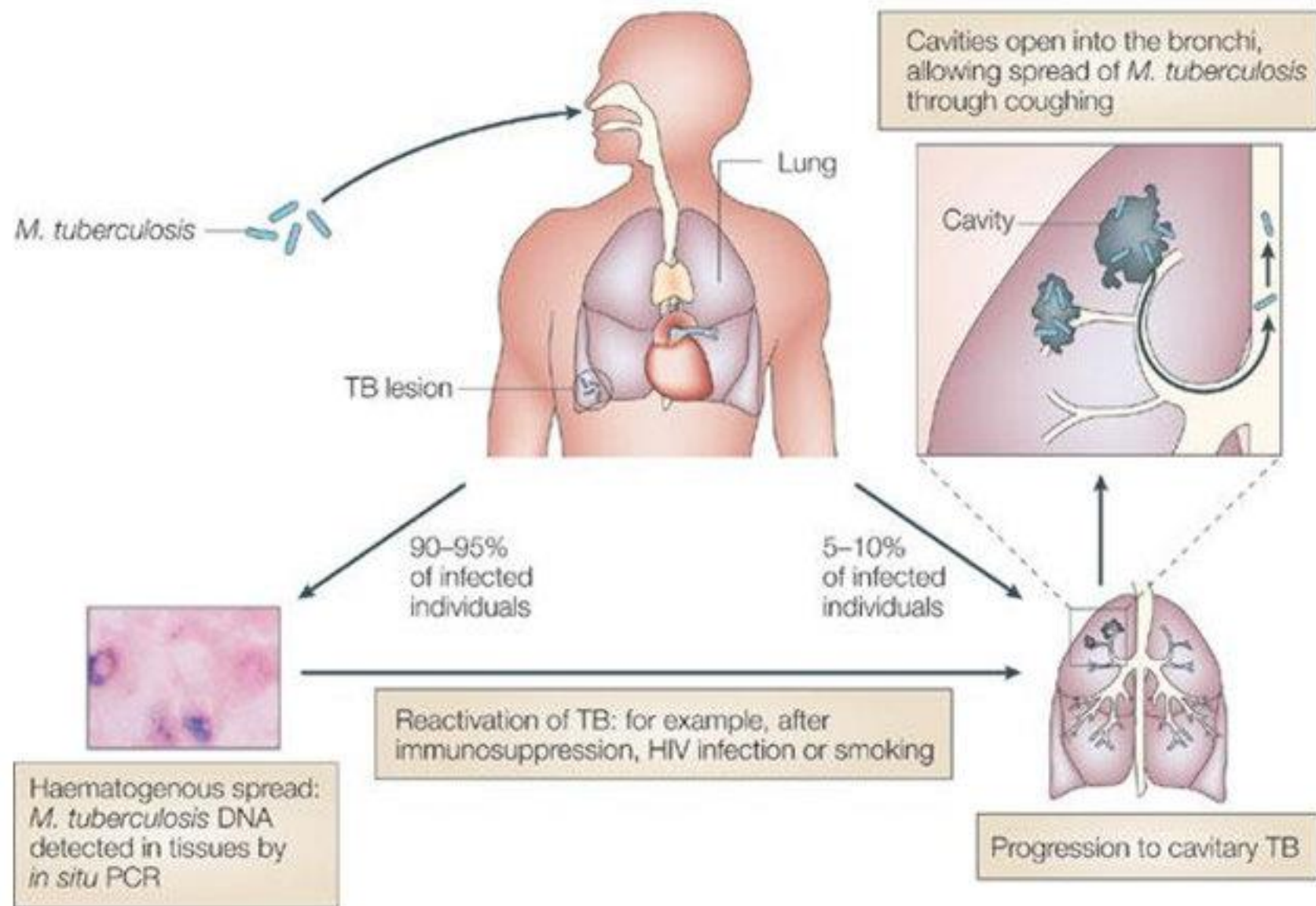


# HIV associated TB: 1990-2103



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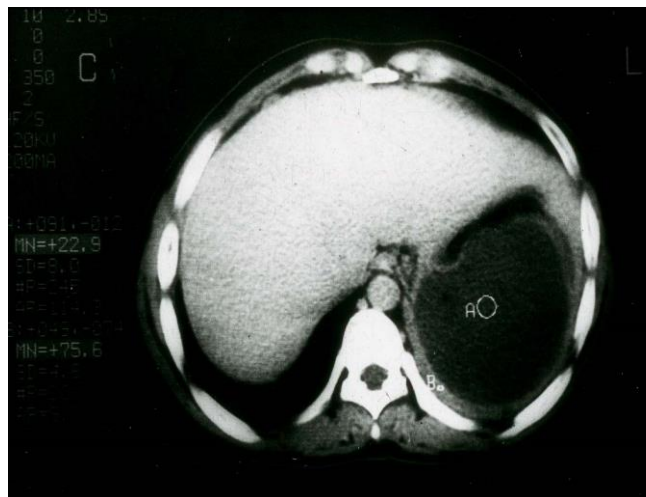
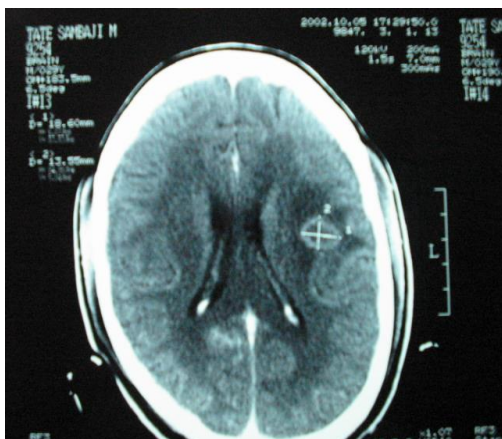


# Pathogenesis

- Life time risk in immunocompetent: 5%-10% (*Clin Microbiol Infect* 2004;388)
- Annual risk in HIV+: 5%-15% (*Clin Microbiol Infect* 2004;388)
  - Further amplification with co-morbidities e.g. DM (*JAIDS* 2014;66:108, *Immunol Rev* 2015;264:74)
- Higher
  - Acquisition incl DRTB (*AIDS Res Human Retroviruses* 2006;45, *Lancet* 2006; 368:1575)
  - Rapid progression after infection
  - Reactivation disease
  - ART associated TB including IRIS

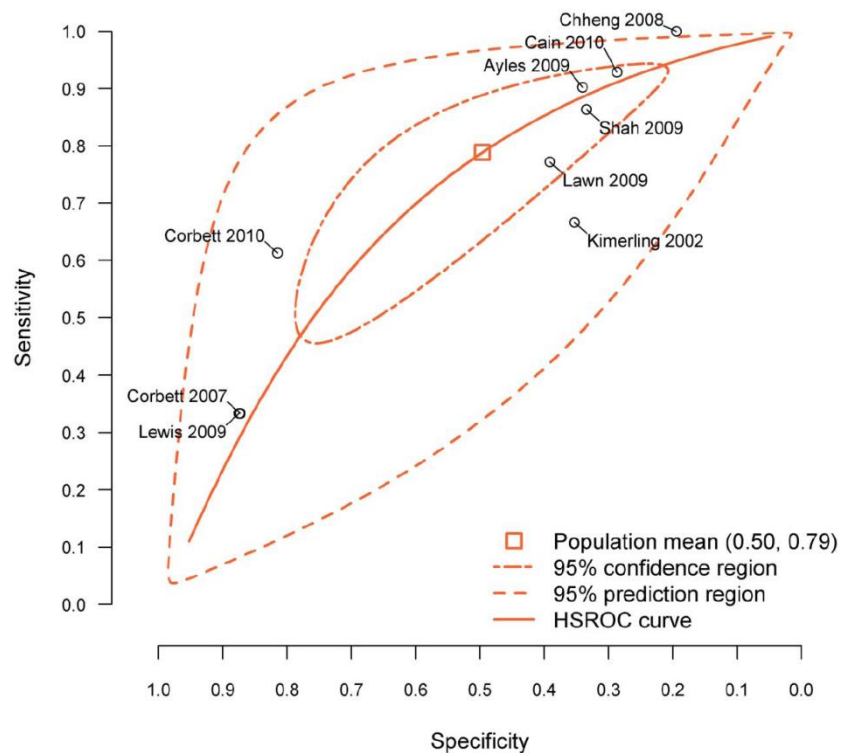
# Pathogenesis to clinical presentation

- HIV mediated CD4 depletion
  - Impaired granuloma formation (*Pathol Res Pract* 2008;155)
    - Ineffective containment of MTB
    - Diminished formation of cavities (*Indian J Med Res* 2005;550)
- Clinically
  - CD4>350: similar to HIV –ve (*Clin Infect Dis* 2010;51:823)
  - CD4<200
    - Frequent EPTB (*Lung* 2012;Nov 23 epub ahead of print)
    - Greater involvement of LL
    - Atypical chest radiographic findings, incl WNL (*Int J Tuberc Lung Dis* 2008;12:397)
    - More frequent smear –ve disease (*Int J Tuberc Lung Dis* 1999;3:330)



# Clinical symptom screen for TB in HIV

## HSROC curve for CFSW



## Conclusions

- CFSW rule
  - Overall
    - Sens: 78.9%, Spec:49.6%
  - Clinical settings
    - Sens: 90.1%
  - Not previously screened for TB
    - Sens: 88.0%
  - NPV
    - 97.7% (5% TB prevalence)
    - 90.0% (20% TB prevalence)
  - CXR
    - Increases Sens by 11.7%
    - Decreased Spec by 10.7%
  - Performs poorly in pts on ART (*AIDS* 2014; 28:1463)

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# Diagnosis

- Radiology
  - CxR: atypical, can be normal
  - USG/CT: HPE/micro
- Sputum smear:
  - lower yield vs HIV –ve sens: 35% (*Lancet Infect Dis* 2003;3:288)
  - BAL/TBLB better yield (*lung India* 2010;27:122)
- Culture:
  - LJ medium, BACTEC, MGIT, MODS (*J Infect Dis* 2007;Suppl 1:S15)

# Diagnosis

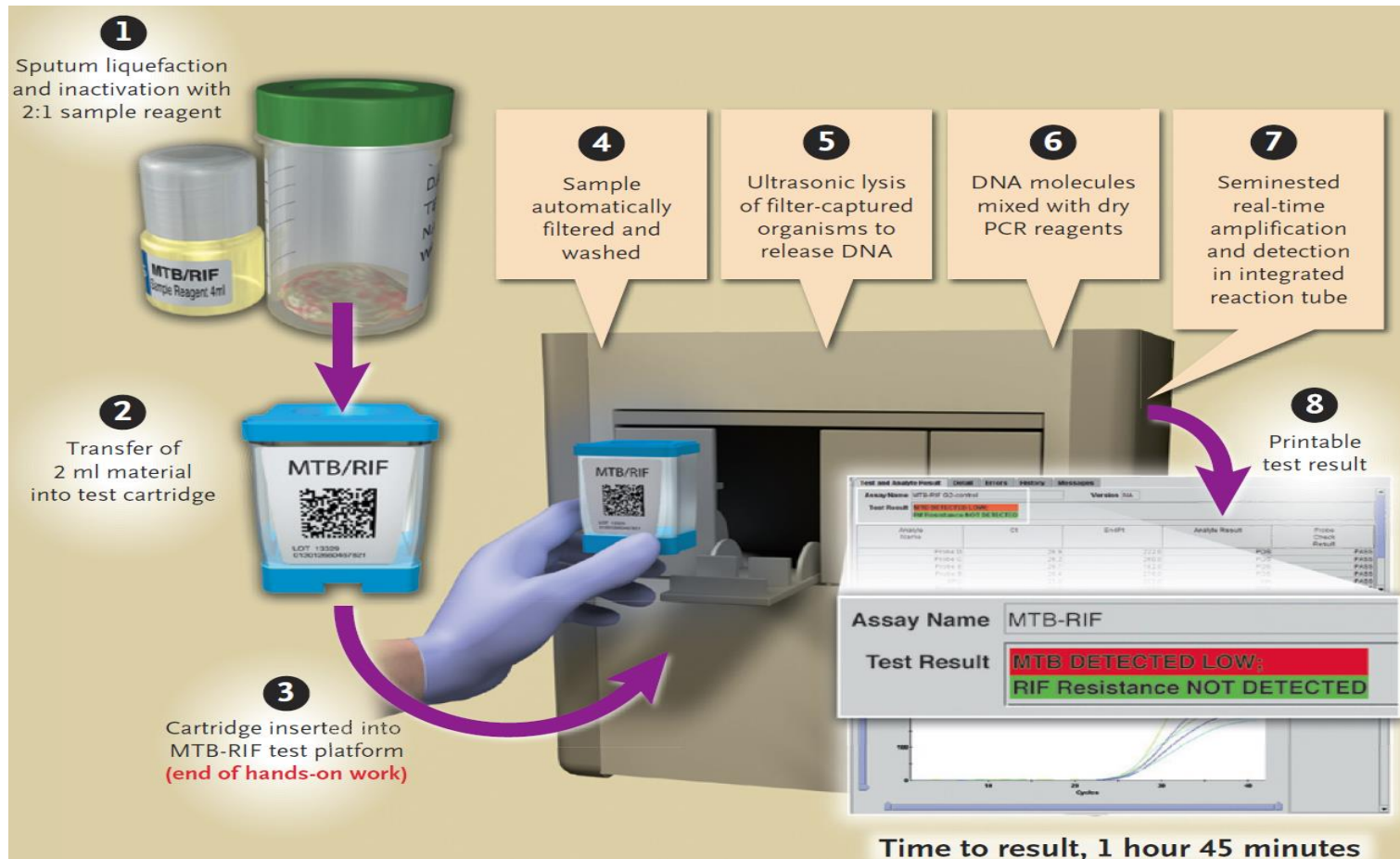
- LTBI: CMI response
  - Tuberculin test
  - IGRA assays: QuantiFERON-TB Gold, T Spot-TB
    - Perform similarly to TST (*J Acquir Immune Defic Syndr* 2011;56:230)
    - Sub-optimal accuracy for confirming/ruling out active TB (*PLOS One* 2012;7:e32482)

# Diagnosis

- Molecular

- NAAT: Cobas Amplicor, BD Probe Tech
  - Lower sensitivity in Sm-
  - Poor performance for EPTB
  - Infrastructure
- LAMP (Loop Mediated Isothermal Amplification)
  - Insufficient evidence in favor or against as replacement for microscopy  
*(WHO Expert group 2013)*
- XpertMTB/Rif

