

Liver Disease in HIV

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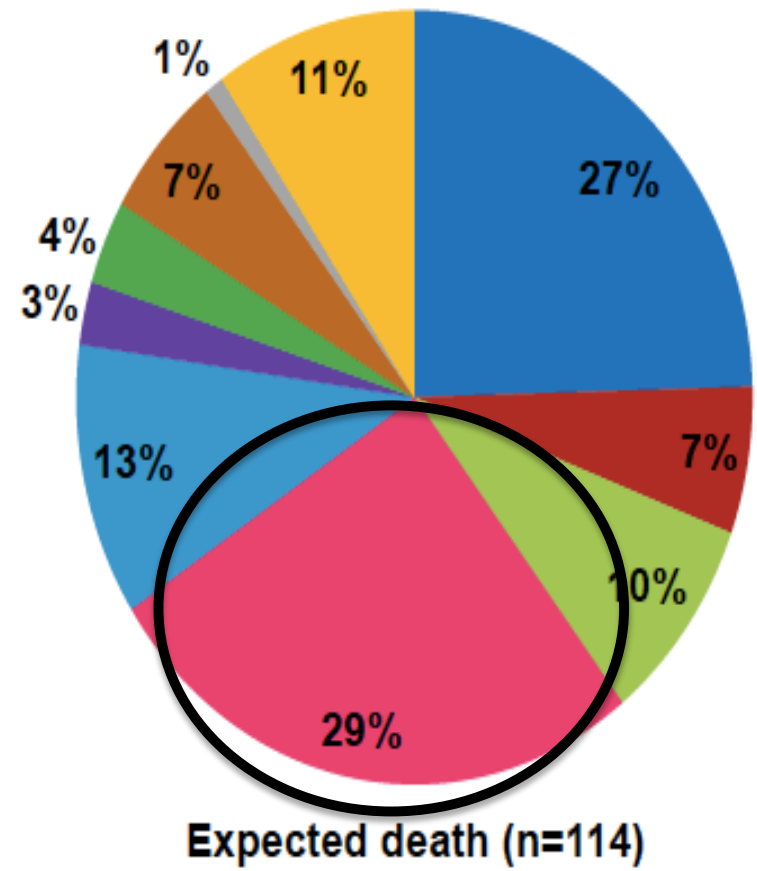
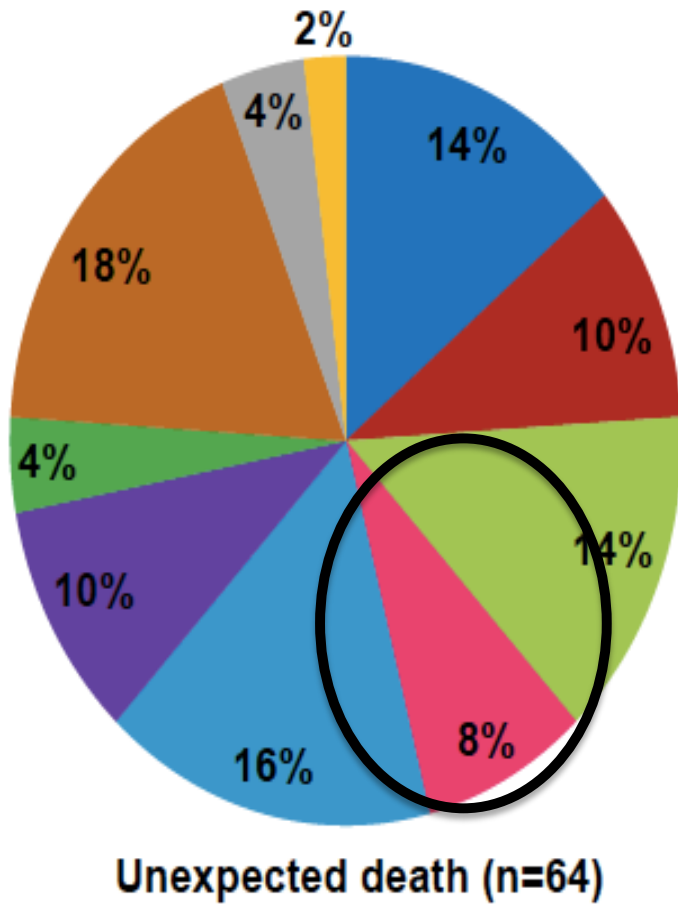
Disclosures

- Grants/travel support/speaker fees
 - Abbvie
 - Gilead
 - ViiV

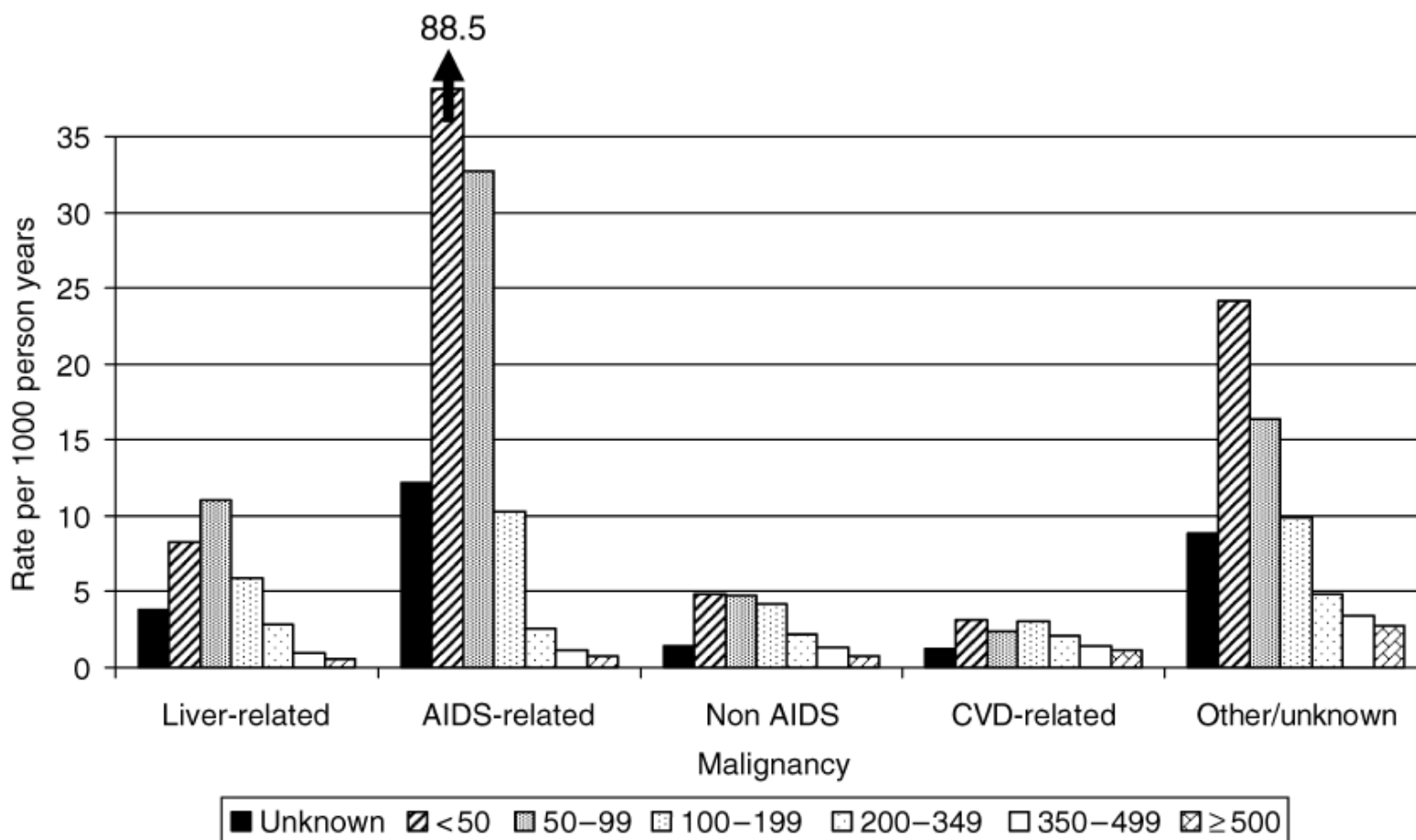
Outline

- Importance of liver disease in HIV
- Global burden of Viral Hepatitis and contribution to morbidity/mortality
- Non-alcoholic Fatty Liver Disease (NAFLD)
- HBV
- HCV
- (Drug-induced liver injury – DILI)
- Case-based discussion (Monday pm)

