

UPDATE ON THE TEMPORAL TRENDS AND COURSE OF HIV INFECTION IN GREECE

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Incidence & Patient Characteristics

- ✓ In 2018, 687 new HIV cases were diagnosed (males: 82%)
- ✓ MSM accounted for 40% of new infections, followed by heterosexual transmissions (22%) and people who inject drugs (PWID) (15%)
- ✓ One out of 5 new infections were of undetermined route of transmission
- ✓ From those with available CD4 at baseline, 51% had < 350 cells/ mm³ and 35% <200 cells/mm³, respectively. Persons who acquired HIV heterosexually, had significant lower CD4 counts than MSM</p>

Transmission mode	Άνδρες** Males		Γυναίκες Females		Σύνολο Total	
	N	(%)	N	(%)	N	(%)
Sex between men	275	(49,0)	0	(0,0)	275	(40,0)
Heterosexual contact Injecting drug use	75	(13,4)	79	(62,7)	154	(22,4)
	94	(16,8)	12	(9,5)	106	(15,4)
Multitransfusion of blood and						
blood products	0	(0,0)	0	(0,0)	0	(0,0)
Transfusion	1	(0,2)	0	(0,0)	1	(0,1)
Mother to child	0	(0,0)	2	(1,6)	2	(0,3)
Undetermined	116	(20,7)	33	(26,2)	149	(21,7)
Total	561	100,0	126	100,0	687	100,0

<u>Age at diagnosis</u>

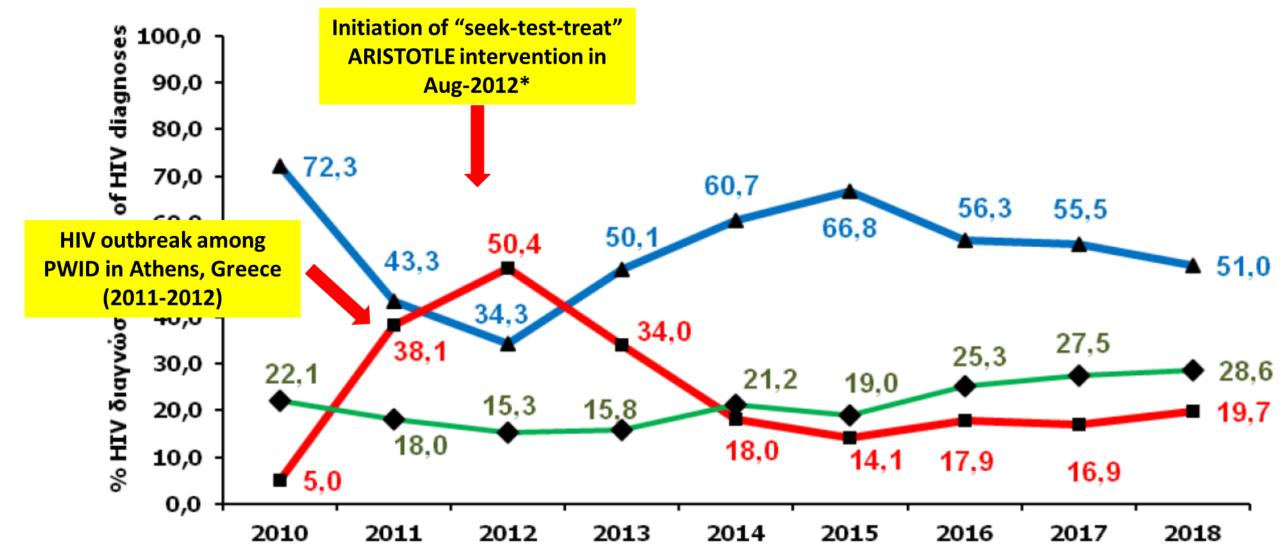
- ✓ The predominant age group in both males (34%) and females (44%) was that of 30-39 years old
- √ 18% of persons diagnosed during 2018 were >50 years old
- ✓ Heterosexually infected patients were diagnosed at an older age
- ✓ Longitudinally, there is a gradual increase in the proportion of patients >50 years old at diagnosis

45% 40% 30-39 30-39 30-49 20% 50+ 25-29 10% 20-24 5% 0% 2010 2011 2012 2013 2014 2015 2016 2017 2018

—15-19 **—**20-24 **—**25-29 **—**30-39 **—**40-49 **—**50+

Current status among PWID

- ✓ Greece has experienced an HIV outbreak among PWID in the metropolitan area of Athens during 2011-2012
- ✓ A "seek-test-treat" field intervention (ARISTOTLE program) was implemented in Aug-2012 and resulted in the containment of the outbreak
- ✓ Despite that, the number of new infections among PWID has not returned in the levels prior to outbreak