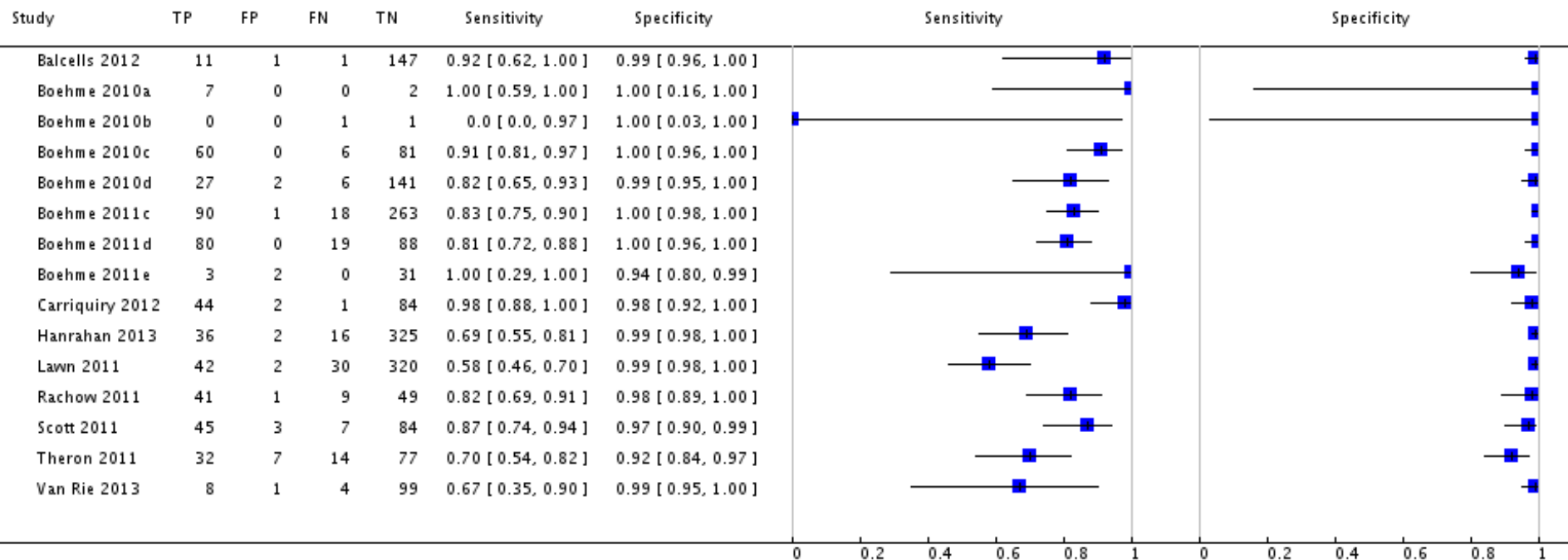
# Diagnosis: Xpert MTB/Rif



Can help in intensive case finding prior to initiation of ART (*PLOS One* 2014;9:e85478)

# Xpert MTB/Rif: PTB

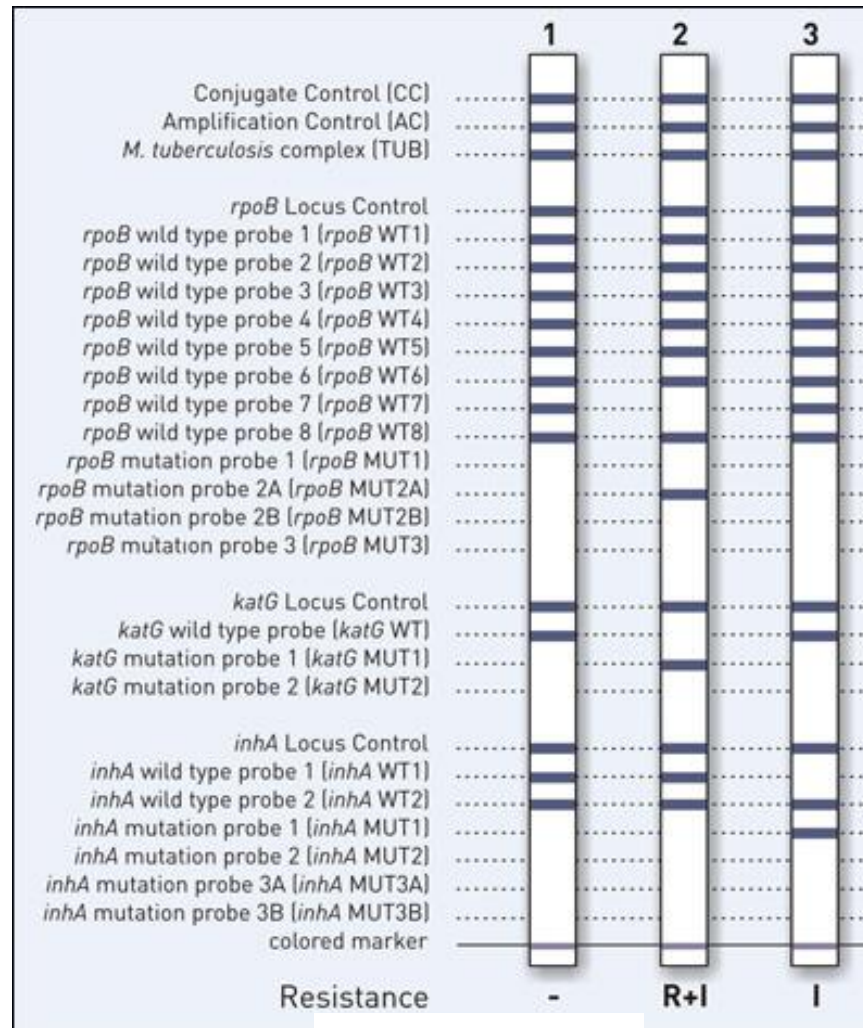
Review: Xpert® MTB/RIF assay for pulmonary tuberculosis and rifampicin resistance in adults  
Test: 5 HIV positive



# Xpert MTB/Rif

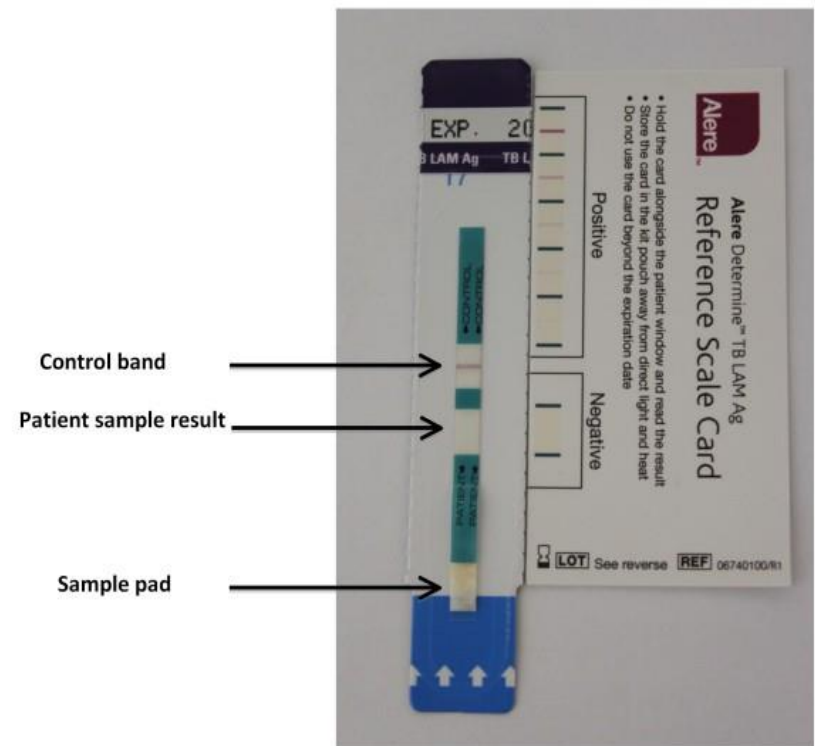
- EPTB
  - In high prevalence setting (e.g. India), sensitivity (*J Clin Micro* 2011;49:2540)
  - Pleural: 63%
  - Lymphadenitis: 73%
  - TBM: 29%, recommended initial CSF test (*WHO policy update 2013*)
  - Urine: irrespective of renal involvement, more sensitive with CD4<200, routine microbiological screening of inpatients (*JAIDS* 2012;60:289, *BMC Med* 2015;13:192)
- Rif resistance: Sens: 93%, Spec:97% (*Cochrane Database Syst rev* 2014;1:CD009593)
- Limitations
  - Misses 1/4<sup>th</sup>-1/3<sup>th</sup> sm-ve (1 sample)
  - Does not assess resistance to other drugs
- Recommended as initial diagnostic test for TB in HIV+ pts and those suspected of MDRTB (*WHO policy update 2013*)

# DRTB: Line Probe Assay



# Urinary LAM

- Urinary LAM
  - Lipo-arabinomanan: cell wall antigen
  - Detected in urine in TB
  - >95% specificity
  - Sensitivity inversely correlates with CD4 counts
    - HIV + with CD4 < 200 (*JAIDS* 2014 Mar epub)
  - Quantification may have prognostic value (*PLOSOne* 2014;9:e103285)
  - May be useful to monitor treatment response (*BMJ Open* 2015;5:e00683)
  - New more sensitive LAM in development (*PLOSOne* 2015;10)
  - Urinary LAM+Xpert have higher sensitivity than each alone (*AIDS* 2014;28:1307)



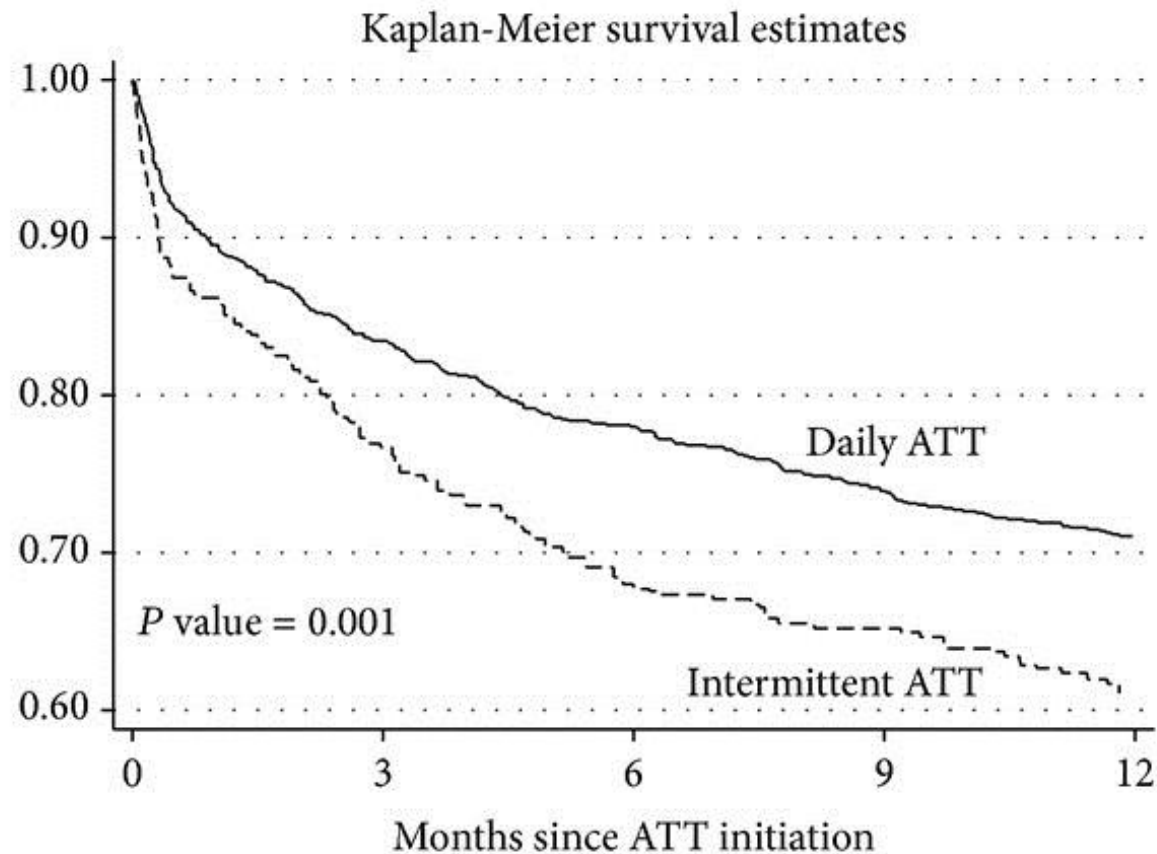
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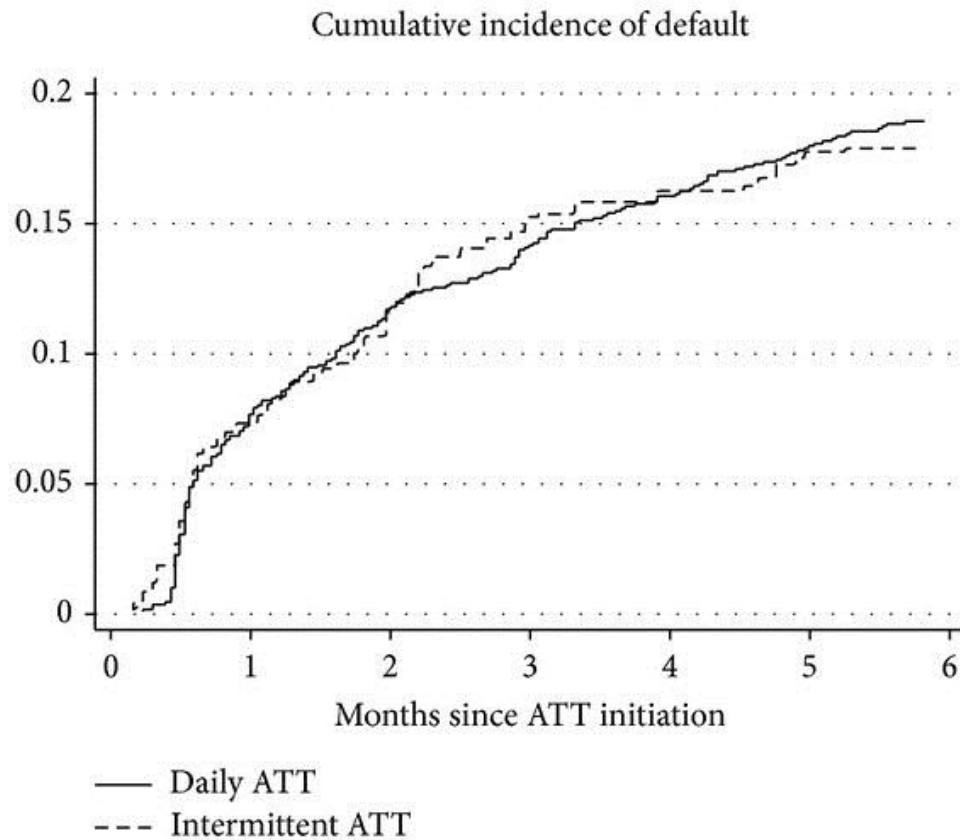
# HIV-TB treatment (1)

- What ATT regimen should be used?
  - Rifampicin based (*WHO TB treatment guidelines*)
  - Rifabutin based (*JAIDS 2015;68:e84*)
- Should we continue EMB in maintenance phase?
  - Yes, incidence of primary INH resistance is high
- What is the duration of ATT?
  - 6 (?  $\geq$  8 mo' s) months except for CNS TB, non use of RMP/PZA
- Is intermittent treatment ok?
  - No, daily treatment throughout the course (*PLOSMed 2009;6:e1000146*)
  - ? Lower rifampicin exposure and acquired rifampicin resistance (*Int J Tub Lung Dis 2015;19:805, Clin Infect Dis 2014;59:1798* )

# Intermittent vs Daily ATT in intensive phase



# Intermittent vs Daily ATT in intensive phase



# HIV-TB treatment (2)

- Is the incidence of ATT toxicity high?
  - Perhaps higher (*PLOSOne* 2011;6:e19566, *Thorax* 2006;61:791)
- Can steroids be safely used?
  - Yes in TBM, adrenal and paradoxical IRIS (*Indian J Chest Dis Allied Sci* 2010;52:153)
  - Pericardial TB: No (*New Engl J med* 2014;371:1121)
- Which concomitant treatment is recommended?
  - TMP-SMX (*WHO Consolidated ARV guidelines* 2013, (*Int J Tub Lung Dis* 2009;13;6-16)
- Is DST essential prior to initiating ATT?
  - Yes , incidence of DR-TB high in HIV + (*WHO TB Guidelines* 2010)

# Pre-emptive TB treatment (REMEMBER):

- Empiric TB treatment had no differential impact on risk of death or unknown status at 24 wks of follow-up vs IPT