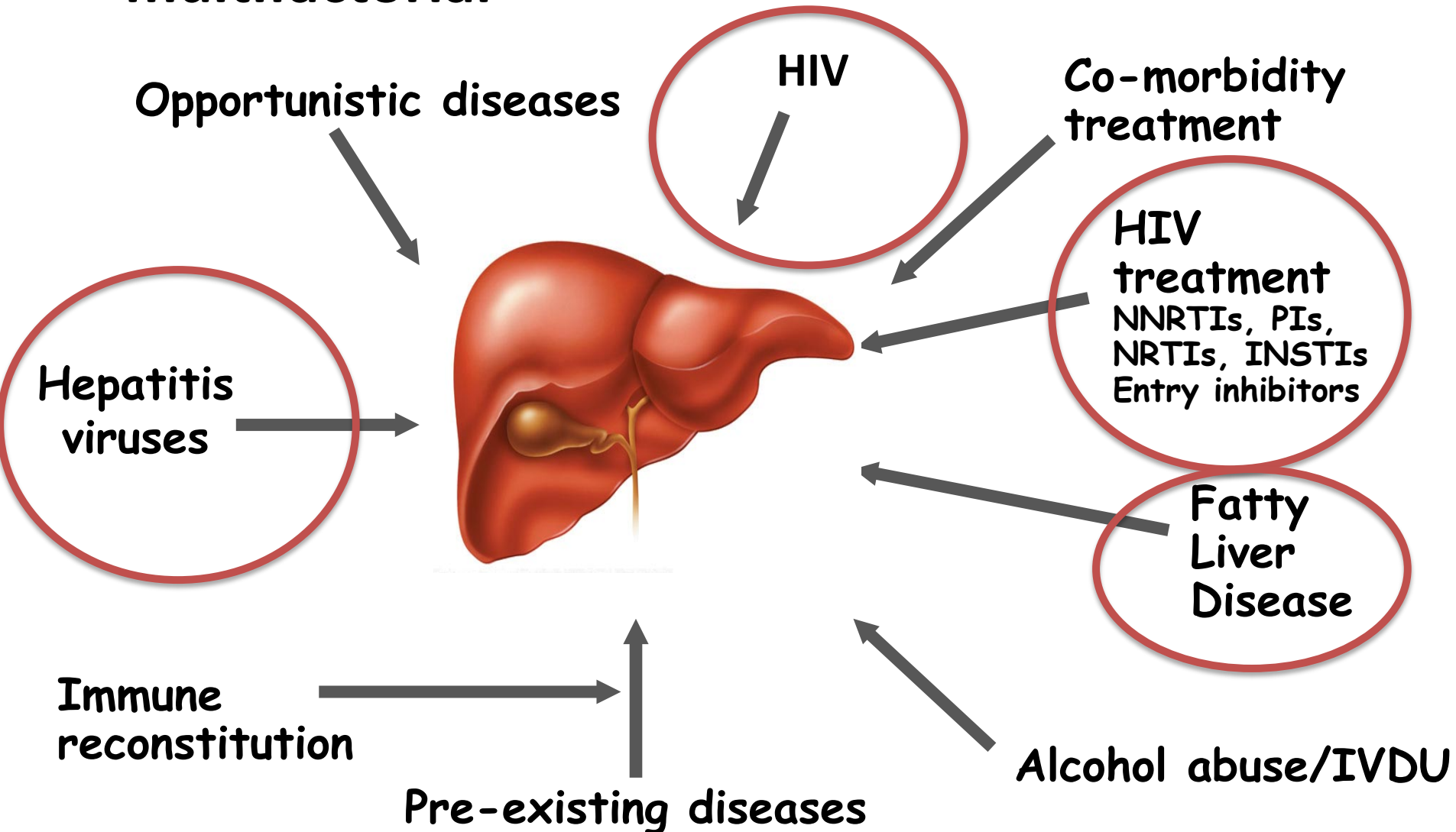
Cause of Death in the London HIV cohort - 2016



Liver-related death and CD4 count



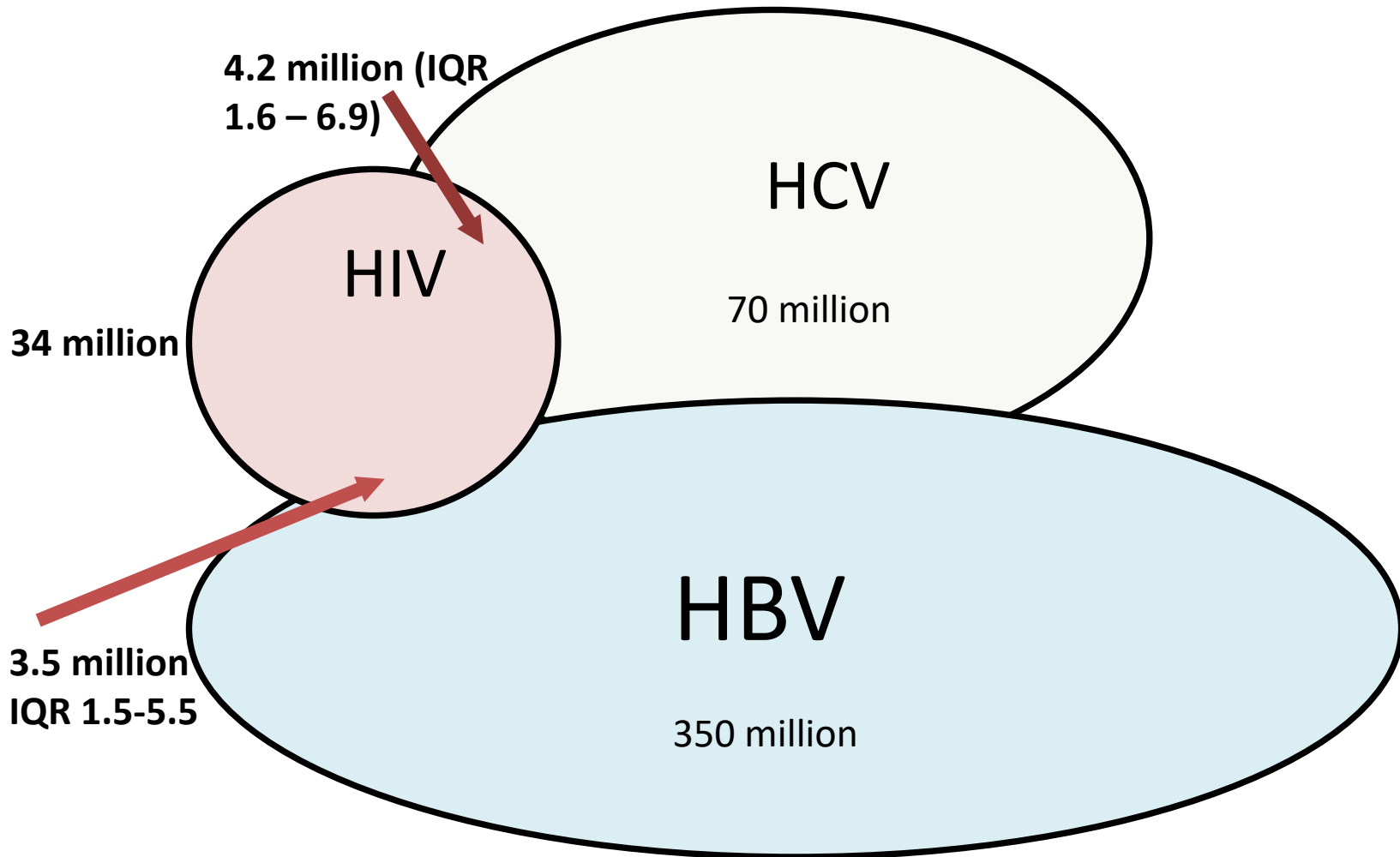
Liver Disease in HIV-infected Patients - multifactorial