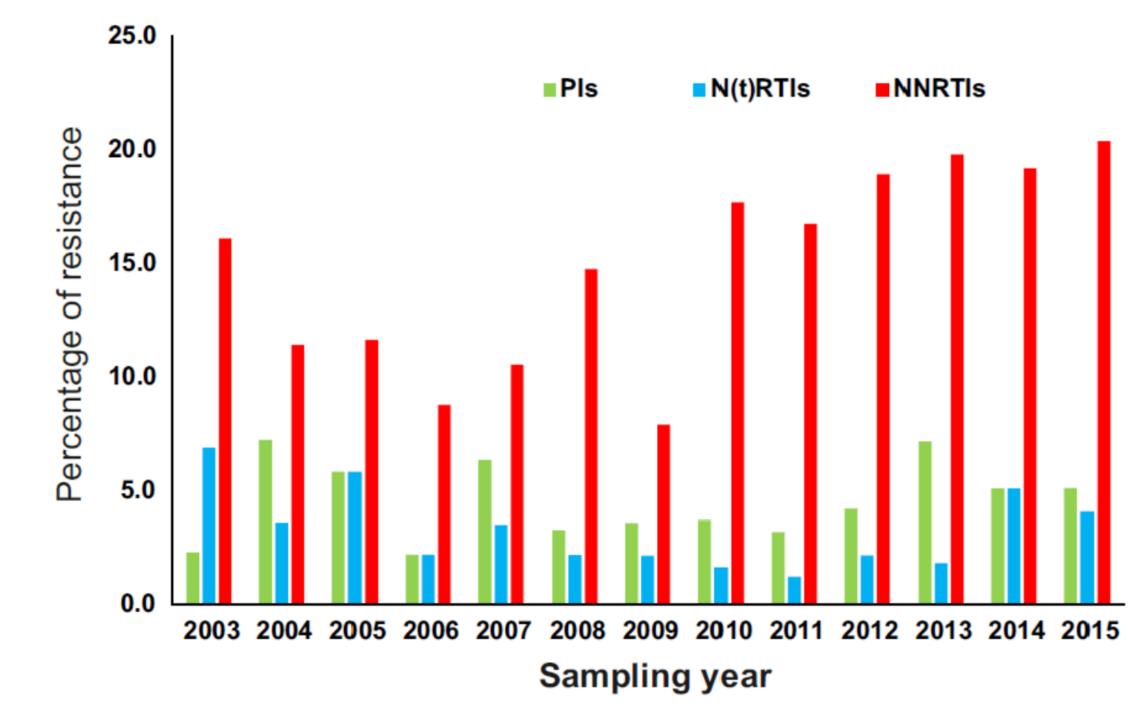


*Sypsa V et al, J Infect Dis 2017

The Virus

- ✓ A1 and B are the most common HIV-1 subtypes in Greece
- ✓ Phylogenetic studies suggest that most HIV transmissions among HIV late presenters occur in local transmission networks (LTNs)
- ✓ MSM and Greek nationality are associated with regional clustering of subtype A, whereas risk group other than MSM or PWID and more recent diagnosis are associated with subtype B.
- ✓ Overall prevalence of resistance is estimated at 22% (NNRTI=17%, PI=5%, NRTI=3%), with wide variance across country (higher rates in Northern Greece)

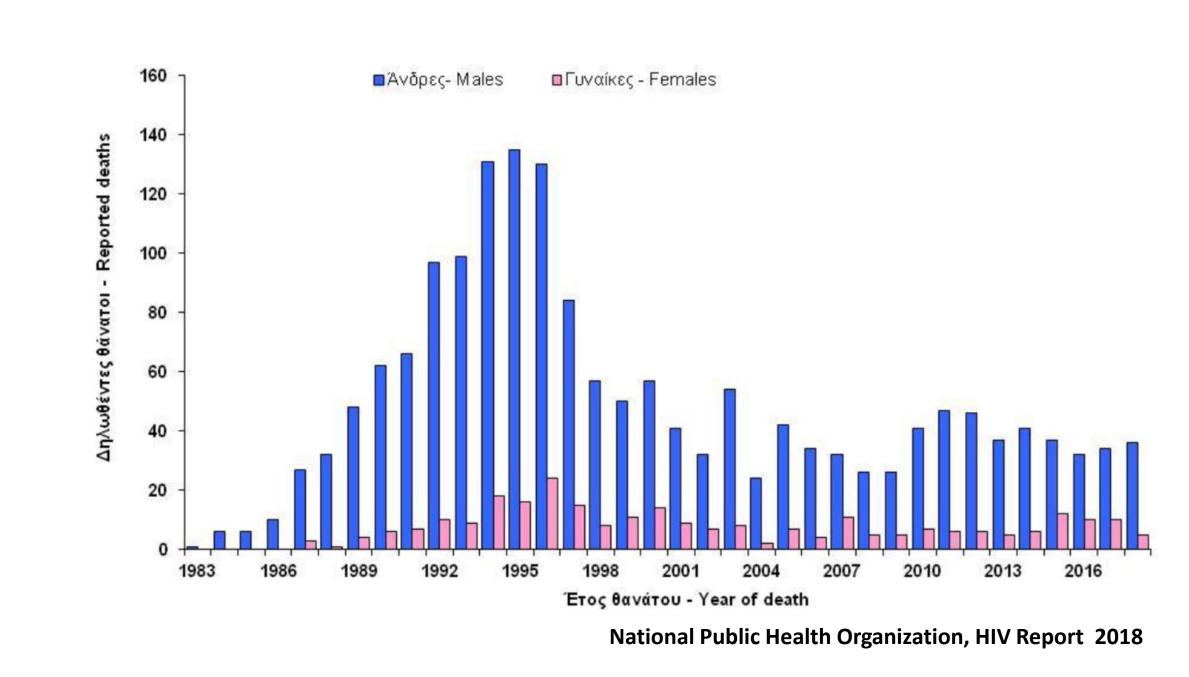
Kostaki et al, HIV Glasgow 2018 (P037)



Paraskevis D et al, Infect Genet Evol. 2017

AIDS diagnoses

- ✓ During 2018, 100 AIDS cases were reported (males: 87%)
- √ 59% of patient with AIDS were >40 years old
- ✓ PCP (44%), pulmonary TB, sarcoma Kaposi and HIV wasting syndrome (all from 12%) and TB (10%) were the 5 most common AIDS indicative diseases during 2018.



Conclusions

- ✓ MSM continues to be the most common route of transmission, followed by heterosexual transmission
- ✓ HIV outbreak among PWID has been contained after targeted interventions
- Issues worth attention are the high rates of late presentation, especially among heterosexually infected persons, as well as the gradual aging of PLHIV