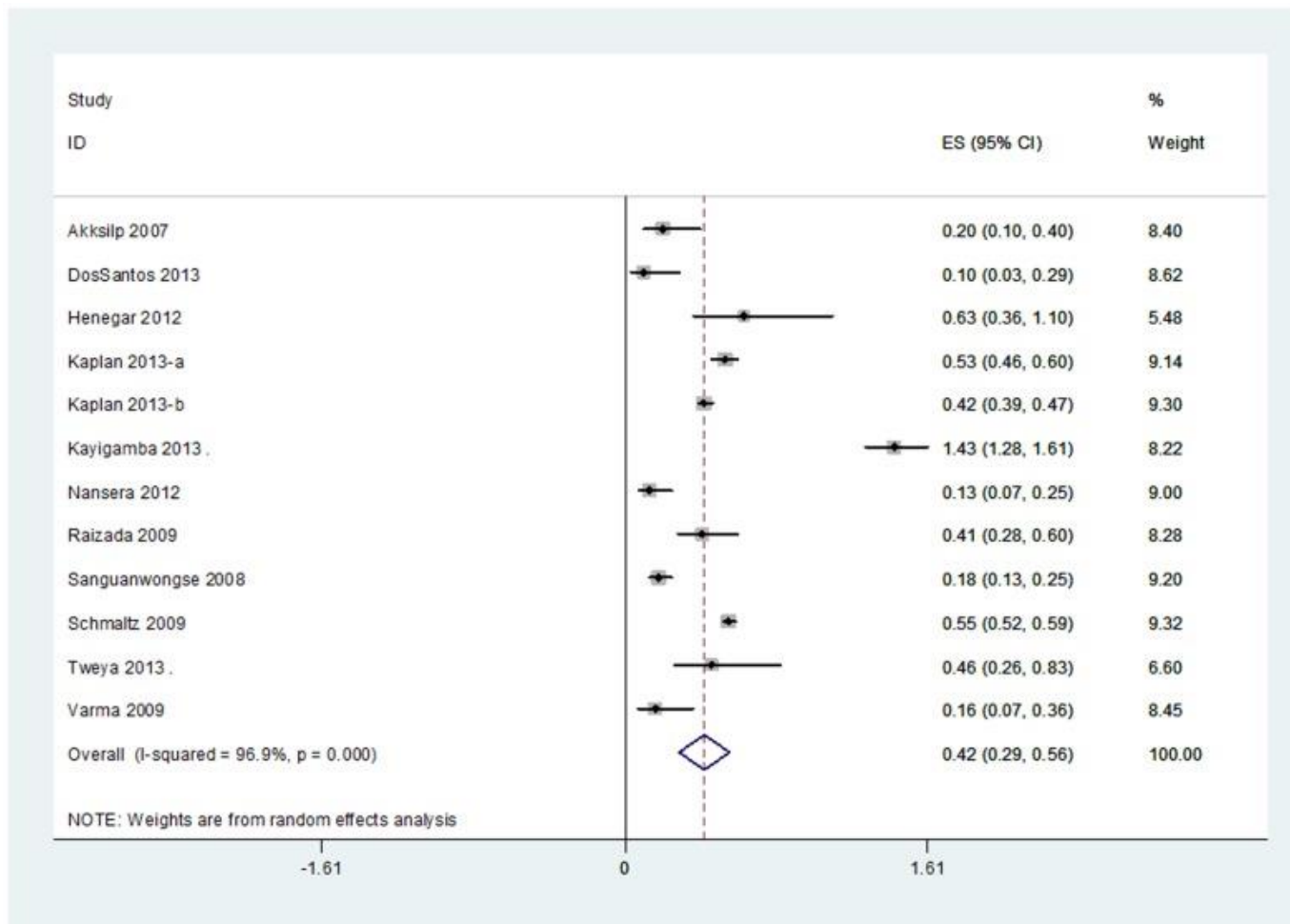
| Primary Endpoint, n (%) | ART + Empiric TB Treatment<br>(n = 424) | ART + IPT<br>(n = 426) |
|-------------------------|-----------------------------------------|------------------------|
| Death                   | 20 (4.8)                                | 22 (5.2)               |
| All primary endpoints   | 22 (5.3)                                | 22 (5.2)               |

Absolute risk difference: -0.06% (95% CI: -3.05% to 2.94%;  $P = .97$ )

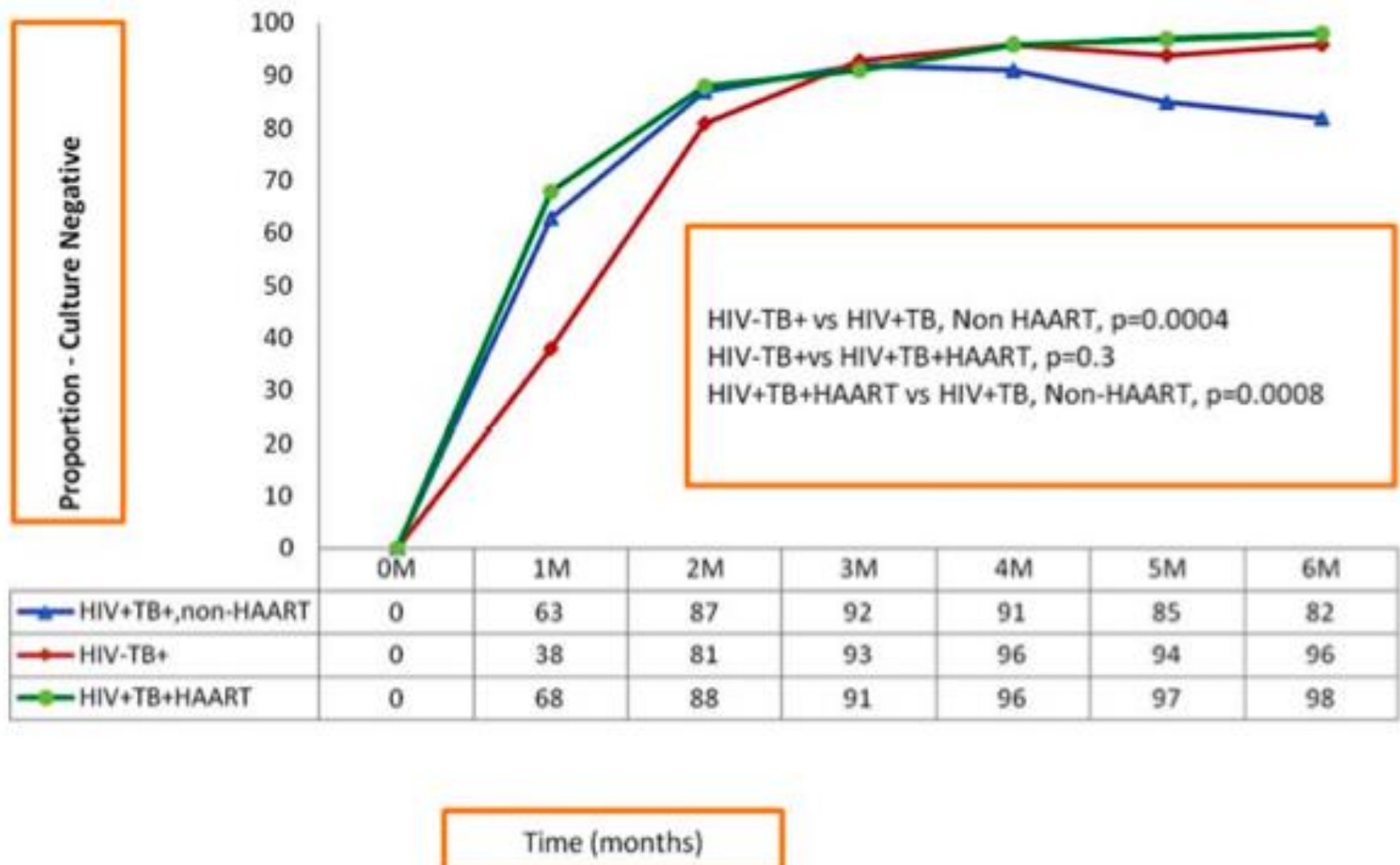
# HIV-TB treatment (3)

- When is ART indicated in HIV-TB?
  - All patients irrespective of CD4 counts (*WHO ART guidelines 2013*)
  - Improves morbidity and mortality (*PLOS One 2014;9:e112017*)
    - Without ART 50% of PLHIV with TB die within 6-8 mo's (*JAIDS 2006;42*)
  - Rapid smear and culture conversion (*Am J Respir Crit Care Med 2007;175:1199*)
  - Reduces recurrences of TB (*Clin Infect Dis 2012; AIDS 2009;4:325-333*)

# Impact of ART on mortality in HIV/TB



# Impact of ART on TB culture conversion and ARR



# Initiating ATT and ART

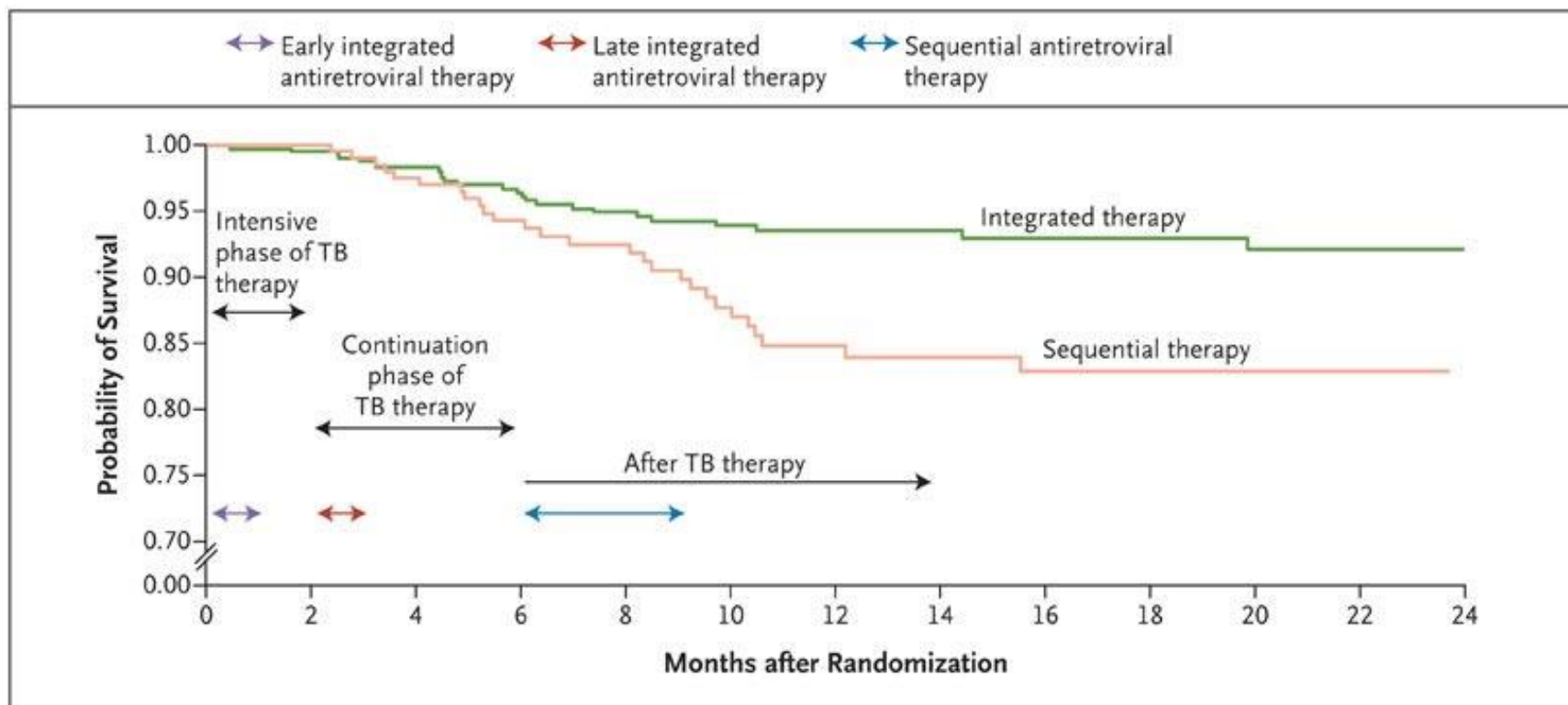
Early ART



Deferred ART

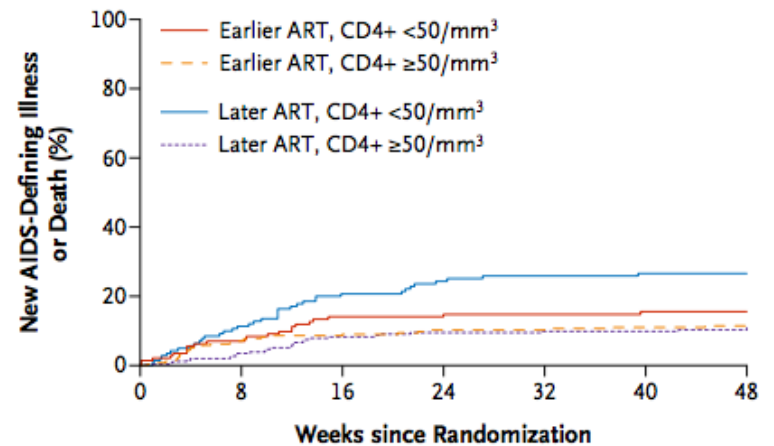
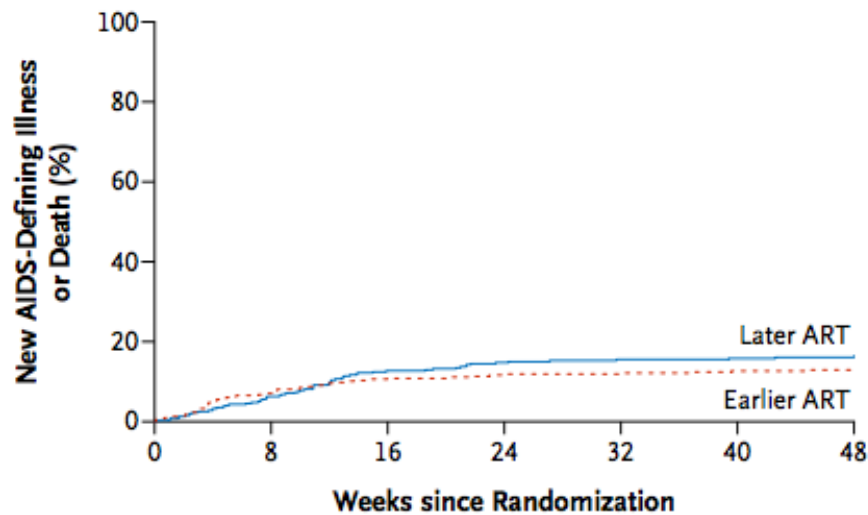
- Drug-Drug interactions
- Additive and overlapping toxicities
- Paradoxical IRIS
- High pill burden
- Ongoing clinical progression of HIV infection