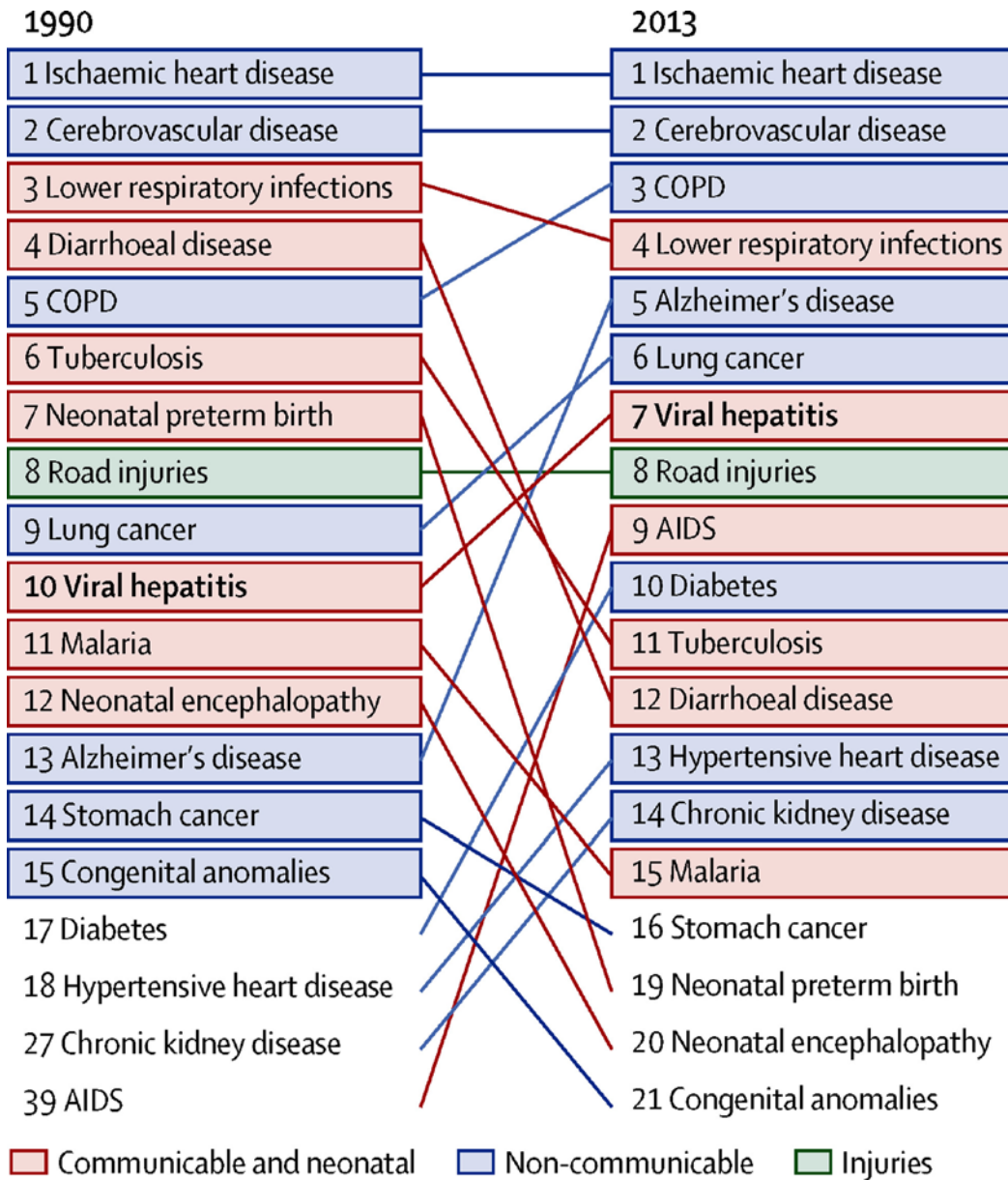


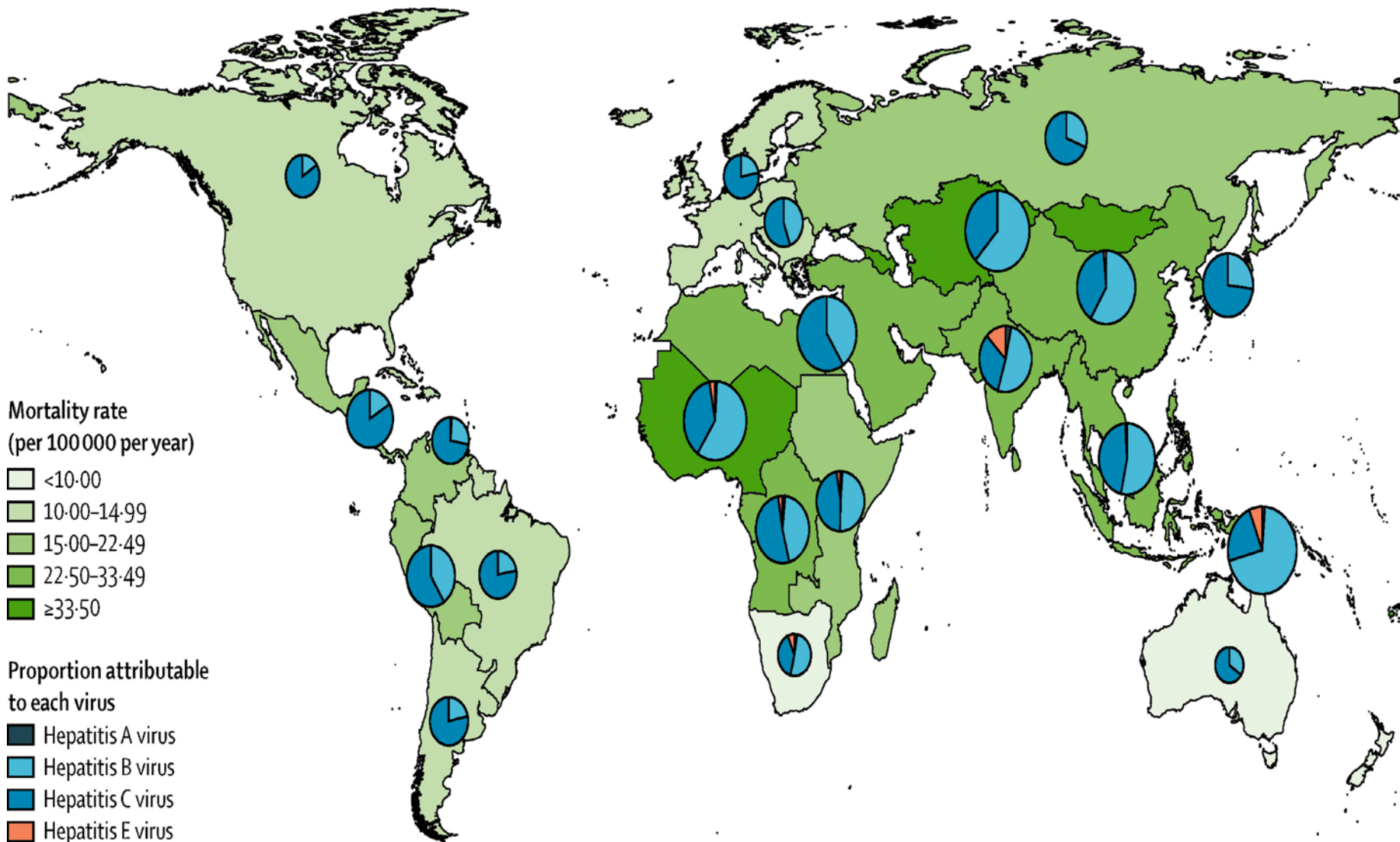
Sulkowski M. *et al.* Ann Intern Med. 2003;138:197-207 Guaraldi G *et al* Clin Infect Dis 2008 47(2): 250-257