# ART in TB: Don't wait until ATT completion



*New Engl J Med* 2010;362:967

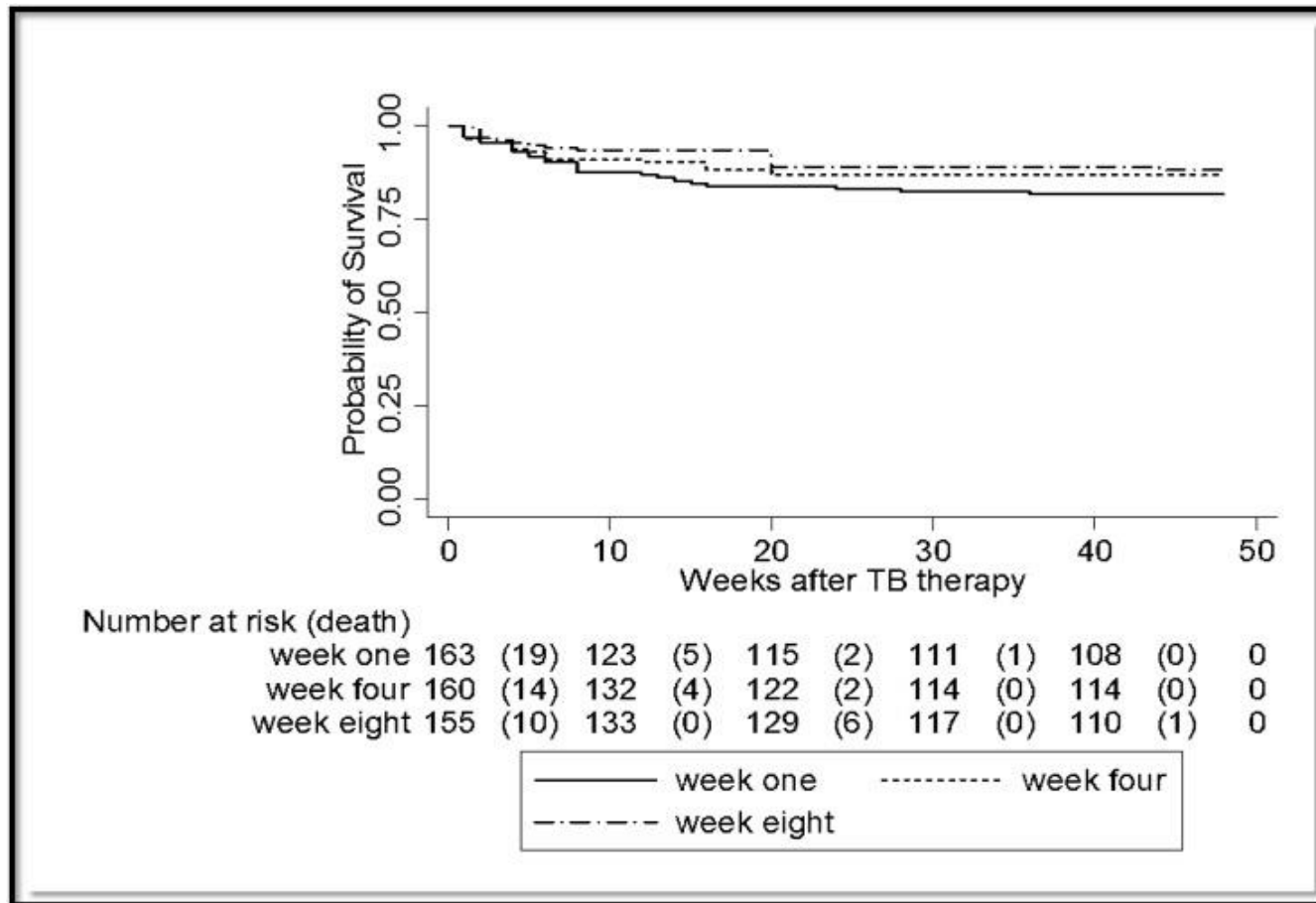
# ART timing in TB



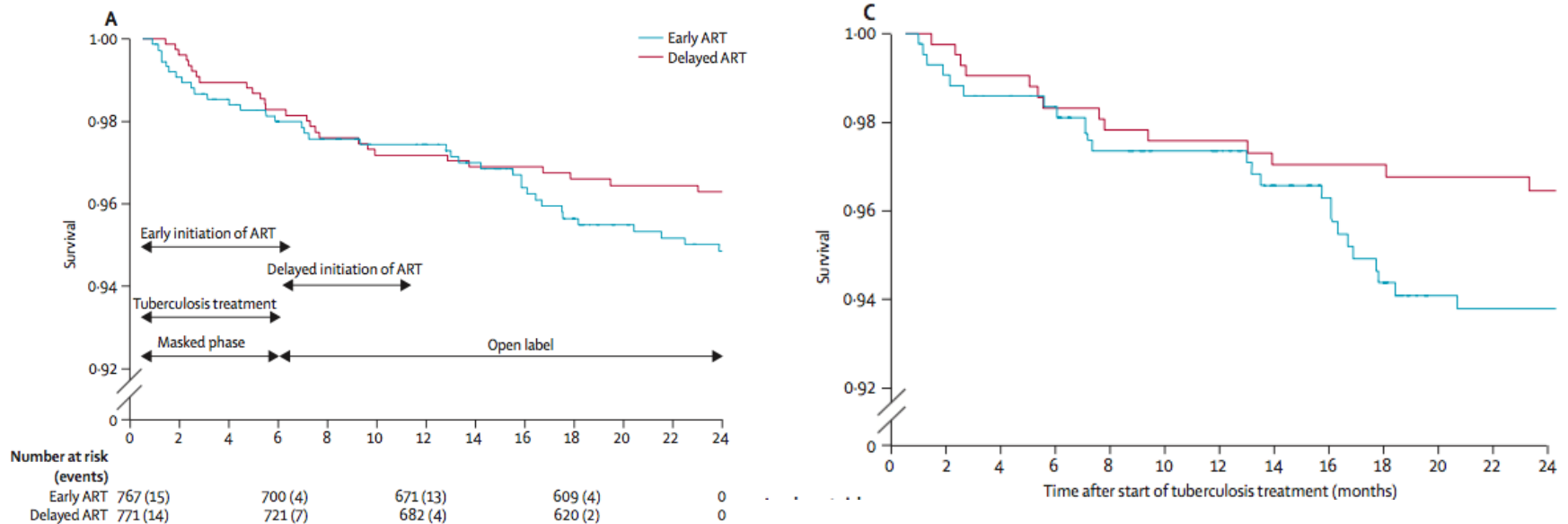
# When to initiate ART in HIV/TB?

- Early ART: 1-4 weeks
  - CD4<50/mm<sup>3</sup>
    - Improves survival
    - 2 fold increase in IRIS
  - CD4>50/mm<sup>3</sup>
    - Evidence insufficient for or against survival benefit

# Early ART amongst HIV/TB



# TB-HAART (CD4>220) study: Surprising results



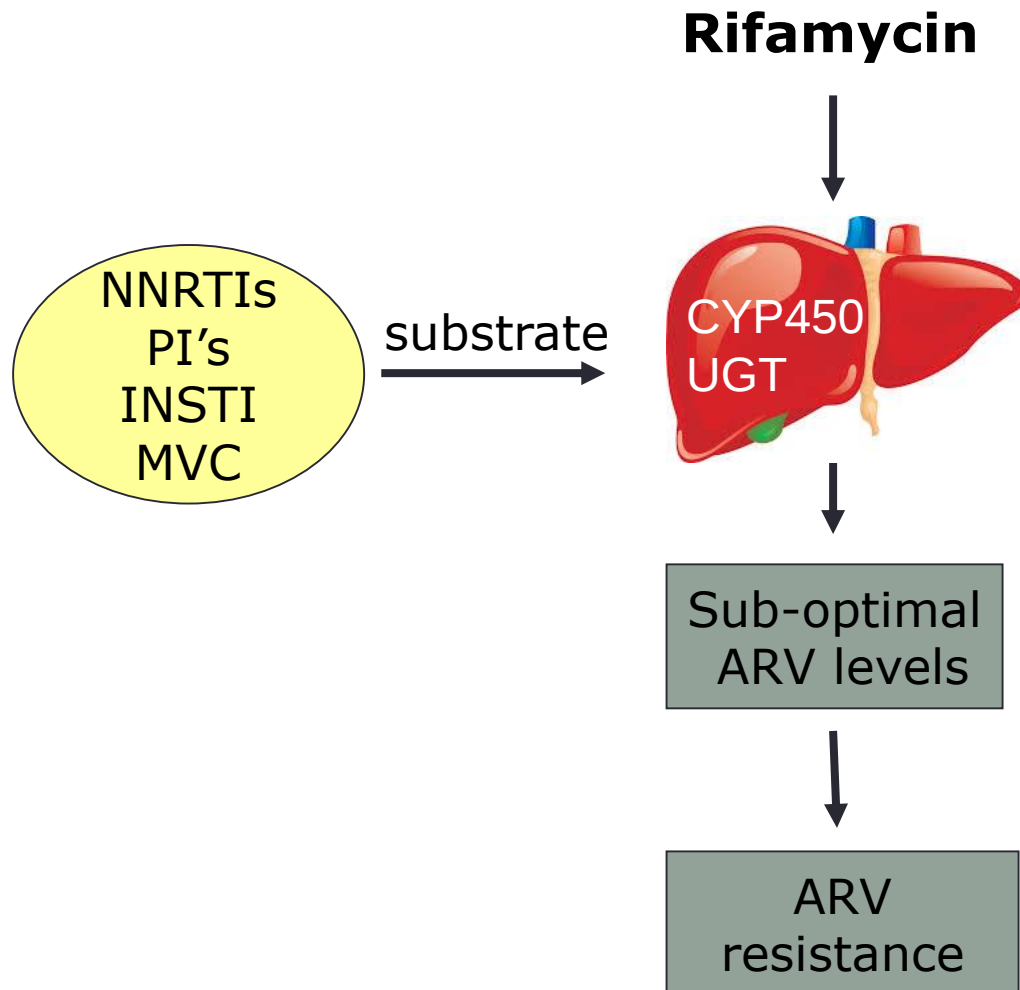
*Lancet Infect Dis 2014;14:563*

# When to initiate ART in HIV-TB?

| CD4 count                                                            | Timing within ATT initiation                |
|----------------------------------------------------------------------|---------------------------------------------|
| <50/mm <sup>3</sup>                                                  | <2 wks                                      |
| >50/mm <sup>3</sup><br>Without severe disease<br>With severe disease | > 2-4 wks, but < 8-12 wks<br>Within 2-4 wks |

- TBM: higher incidence of AE if ART initiated within 8 weeks (*Clin Infect Dis* 2011;52:1374)
- severity of CNS IRIS (*Clin Infect Dis* 2013;56:450)

# Drug-Drug interactions



# Rifampicin and ARVs

- EFV: recommended option (*Lancet Infect Dis* 2013;13:303, )
  - 600 mg (Pharmacogenomics 2015;!, PLOSONe 2014;9:e90350, Clin Infect Dis 2013;57:586)
- NVP
  - Risk of Virologic failure (*J Antimicrob Ther* 2015;70:225)
  - No lead-in if on ATT>7 days (Int Infect Dis 2014;130)
  - More DILI (*Lancet Infect Dis* 2013;13:303)
- Increase doses of
  - RAL ? (Clin Infect Dis July 2015; advance access)
  - DTG (*JAIDS* 2013;62:21)
  - MVC (*Selezentry package insert*)
- Contraindicated
  - RPV, ETV, PI/r, TDF/FTC/COB/EVG

# Rifabutin and ARVs

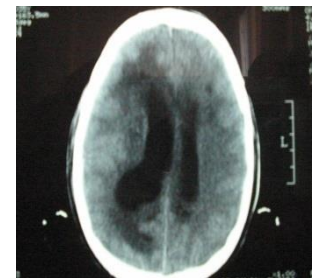
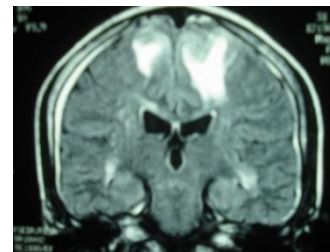
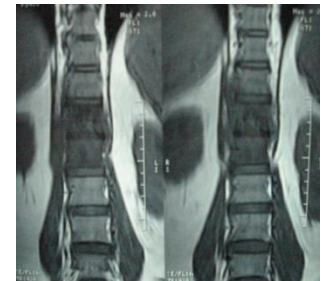
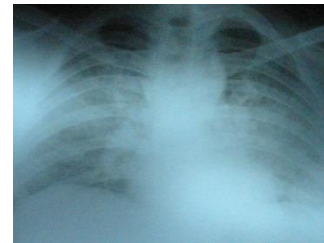
- Change RBT dose
  - PI/r: 150 mg qd (*Clin Infect Dis* 2009;49:1305, *Clin Infect Dis* 2009;48:1471)
  - EFV: 450-600 mg od (*DHHS* 2015)
  - ETV: 300 mg qd (*J Antimicrob Chemother* 2014;69:728)
- No change in RBT dose
  - NVP (*NVP package insert*)
  - RAL (*J Clin Pharmacol* 2011;51:943)
  - DLV (*JAIDS* 2013;62:21)
- Change ARV dose
  - RPV: 50 mg od (*AIDS Rev* 2013;15:87)
- Not recommended
  - TDF/FTC/COB/EVG (*Clin Pharmacokinetics* 2011;50:229)
  - MVC

# Shared toxicities of ARVs and ATT

| Toxicity                         | ARVs          | ATT                        |
|----------------------------------|---------------|----------------------------|
| GI disturbance                   | AZT, PIs      | R,H, Z,Eto,PAS,Cfz,Lzd     |
| Liver injury                     | NVP, EFV, PIs | R,H,Z, Eto,FQs,PAS         |
| Peripheral neuropathy            | d4T,ddl       | H,Eto, Cs, Lzd             |
| Neuropsychiatric                 | EFV           | Cs,Eto,FQs, H              |
| Renal impairment                 | TDF           | AGs, Cm                    |
| Rash                             | NVP, EFV, ABC | R,H,Z,E,Sm,FQs,PAS,Cf<br>Z |
| Blood dyscrasia                  | AZT, 3TC      | Lzd, Rbt, H,R              |
| Cardiac conduction abnormalities | PIs           | Bedaquiline, FQs, Cfz      |
| Pancreatitis                     | d4T, ddl      | Lzd                        |
| Lactic acidosis                  | d4T, ddl      | Lzd                        |

# Immune Reconstitution Inflammatory Syndrome

- Inflammatory response
- Usually within 3 mo
- Two types (*Lancet Infect Dis* 2008;8:516)
  - Unmasking
  - Paradoxical worsening (18%) (*Future Microbiol* 2015;10:1077)
- Risk factors (*New Engl J Med* 2011;365:1471, 1482)
  - Lower CD4 count
  - Shorter time to ART initiation/antigen load (*Clin Infect Dis* 2014 Aug epub)
- Outcome: 2% deaths (*Future Microbiol* 2015;10:1077)
  - CNS IRIS higher (*Clin Infect Dis* 2009;48:96)
- Treatment: Steroids (*AIDS* 2010;24:2381)



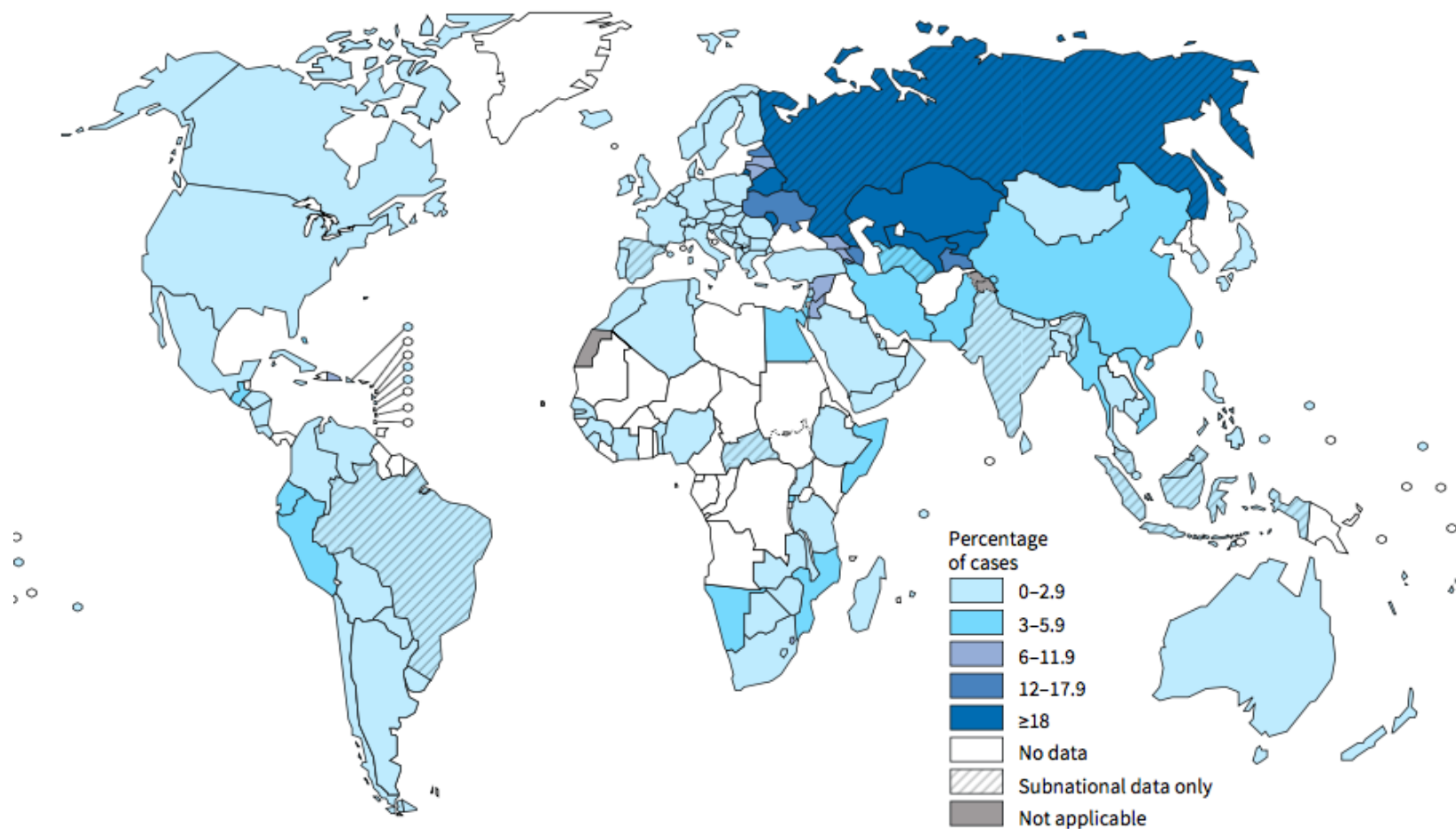
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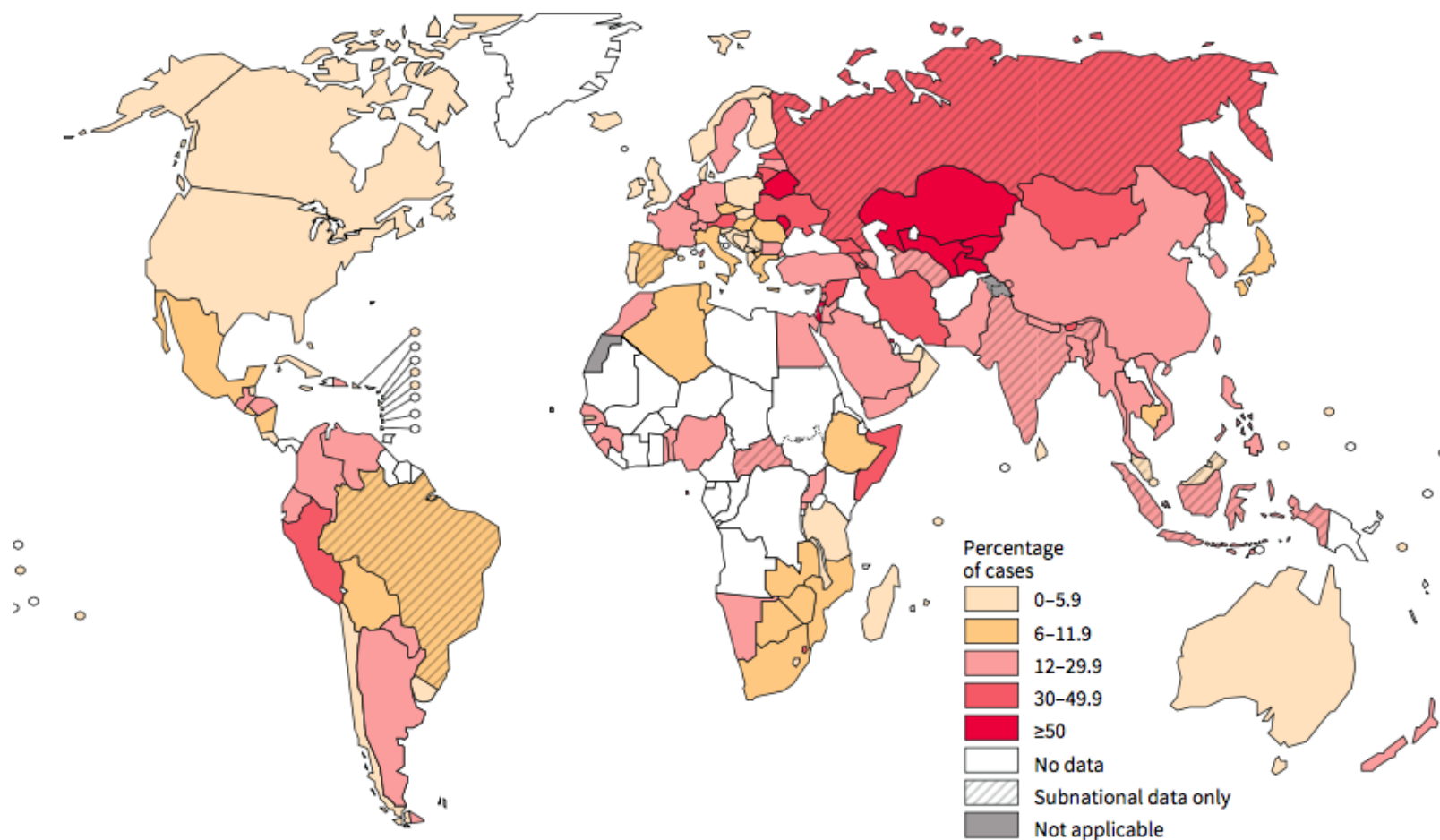
# What is DRTB?

- DRTB
  - MTB isolate resistant to one of H, R, Z, E
    - Mono resistant to H or R
    - Poly-resistant: other than H and R
- MDR-TB
  - MTB isolate resistant to at least H and R
  - RR-TB: Rifampicin resistant TB
- XDR-TB
  - MTB isolate that is MDR + FQ + one or more injectable (*WHO XDR-TB definition meeting 2006*)
    - Pre-XDR TB
- TDR-TB
  - MTB isolate resistant to all locally tested meds (*Chest 2009;136:420, Clin Infect Dis 2012;54:579*)

# MDR-TB amongst new cases



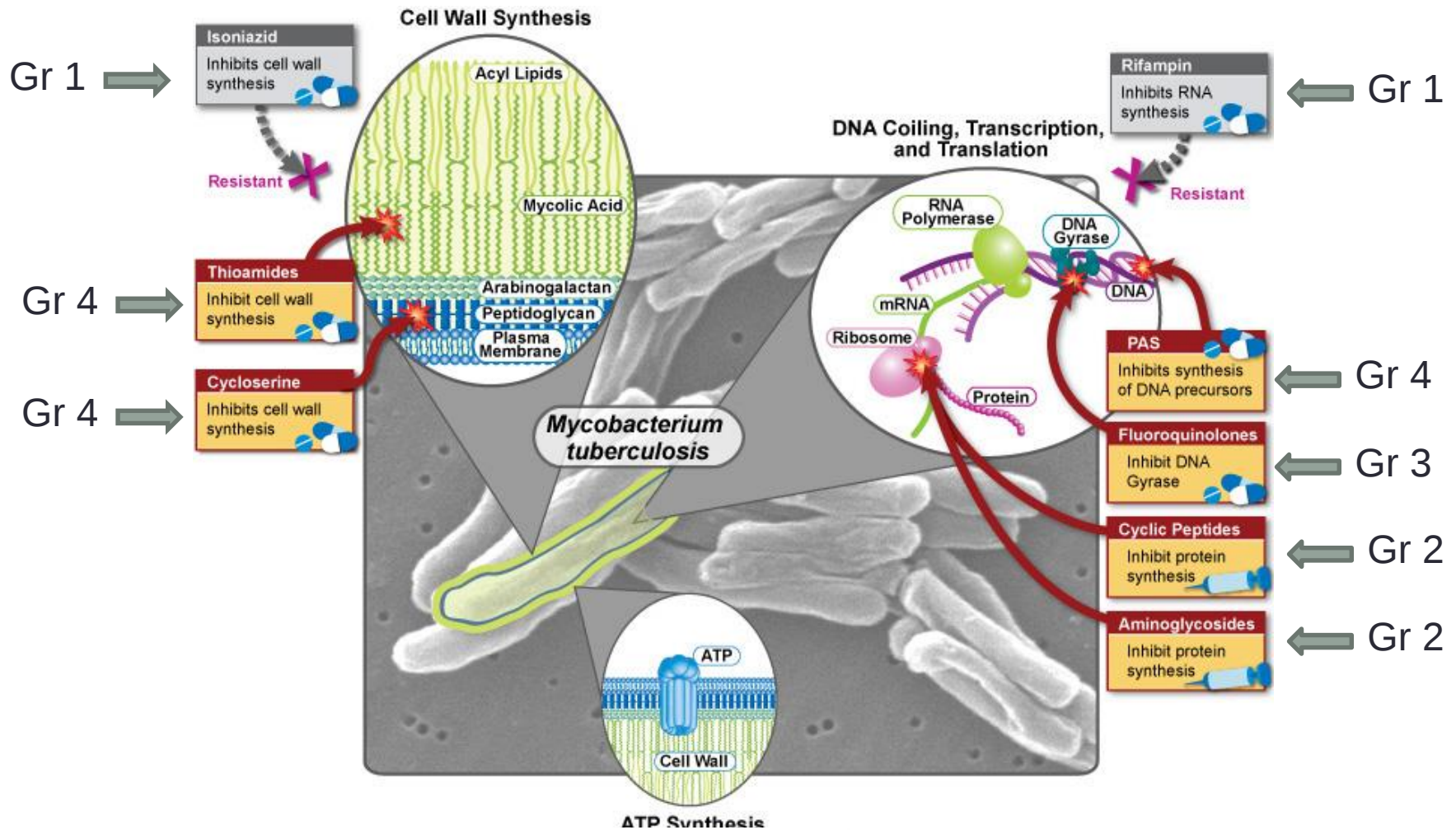
# MDR-TB amongst retreated cases



# Molecular basis for DR-TB

| DRUG                                                            | MUTATIONS (in genes) |
|-----------------------------------------------------------------|----------------------|
| INH ( <i>Nat Med</i> 2006;12:1027, <i>Science</i> 1994;263:224) | inhA, katG, kasA     |
| RMP ( <i>Lancet</i> 1993;341:647)                               | rpoB                 |
| PZA ( <i>Nat Med</i> 1996;2:662)                                | pncA                 |
| EMB ( <i>Tuber Lung Dis</i> 1998;79:3)                          | embB                 |
| Sm ( <i>Antimicrob Agents Chemother</i> 1994;38:238)            | rpSL, rrs            |
| FQs ( <i>J Infect Dis</i> 1994;170:479)                         | gyrA, gyrB           |
| ETM ( <i>Science</i> 1994;263:277)                              | inhA                 |

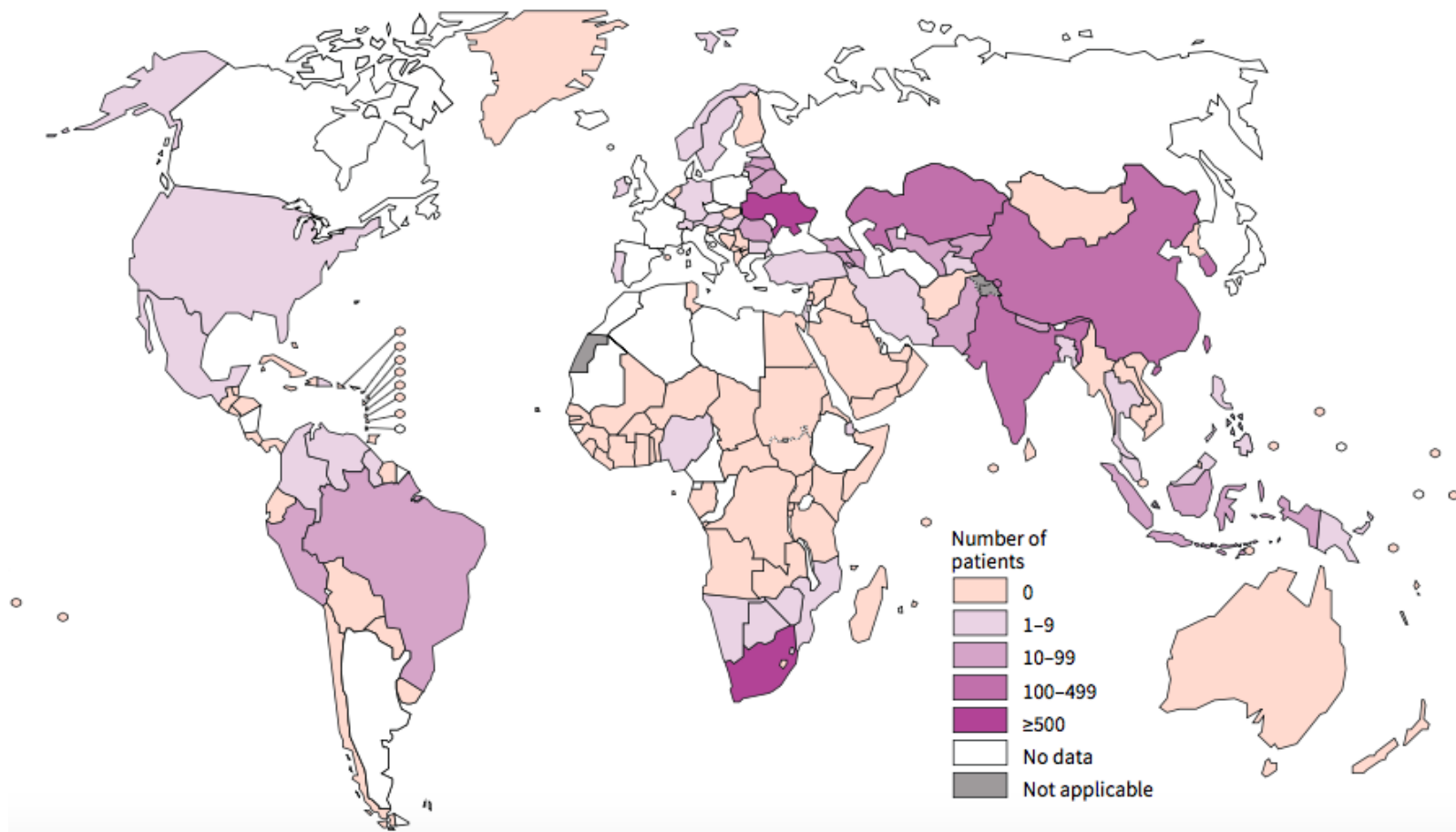
# MDR-TB options



# Treating HIV+MDRTB

- ▶ Not based on good quality RCTs
- ▶ At least 4 fully active drugs should be included (DST and past h/o) (*PLOS One* 2009;4:e6914, *Lancet Infectious Dis* 2010;910:621)
  - ▶ Injectable: Km, Cm, Amk
  - ▶ FQ: Mfx=Gfx, Lfx, Ofx
  - ▶ Other drugs: Eto, Cs, PAS
  - ▶ Z and E may be included
  - ▶ Weight (weight band) based dosing
- ▶ Duration: 18 months after culture conversion or at least 24 months
- ▶ Initiate ART: within 2-4 weeks (*Lancet* 2010;375:1798)
- ▶ Outcomes: 56.9% success, however mortality higher (*Int J Tuberc Lung Dis* 2015;19:969)