Greub G *et al.* Lancet 2000;356:1800-1805

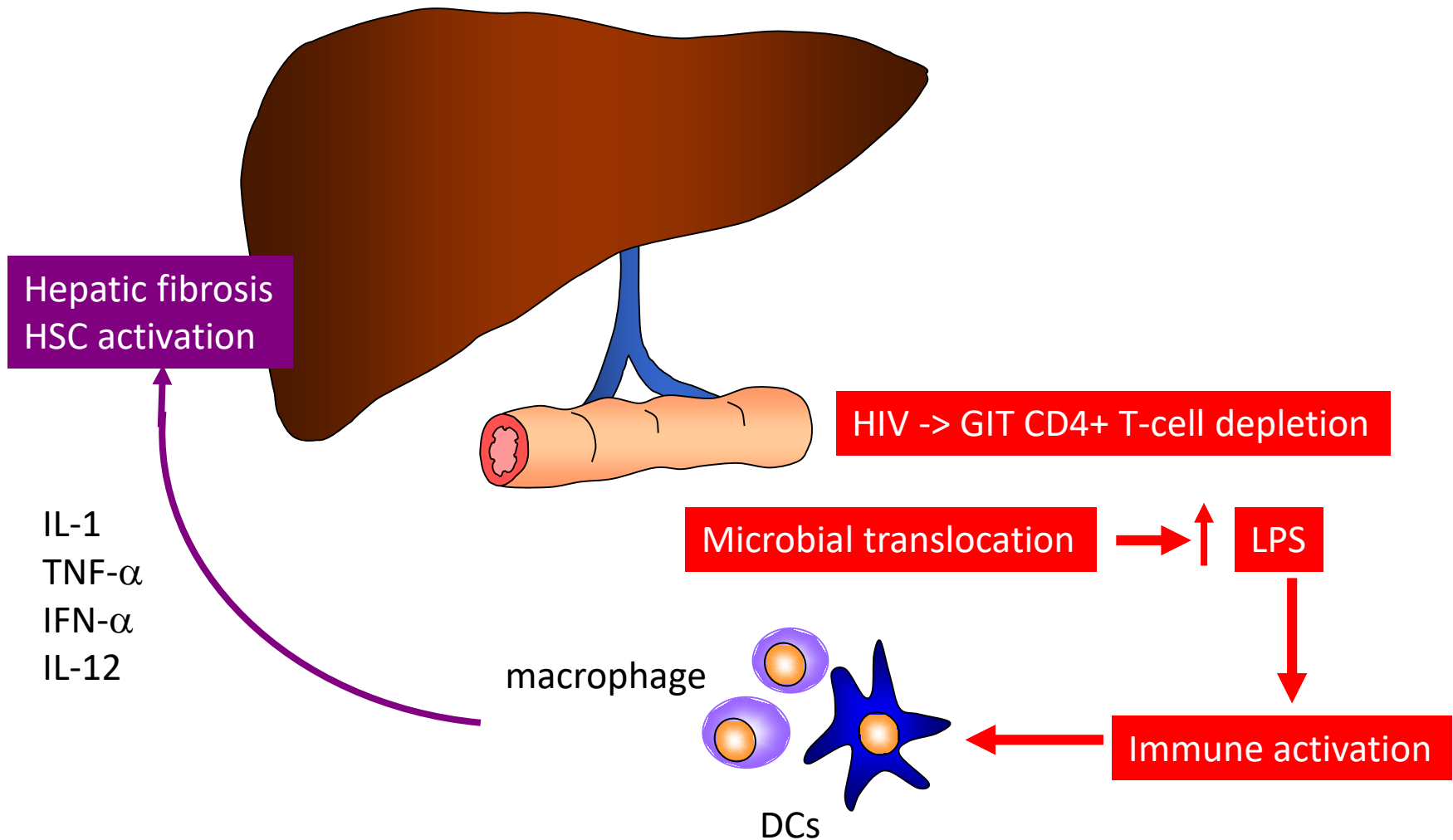
Overlapping epidemics – co-infections







HIV-associated Immune activation and liver disease

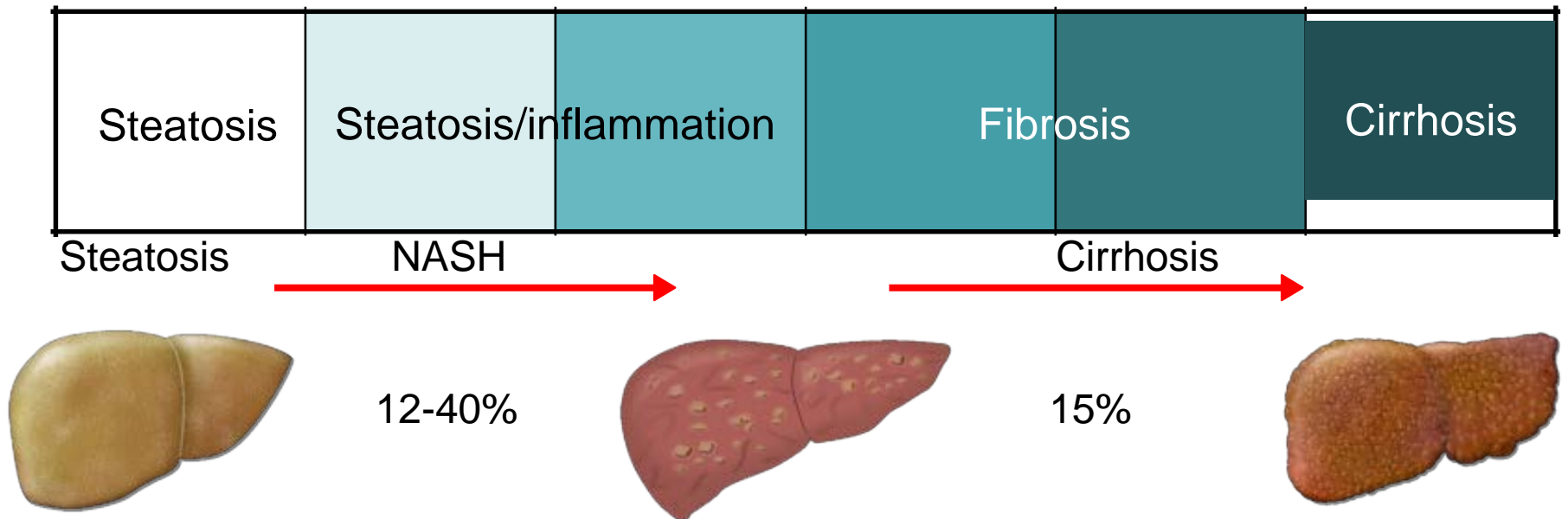


START liver fibrosis study

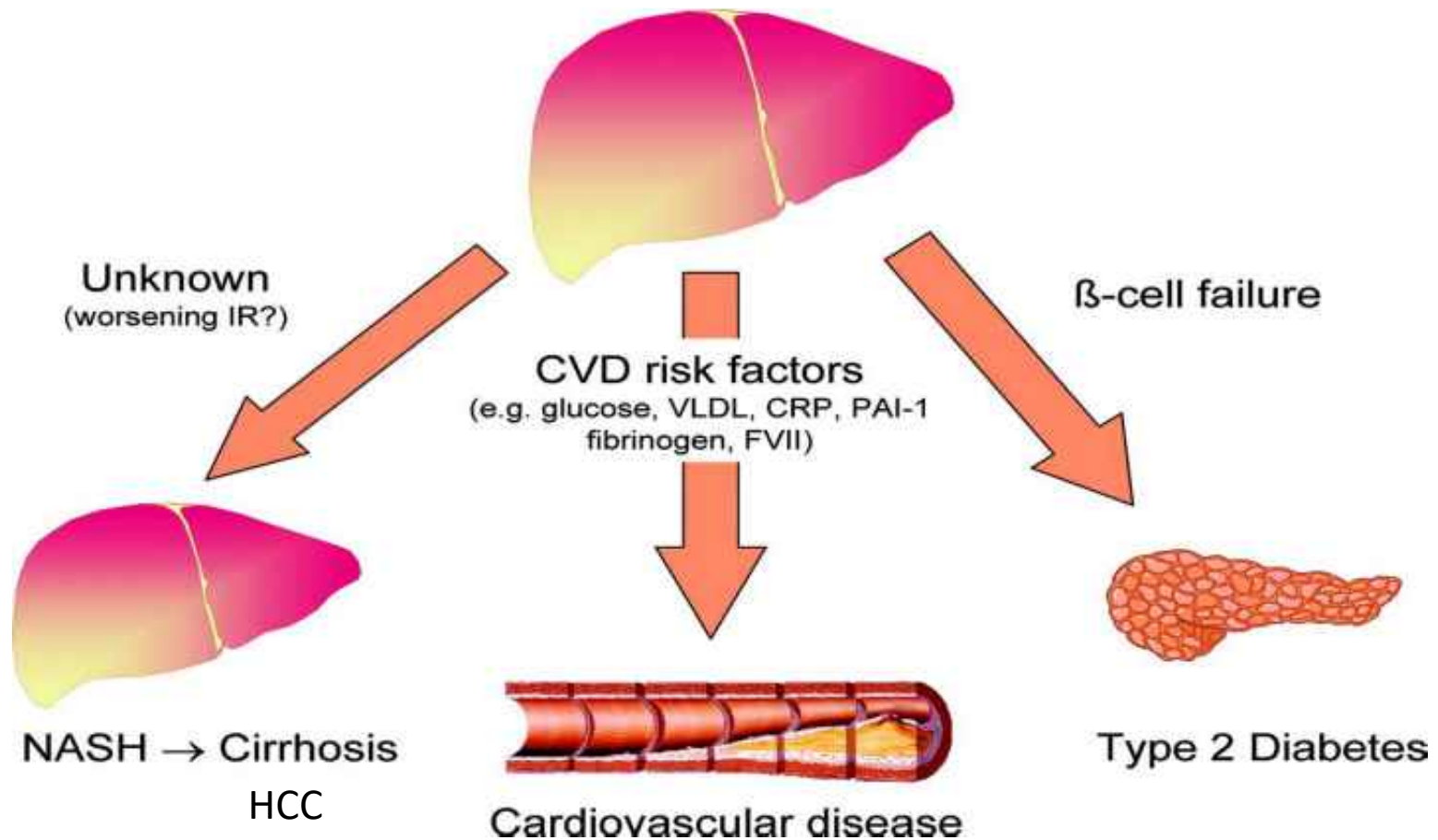
- Sub-study of 230 (4577) patients
- Baseline FibroScan, FIB-4, APRI
- 7.8% >F2 fibrosis by FibroScan (10% FIB-4, 8.6% APRI)
- Multivariate analysis
 - Significant Fibrosis associated with HIV RNA and ALT at baseline
 - Not associated with BMI or use of anti-lipid therapy

What is NAFLD ?

- Non-Alcoholic Fatty Liver Disease
- Wide disease range from simple steatosis to cirrhosis



NAFLD: Potential consequences of the metabolic syndrome



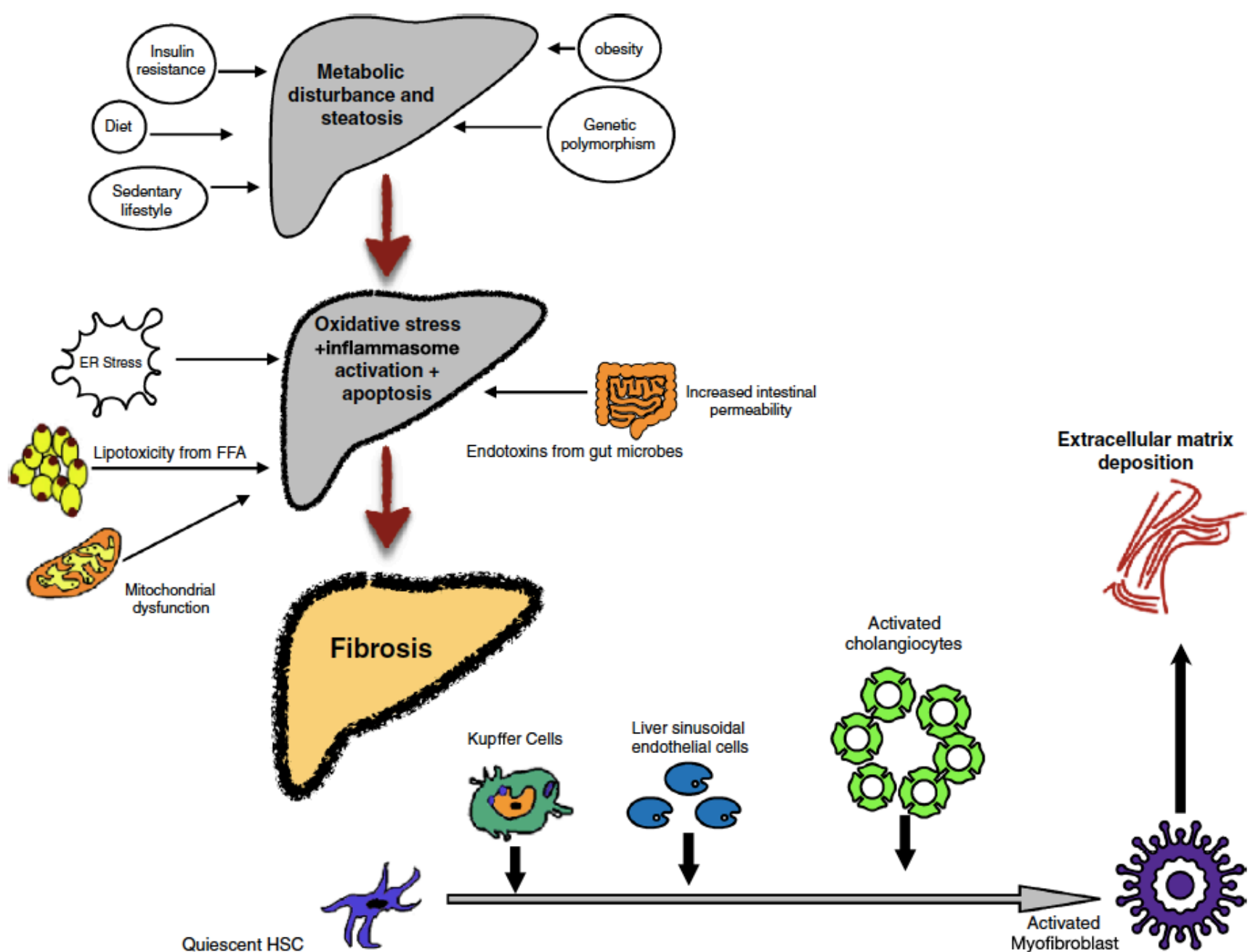