# XDR-TB: number of patients in 2013



# XDR-TB

- Rules for constructing regimen
  - Empiric regimen (until DST available)
    - May use > 4 drugs in the intensive phase (*Clin Epidemiol* 2014;6:111)
    - Existing MDR-TB regimen+ Inj (Am) + not used Group 4 + 2 group 5 (Cfx, Amx/Clv, Lzd)
    - Cfx has better culture conversion rates (*J Antimicrob Chemother* Jun 2014 69:3103)
    - Bedaquiline (76% conversion) (*Int J Tuberc Lung Dis* 2015;19:979)
  - Individualise according to DST
  - High dose INH (if inhA resistance) (*Int J Tuberc Lung Dis* 2008;12:129)
  - Duration:
    - 18 mo's post culture conversion
    - ?18 mo's post immune recovery (CD4>100/mm<sup>3</sup>)

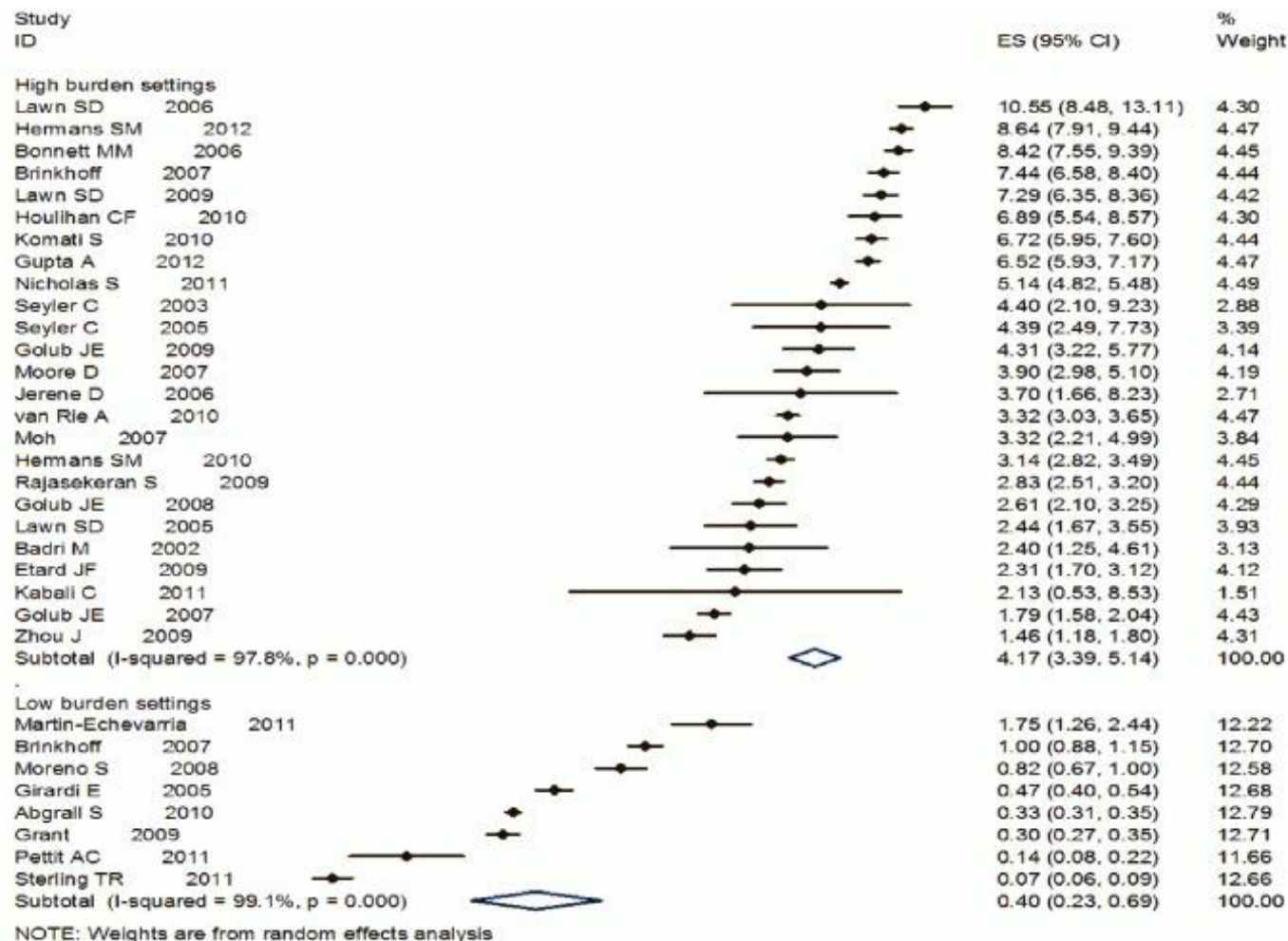
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# Prevention and control of TB in HIV

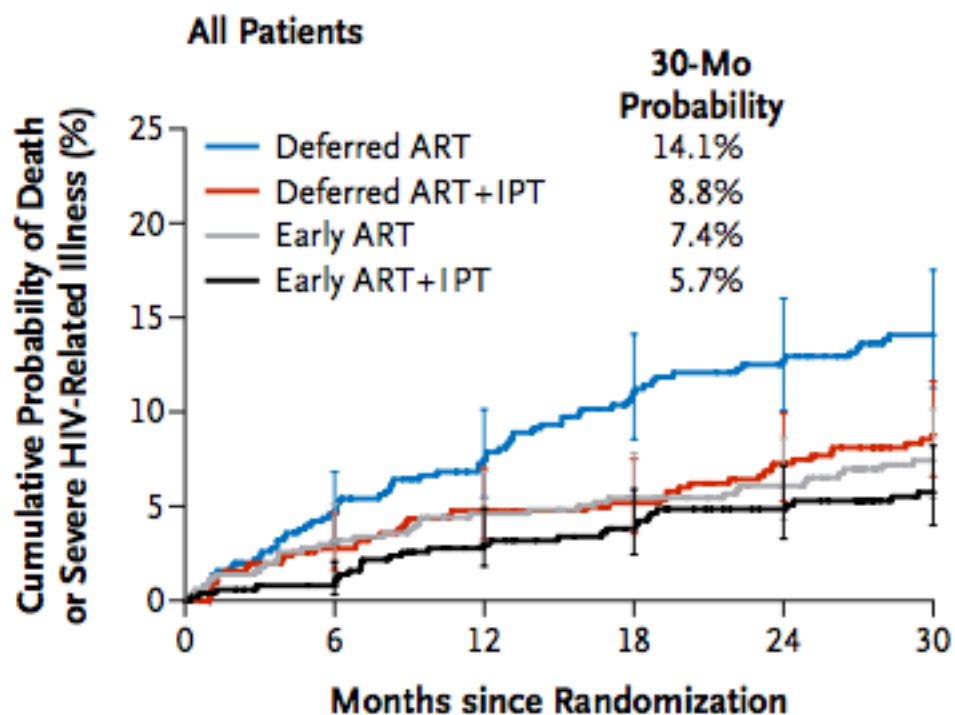
- **3 Is** (*Int J Tuberc Lung Dis* 2014;18:1159)
  - Intensive case finding and treatment
  - Isoniazid preventive therapy
  - Infection control
    - Workplace/administrative, environmental, respiratory protection
- **ART** (*PLOSMed* 2012;9:e1001270)
  - Reduction in incidence across all CD4 strata

# TB amongst HIV on ART



# ART + INH: TEMPRANO ANRS 12136

## A Primary Outcome



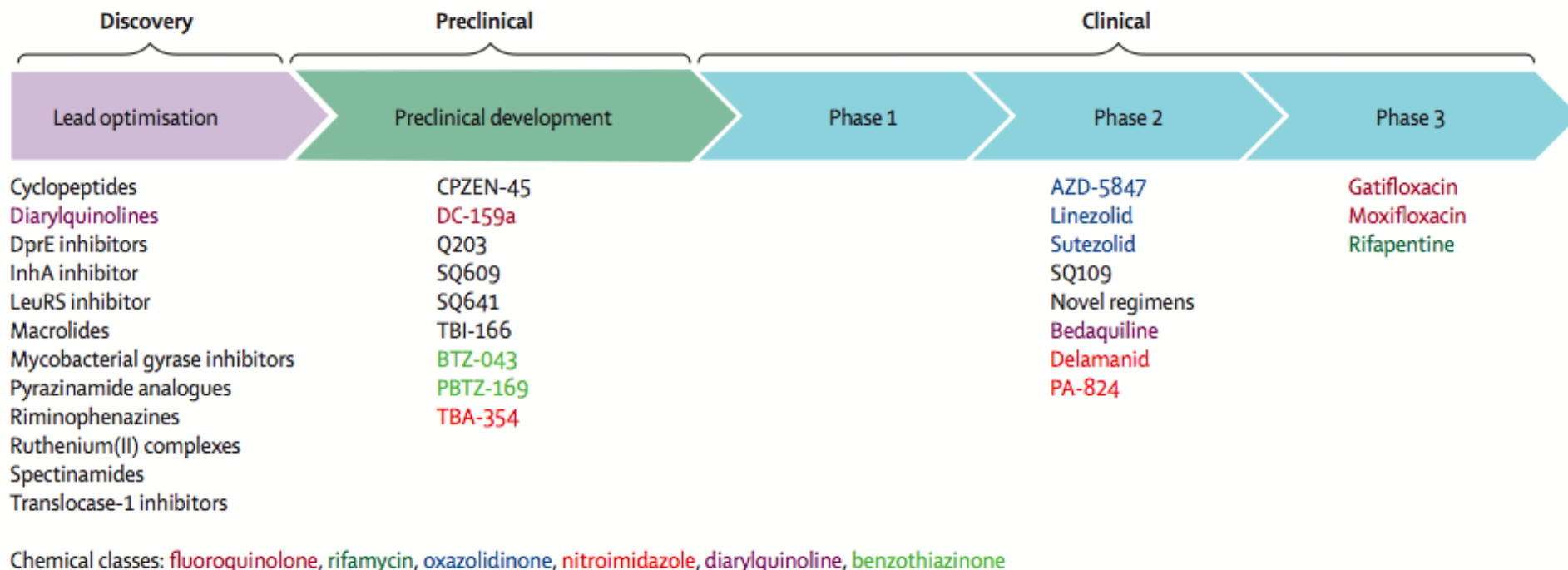
### No. at Risk

|                  | 0   | 6   | 12  | 18  | 24  | 30  |
|------------------|-----|-----|-----|-----|-----|-----|
| Deferred ART     | 511 | 473 | 448 | 418 | 400 | 366 |
| Deferred ART+IPT | 512 | 489 | 473 | 459 | 440 | 419 |
| Early ART        | 515 | 481 | 463 | 452 | 432 | 403 |
| Early ART+IPT    | 518 | 501 | 478 | 459 | 445 | 418 |

# Prevention

- Vaccines
  - BCG
    - Recommended at birth for HIV exposed infants in LMIC
    - Delaying by 8 weeks (until HIV status resolved): immunogenic (*J Infect Dis* 2014 Aug epub)
  - MVA85A: disappointing (*Lancet Resp Med* 2015;3:190)
  - M72/AS01
    - Safe and immunogenic in PLHIV on cART (*AIDS* 2014;28:1769)

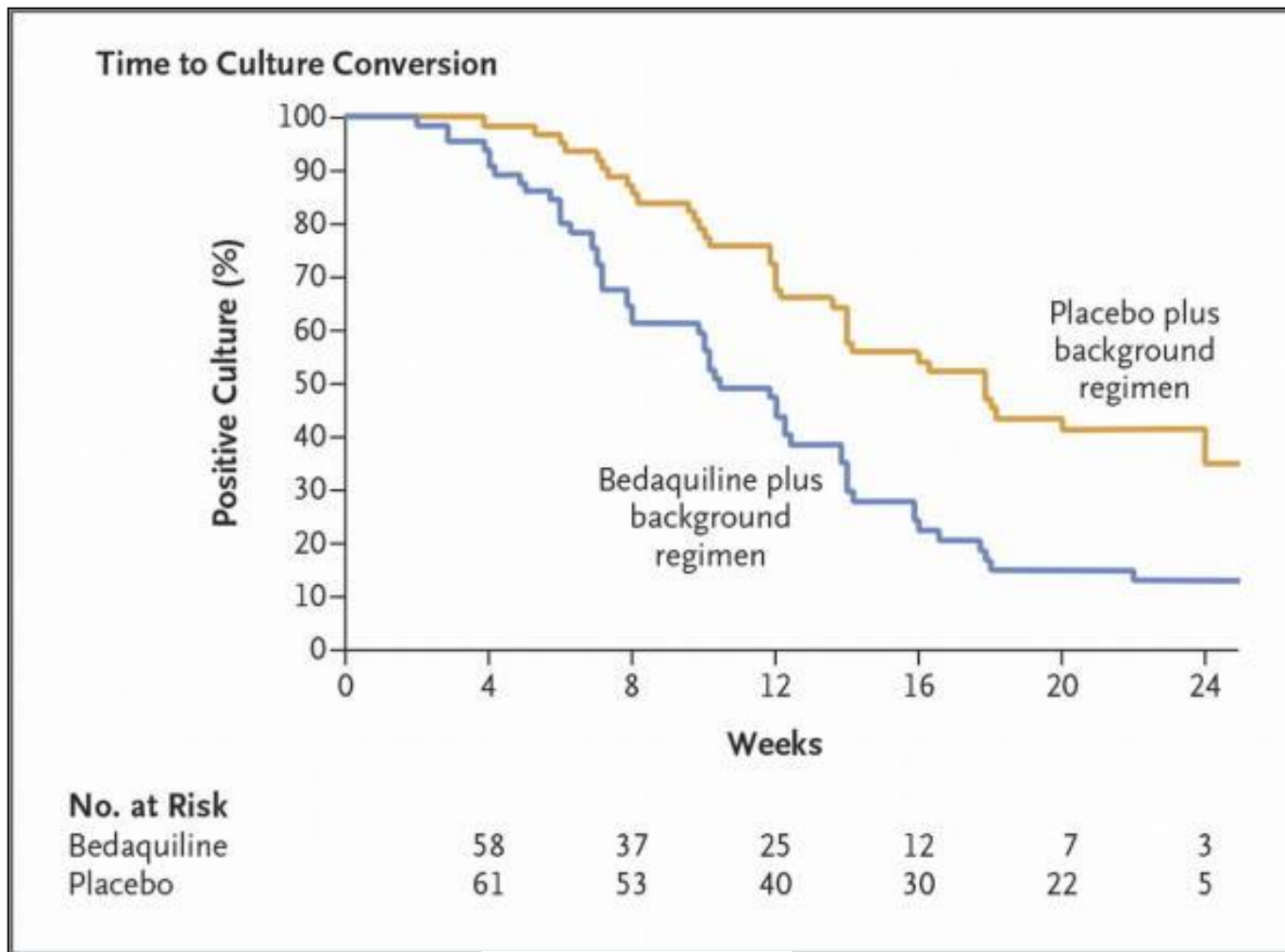
# Anti-TB drugs: the pipeline



# Future

- Incorporating FQ: reducing duration of TB treatment
  - ReMoxTB, OfloTub, Rifaquin studies (*New Engl J Med* 2014;371:1577, ;*New Engl J Med* 2014;371:1588, *New Engl J Med* 2014;371:1599)
  - None being studies specifically in HIV-TB
- Newer Drugs and combinations
  - Bedaquiline (*New Engl J Med* 2014;371:723)
  - Delaminid (*Drugs Today* 2015;51:117)
  - PA-824 (Pretominid)
- Repurposing and redosing
  - Rifamycins: RMP (upto 35 mg/kg), Rifapentine
  - Clofazamine (*Clin Infect Dis* 2015;60:1361)

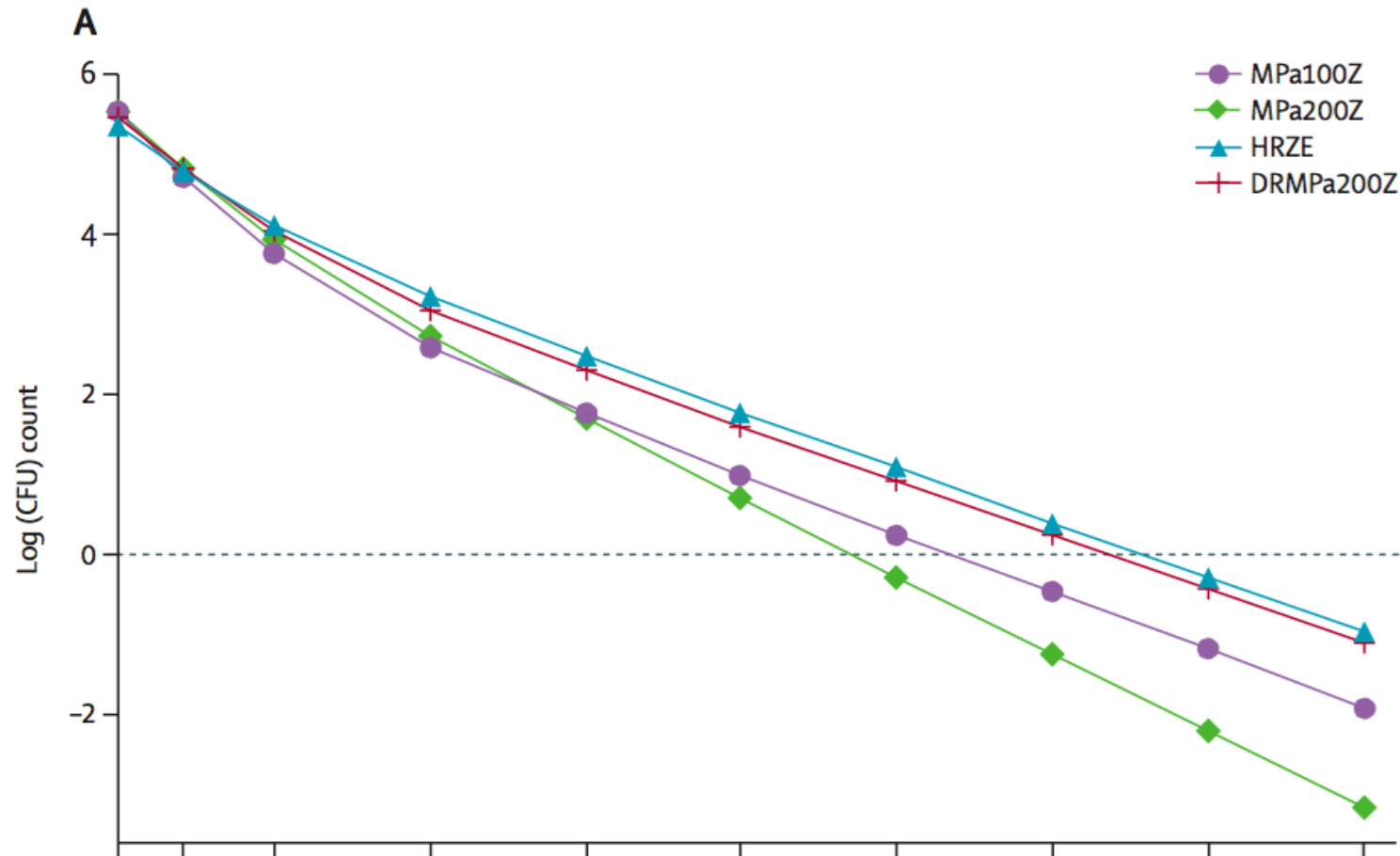
# Bedaquiline efficacy



# Bedaquiline: Use

- Added to a WHO recommended MDRTB regimen, if
  - Inability to design a 4 drug regimen including PZA
  - Documented FQ resistance (pre-XDRTB)
- Use in caution amongst HIV pts

# Novel regimen: Pretominid+Mox+PZA

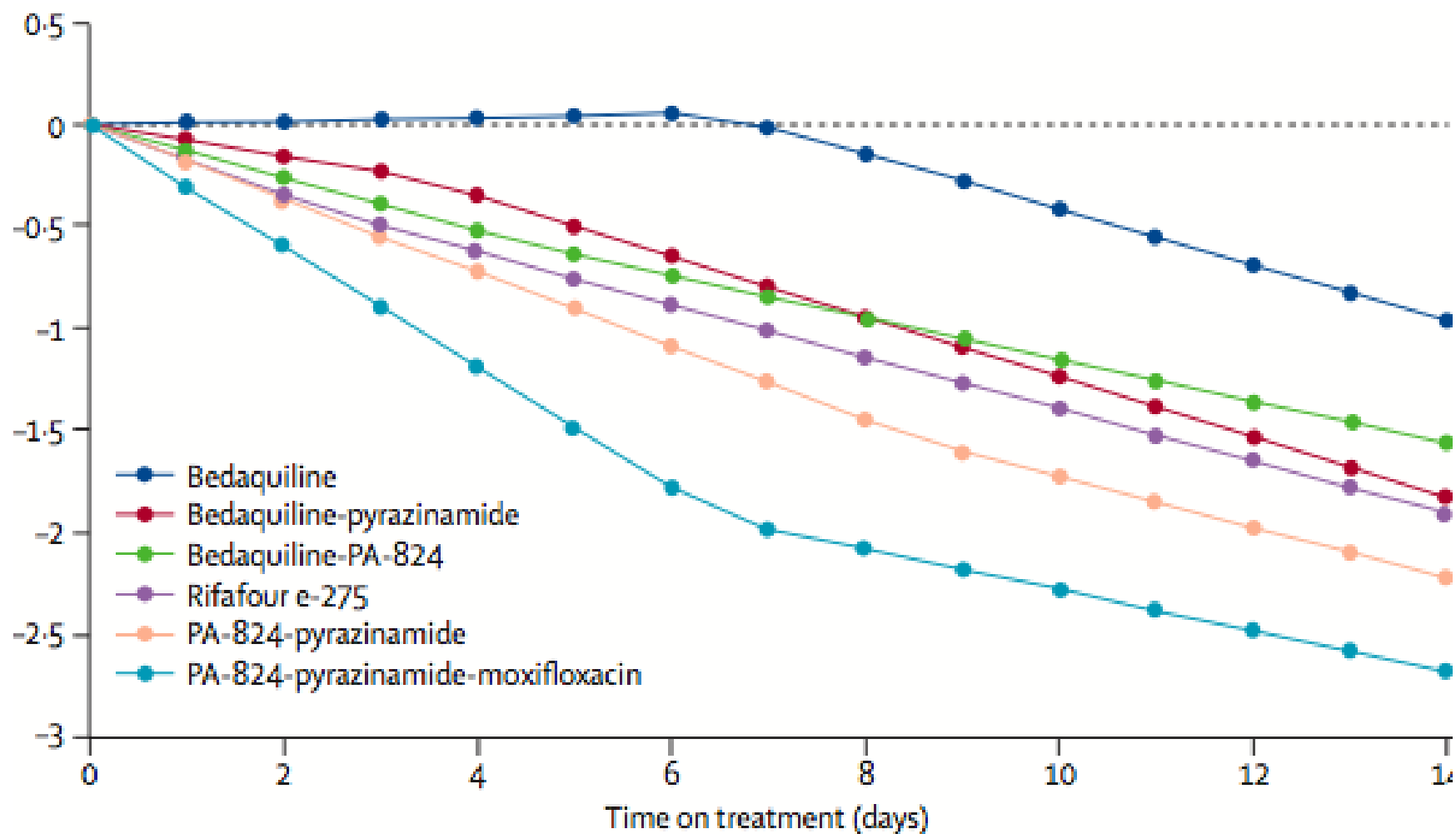


# Summary

- Deadly synergy
- Screening for active TB critical for all HIV +
  - Implement Rapid molecular DST
- ART for all TB patients
  - Timing stratified by CD4 count
- Understanding ARV-ATT interactions and toxicities
- Prevent and treat DR-TB



# ATT: Future regimen?



Lancet 2012;380:986

# TB drug pipeline

## Discovery and pre-clinical development

## Clinical Development

Lead optimisation

Pre-clinical  
development

Phase I

Phase II

Phase III

Nitroimidazoles  
Mycobacterial Gyrase  
Inhibitors  
Riminophenazines  
Diarylquinoline  
Translocase-1 Inhibitor  
MGyrX1 Inhibitor  
Inh A Inhibitor  
Gyr B Inhibitor  
LeuRS Inhibitor  
Pyrazimide analogues  
Spectinomycin

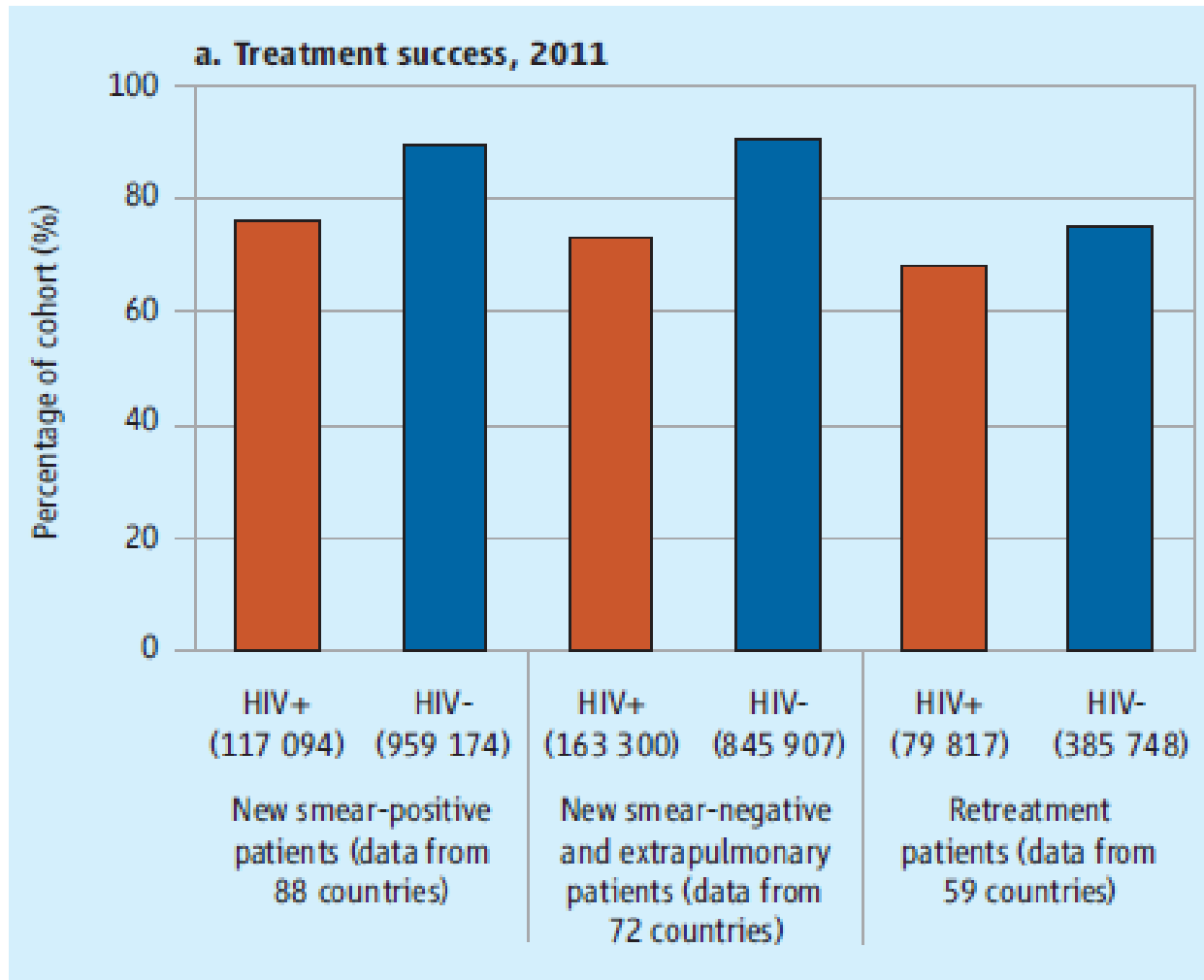
CPZEN-45  
SQ641  
SQ609  
DC159a  
Q201  
BTZ043

Posizolid (O)

PA-824 (N)  
Delamanid (N)  
Linezolid (O)  
SQ-109 (E)  
Sutezolid (O)  
Posizolid (O)

Gatifloxacin (Q)  
Moxifloxacin (Q)  
Rifapentine (Ry)  
Bedaquiline (D)

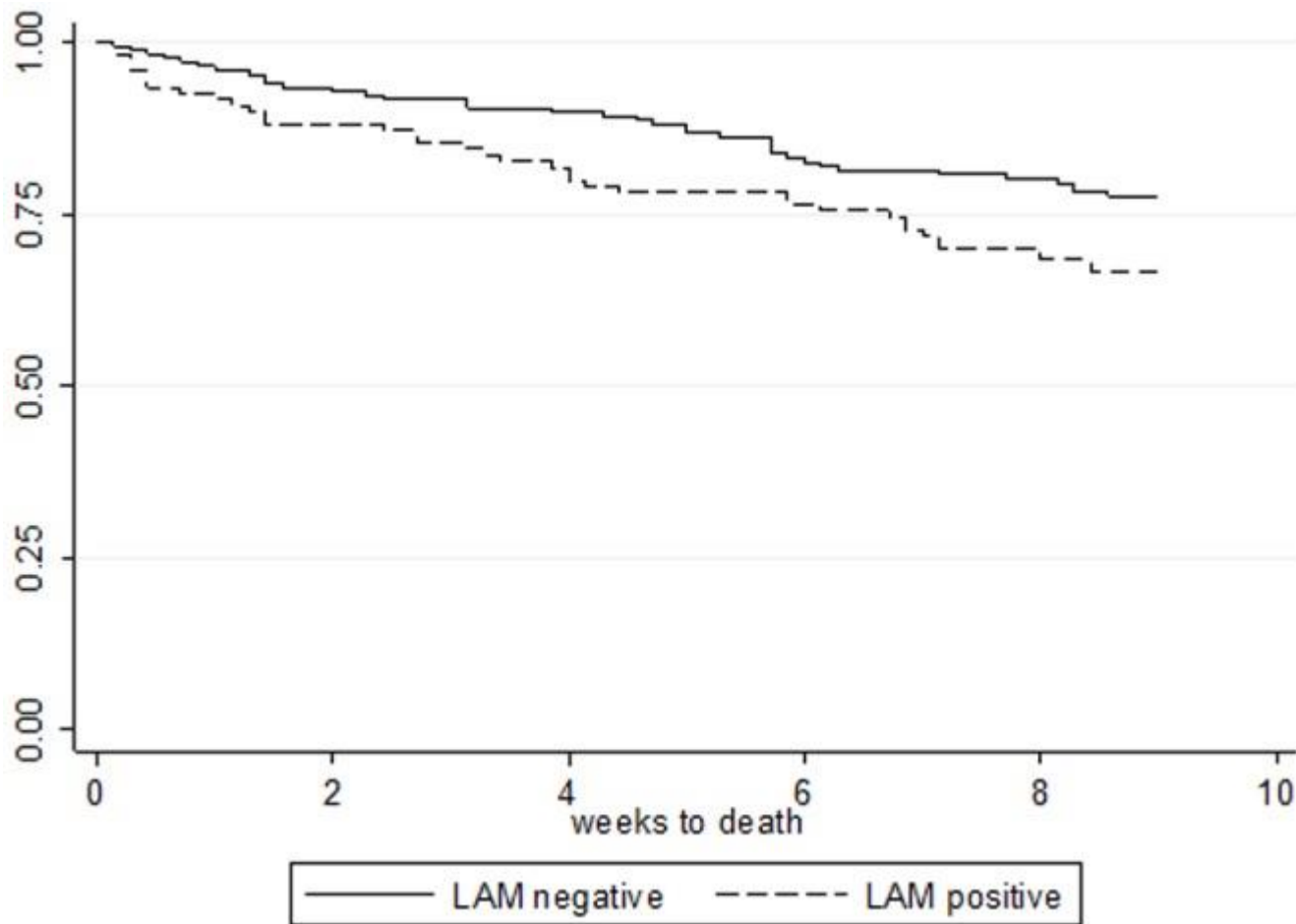
# The problem: TB treatment success and HIV