Fig. 1 Pathogenesis and progression of non-alcoholic fatty liver disease

NAFLD IN HIV INFECTED PATIENTS

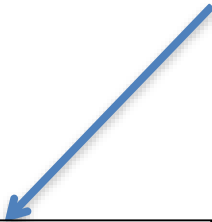
Study	country	n subjects	Steatosis assessment	Prevalence of NAFLD
Hadigan, C 2007 JAIDS	USA	33	MR spectrometry	42%
Mohammed, SS 2007 JAIDS	Canada	26	Liver Biopsy	45%
Guaraldi, G 2008 CID	Italy	225	CT	37%
Crum Cianflone, P 2009 JAIDS	USA	216	Ultrasound	31%
Ingiliz, P 2009 Hepatol	France	30	Liver Biopsy	60%
Nishijima, T 2014 PlosOne	Japan	435	Ultrasound	31%
Price, JC 2014 Am J Gastro	USA	465 HIV and HIV HCV	CT	15%
Juan, M 2014 AIDS	Spain	505 HIV HCV/HBV	CAP™	40%

Diagnosis of NAFLD

(Negative Liver Screen & USS Fatty liver)



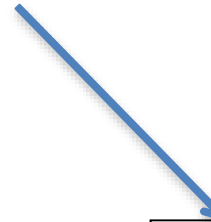
Non-invasive fibrosis tests
(one or two tiers as needed)



High risk for >F2



Refer
Hepatology/NAFLD
clinic
Biopsy may be needed



Low risk for >F2

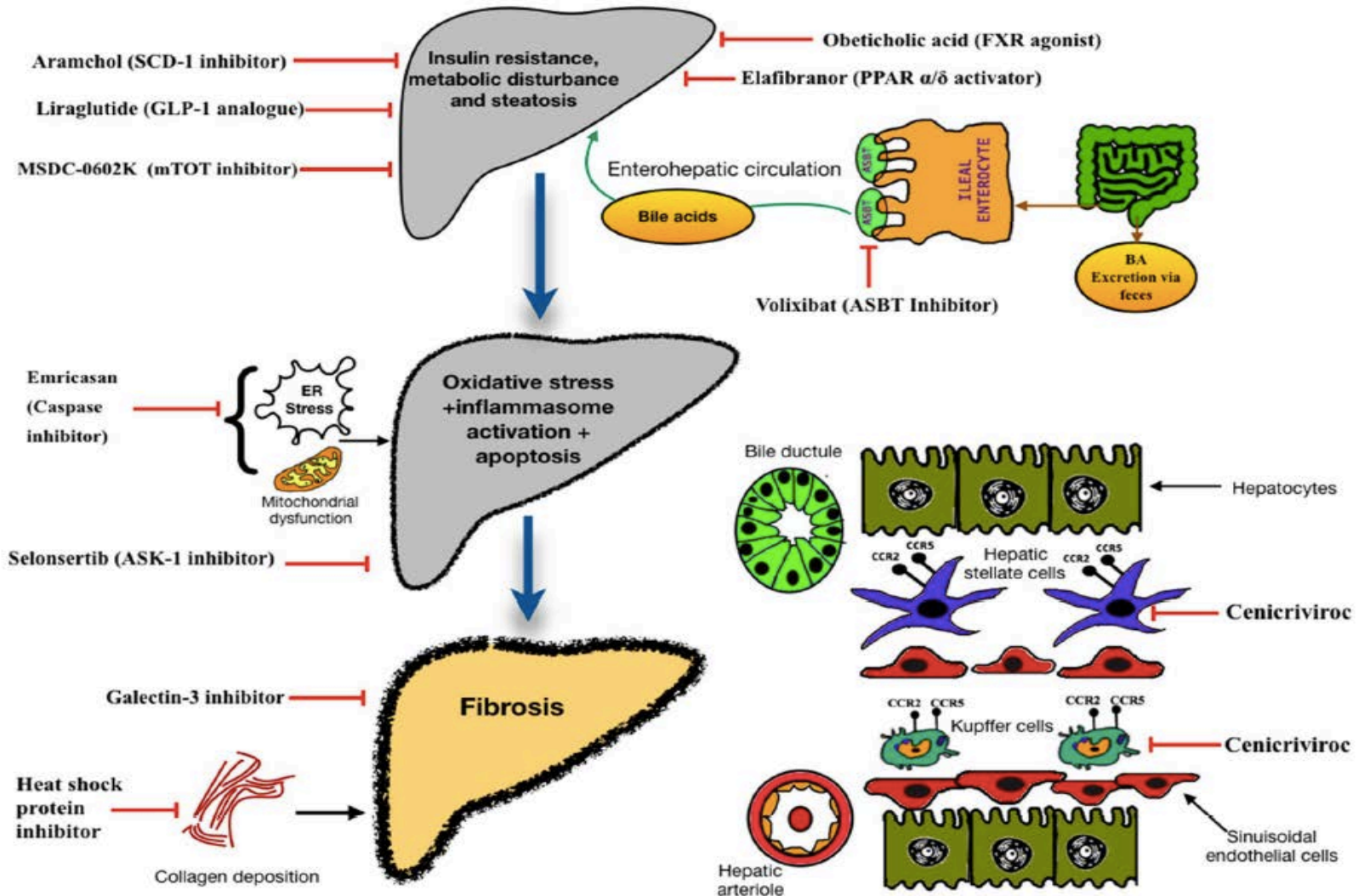


Management in HIV clinic
-weight loss, mx of CVD risk
-periodic fibrosis assessment

Appropriate End-points for therapeutics in NAFLD

- Early phase trials
 - Populations with NASH or at high-risk of NASH
 - Primary end-points based on mechanism of drug tested; e.g. reduction in hepatic fat by MR-Proton Density Fat Fraction, CAP
- Phase 3 studies
 - Biopsy proven NASH (NAS score >2) with F2+ fibrosis
 - Primary End-point
 - Complete resolution of steatohepatitis and no worsening of fibrosis
 - At least one point improvement in Fibrosis score with no worsening of steatohepatitis

Therapeutics for NASH – the NAFLD pipeline



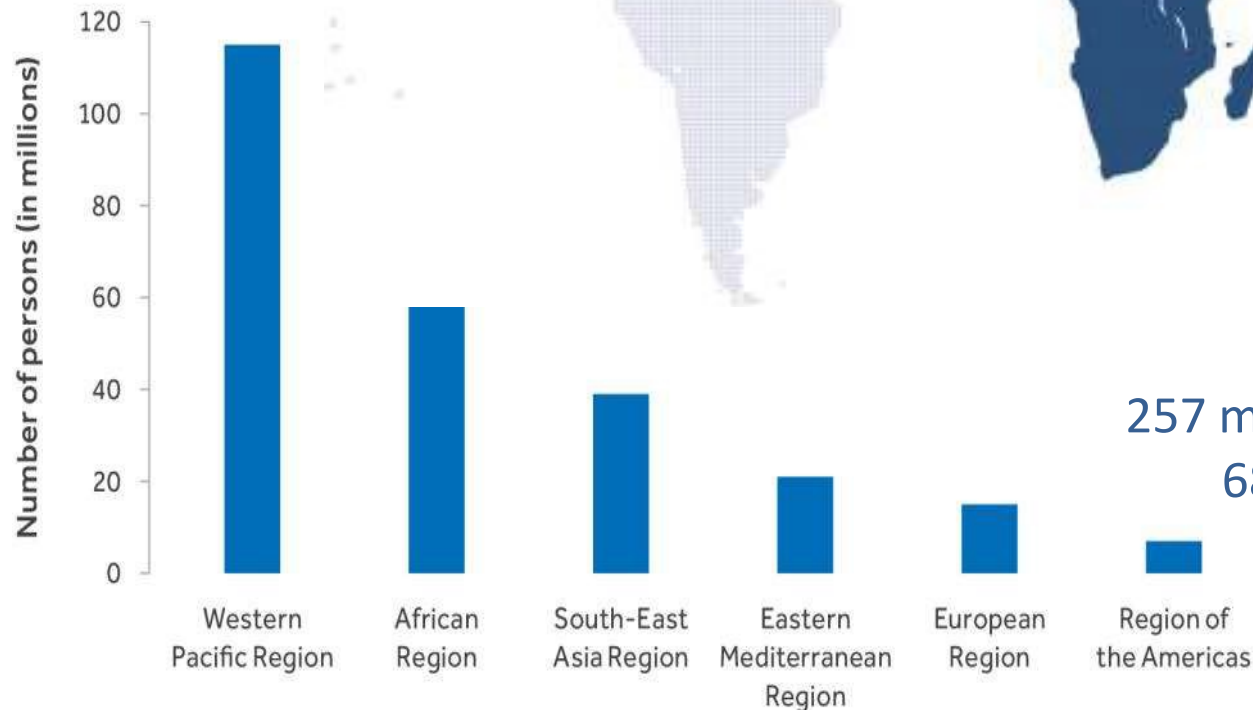
What works and what doesn't work – data to date...

- Diet/exercise
 - 5% weight loss improves steatosis
 - 7% improvement in inflammation
 - >10% for improvement in fibrosis
- Insulin sensitising agents
 - Glitazones/Metformin – ?effective in pre-diabetics/T2DM
- Anti-lipid therapies
 - Fibrates, statins may improve lipids BUT no/little effect on hepatic inflammation/fibrosis
- Anti-oxidants
 - Vitamin E works (but risk of Prostate cancer??)