# HIV and MDR-TB

- Prevalence is higher in HIV +
- Rapid DST for all TB
  - GeneExpert MTB/rif, LPA
- ATT Regimen
  - 4 second line ATT (Injectables, FQs, Eto, Cs or PAS) + PZA
  - Induction: 8 mo
  - Total duration: 20-24 mo' s
- ART
  - Timing of initiation same
  - Adverse events: TDF with Inj' s, Neuropsychiatric

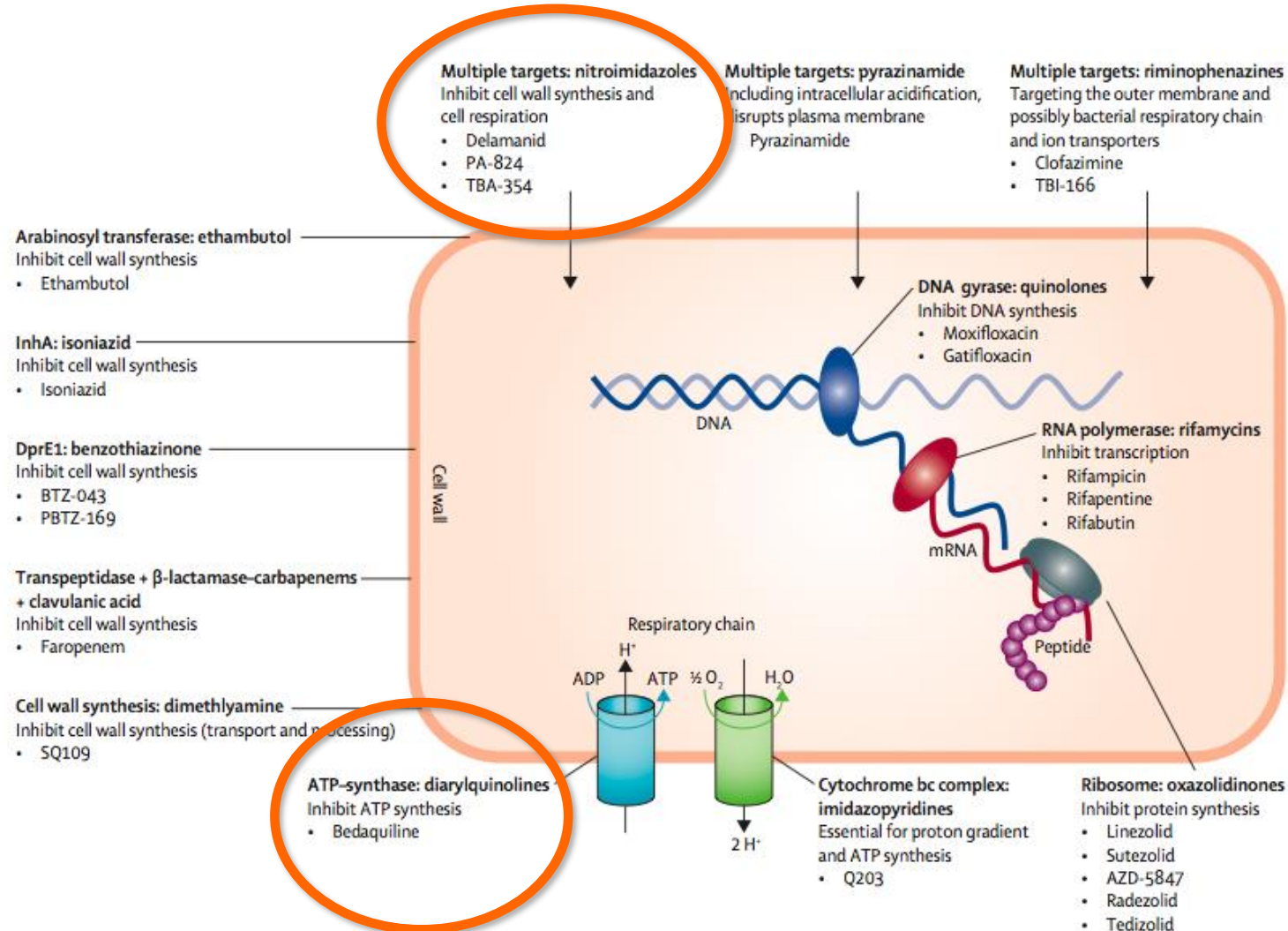
# Urinary TB/crypto LAM associated with mortality



# XDR-TB

- Definition (*WHO 2013*)
  - MDR-TB, and resistance to
    - One of the second line injectables, Am, Km, Cp
    - One of the fluroquinolones
- Risk factors
  - HIV infection
  - Incorrect TB treatment (*Lancet Infect Dis 2013;13:529*)
    - Intermittent treatment, prescription errors, poor compliance and substandard quality of drugs
  - Two or more previous courses of ATT (*PLOS One 2008;3:e2957*)
  - Bilateral/cavitory lesions in MDR-TB (*AM J Resp Crit Care Med 2010;182:426*)

# Anti-TB drugs: Mechanism of action



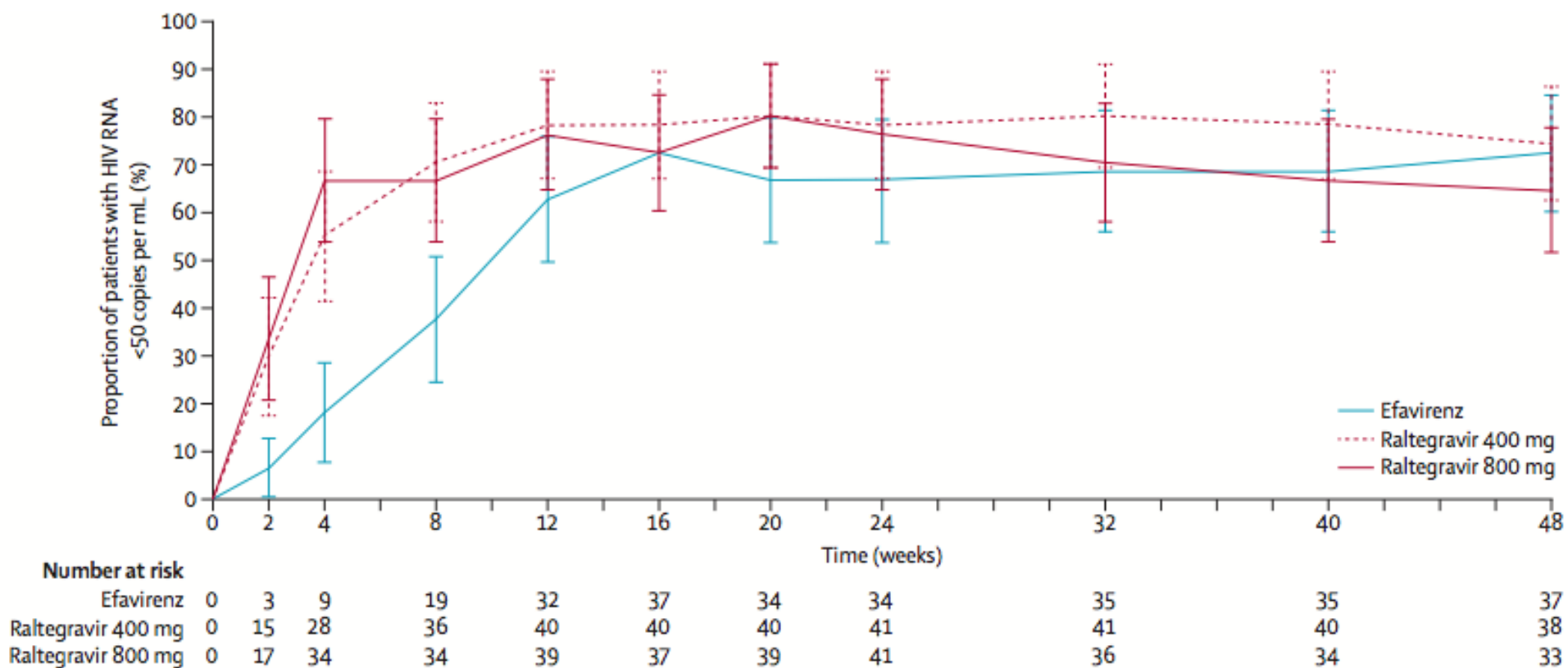
# ART on CD4 improvement with/out TB

- Similar improvements in CD4 counts (AIDS 2015;29:1363)

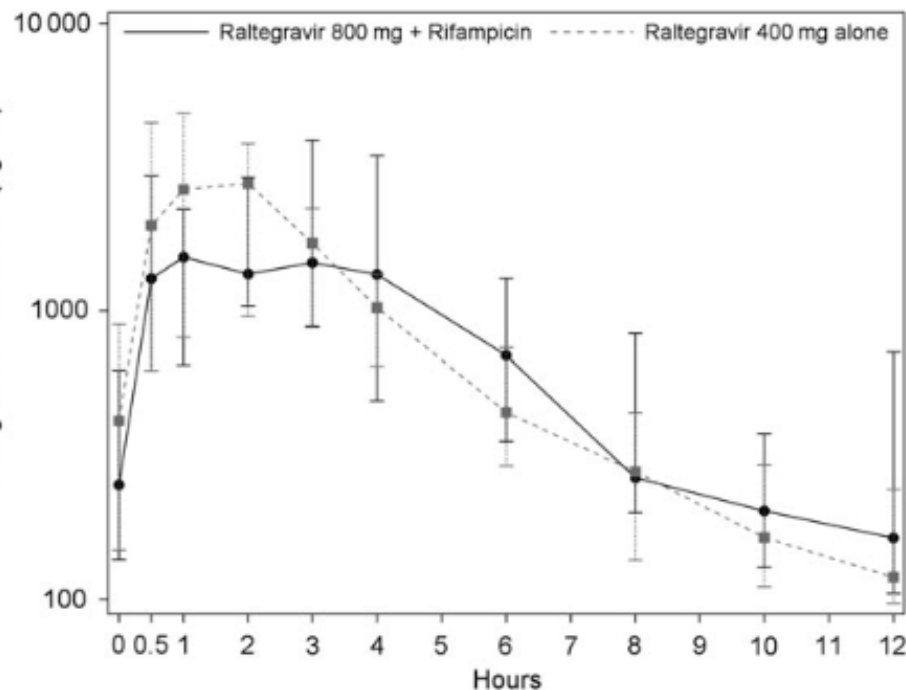
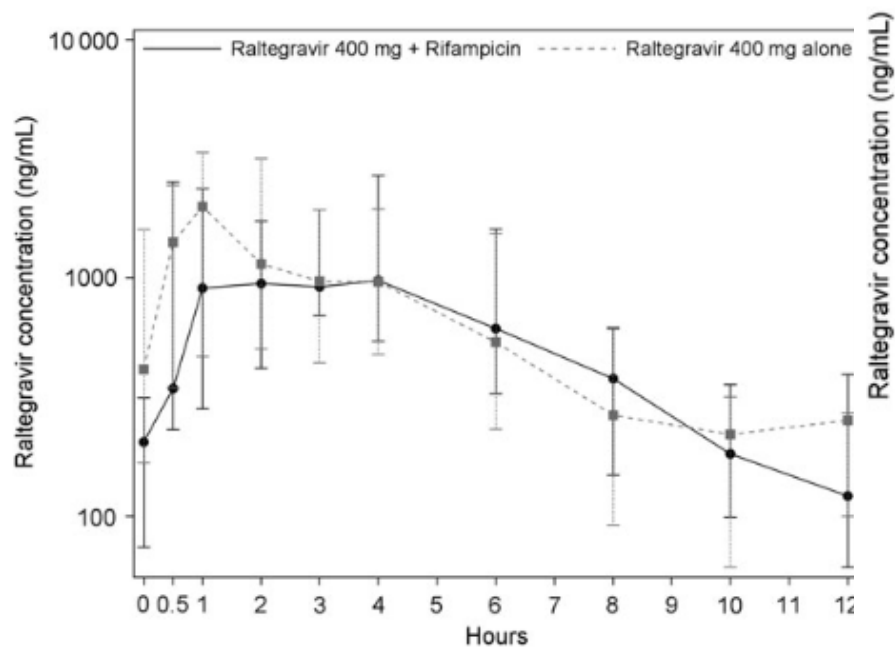
# GeneXpertMTB/Rif

- More Sensitive/ specific for PTB regardless of HIV status than smear microscopy (*Cochrane Database Syst Rev 2014;C000593*)
  - Replaced smear microscopy as initial test for TB diagnosis in South Africa
- Higher sensitivity in smear +ve
- Initial Rif resistance: MDR regimen until culture/DST
- Can be used for wide variety of EPTB specimens (*Lancet Infect Dis 2013;13:349*)

# RAL with RMP: REFLATE



# RAL 400 vs 800 mg



# ART and TB regimens for ARV experienced

- 2n(t)RTI + PI/r
  - Rifabutin 150 mg od (*Clin Infect Dis* 2009;49:1305, *Clin Infect Dis* 2009;48:1471)
- RAL-DTV/MVC+PI/r
  - Rifabutin 150 mg od
- With RMP
  - DTG (50 mg bid and without INSTI resistance)
  - Double dose LPV/r (*Int J Tuber Lung Dis* 2014;18:689)
    - Hepatic Safety

# TDR-TB

- ▶ Few reports of MTB resistant to 1<sup>st</sup>/2<sup>nd</sup> line (*Chest* 2009;136:420, *Clin Infect Dis* 2012;54:579)
- ▶ Problematic terminology (*WHO TDR definition report 2012*)
  - ▶ DST for many drugs not standardized
  - ▶ Capacities of sites for testing and drug availability varies
  - ▶ Newer drugs may still be effective
- ▶ Practically incurable

# IPT

- ART + INH (12 mo)
  - 37% decrease in incident TB (*Lancet May 2014, online*)
  - Irrespective of tuberculin/IGRA status
  - Greatest benefit in the first year
  - Non significant increase in ALT
  - Did not increase risk of DR-TB
  - Significant effect on TB incidence under programmatic conditions (*PLOS One 2014;e104557*)
- Alternative (*BHIVA HIV/TB guidelines 2011*)
  - INH/RFP q1wkly for 3 months (without ART)
  - INH/RFP qd x 4 weeks (with EFV) (*Clin Infect Dis Jun 2015; epub*)
  - INH+RMP for 3 mo

# LAM+XpertTB better than either alone