GLOBAL STATUS OF HEPATITIS B

Incidence:

Chronic HBV infection in children under 5 reduced from 4.7% to 1.3% (immunization)

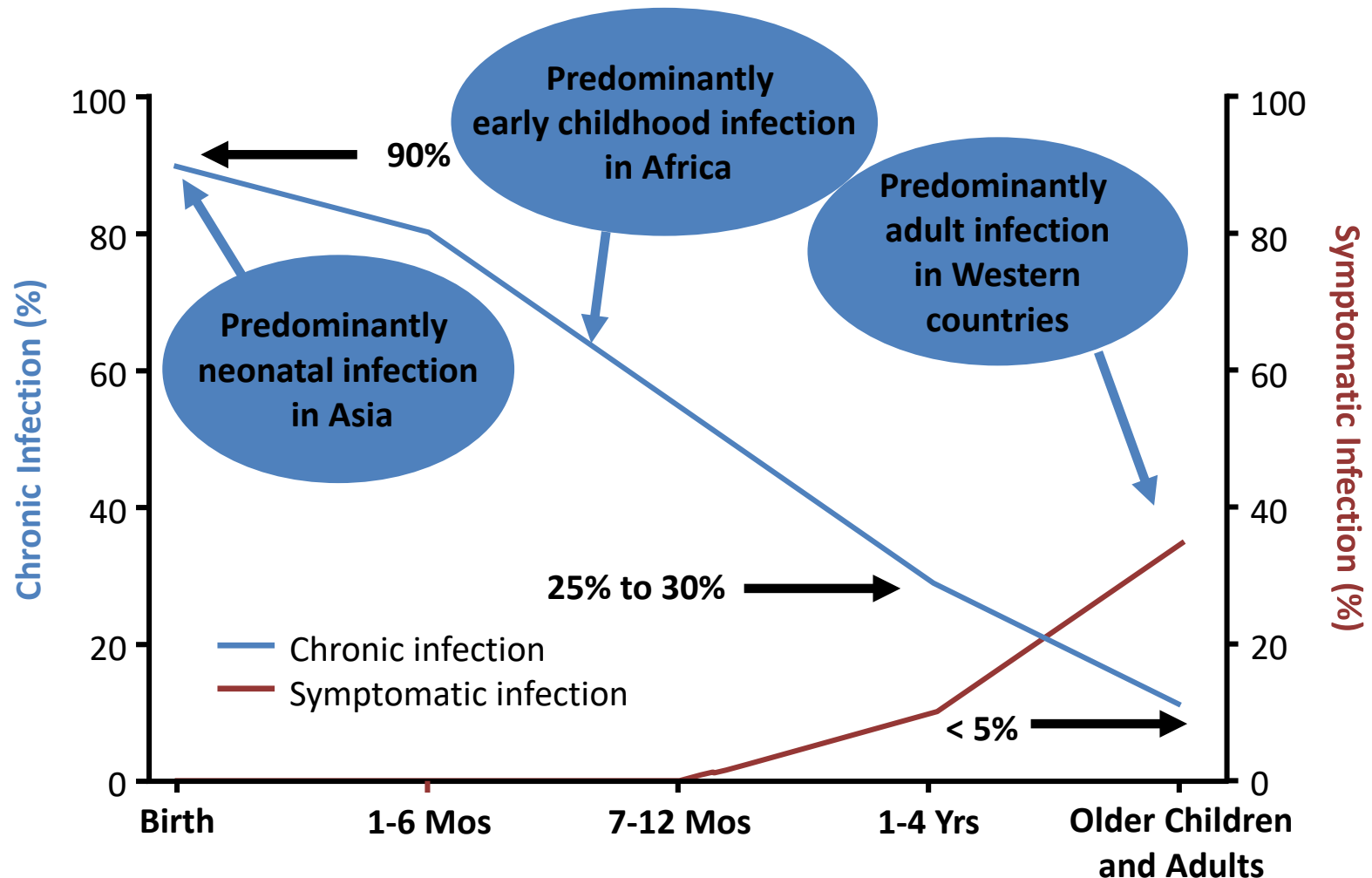


Prevalence:

257 million people living with HBV
68% in Africa /Western Pacific

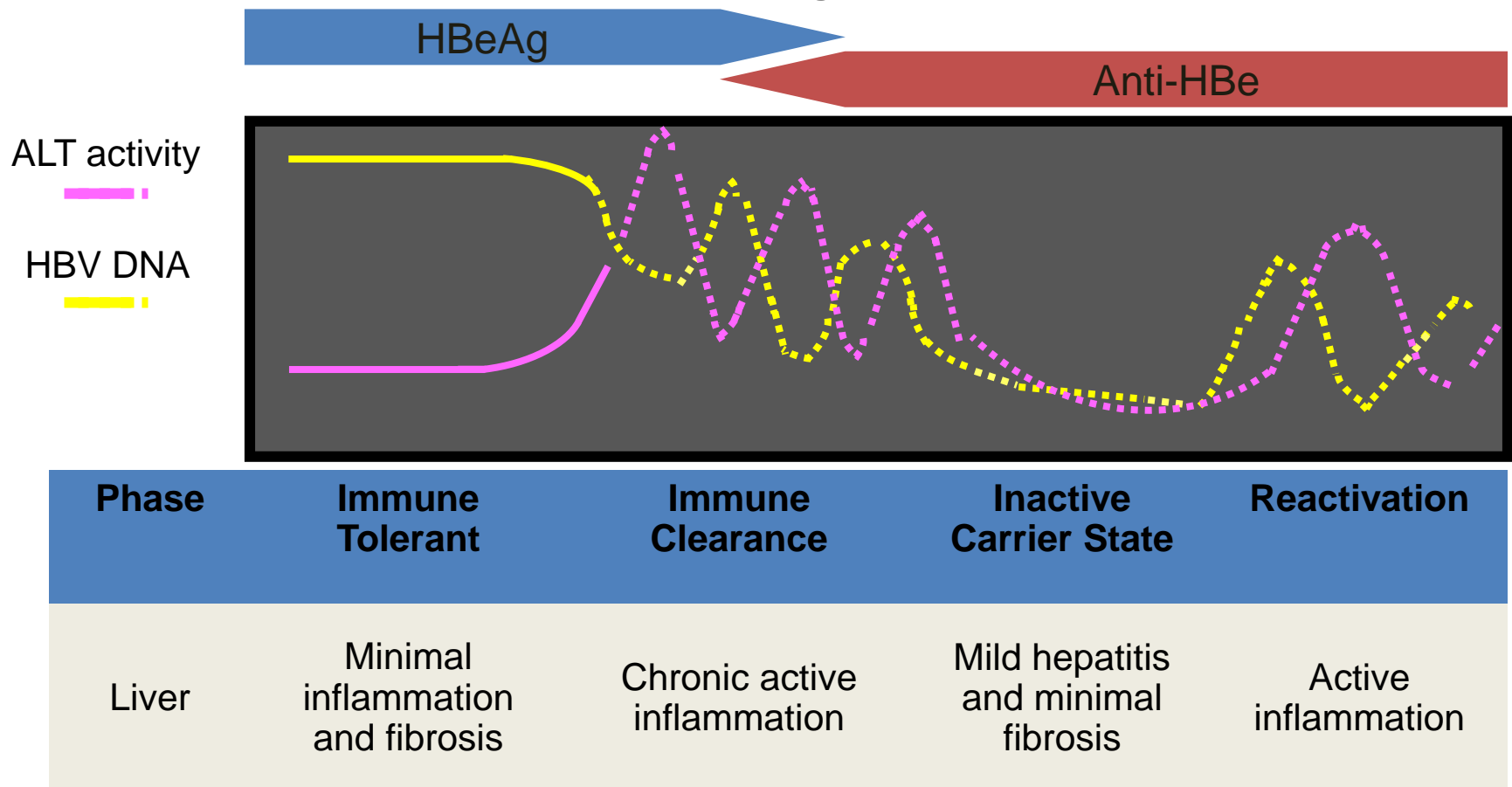
WHO Global Hepatitis
Report 2017

Outcome of HBV Infection by Age of Transmission

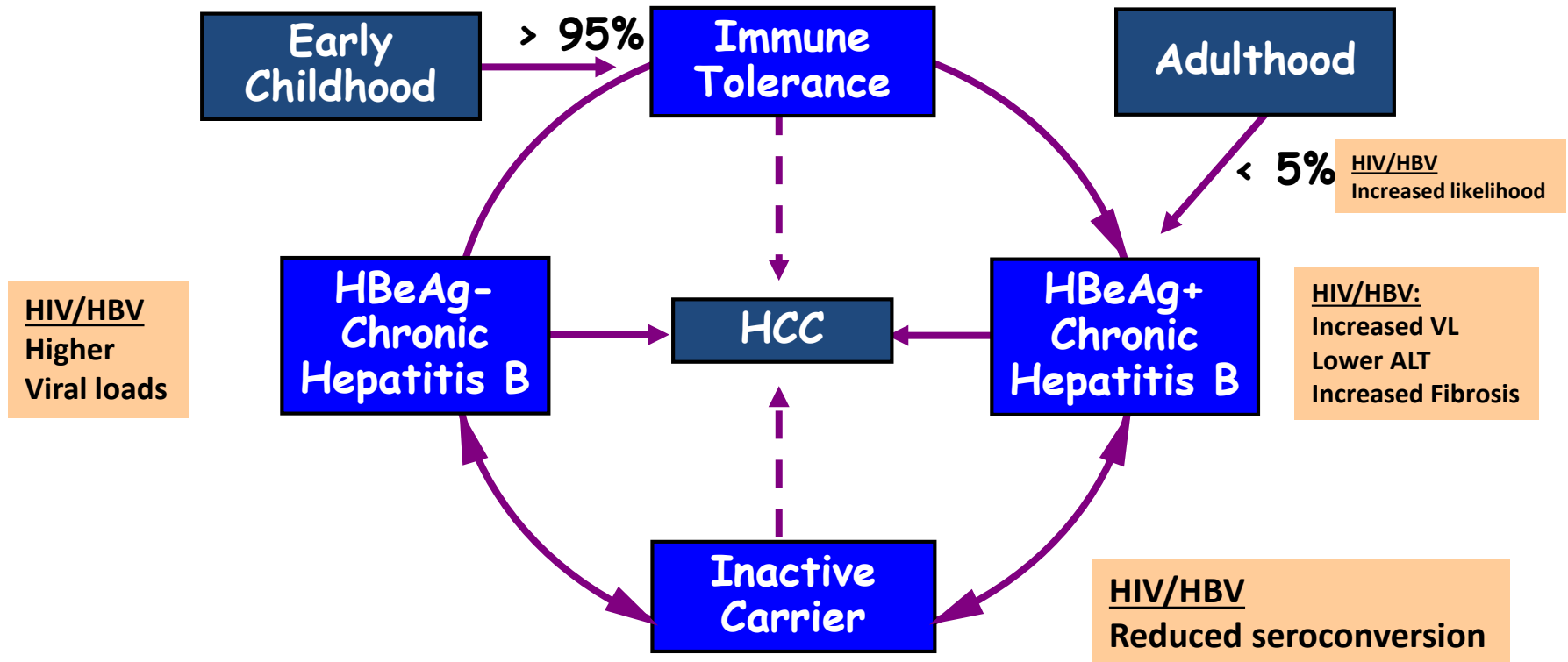


4 Phases of Chronic HBV Infection

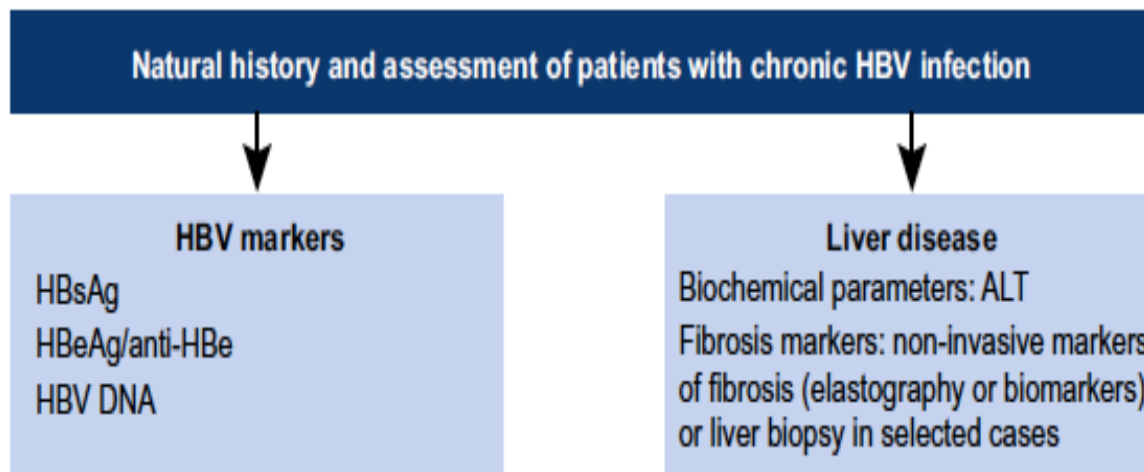
Current Understanding of HBV Infection



Natural history of HBV infection – where does HIV co-infection fit in?



Do we really need all this complexity?



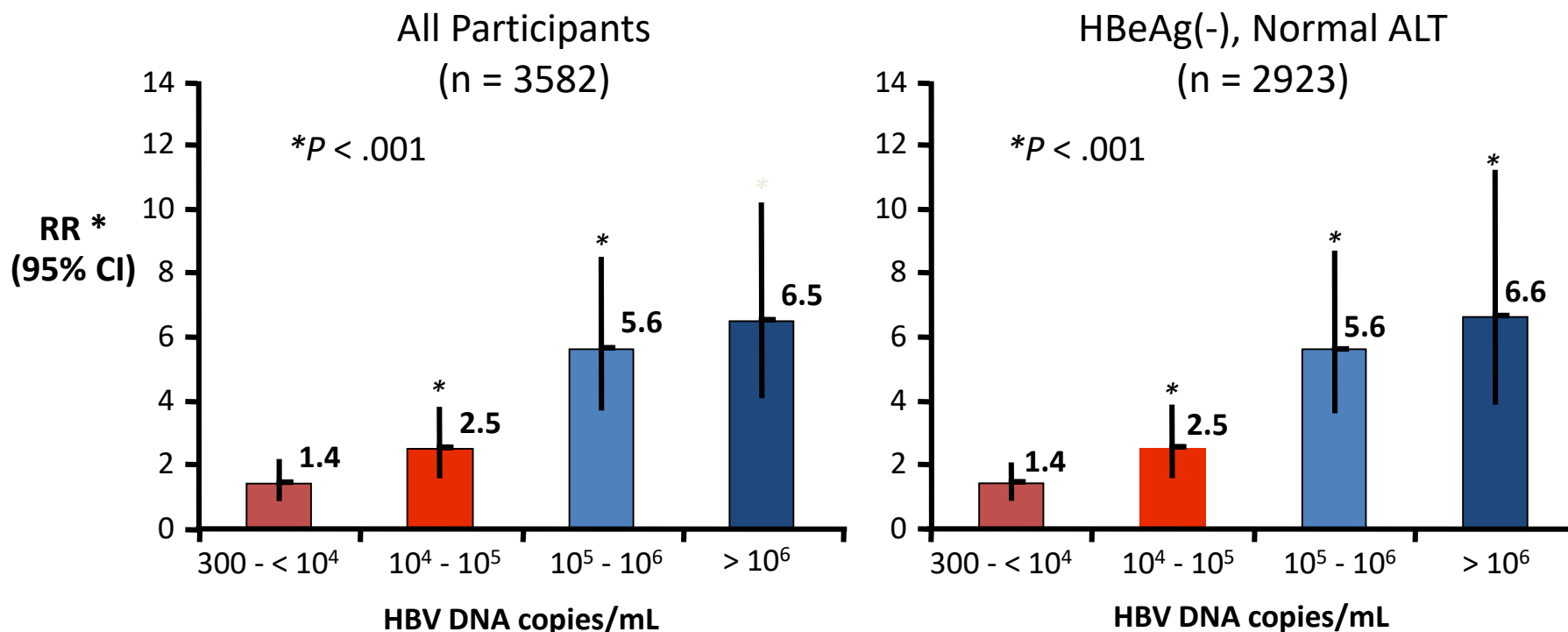
	HBeAg positive		HBeAg negative	
	Chronic infection	Chronic hepatitis	Chronic infection	Chronic hepatitis
HBsAg	High	High/intermediate	Low	Intermediate
HBeAg	Positive	Positive	Negative	Negative
HBV DNA	>10 ⁷ IU/ml	10 ⁴ -10 ⁷ IU/ml	<2,000 IU/ml ¹⁰⁰	>2,000 IU/ml
ALT	Normal	Elevated	Normal	Elevated*
Liver disease	None/minimal	Moderate/severe	None	Moderate/severe
Old terminology	Immune tolerant	Immune reactive HBeAg positive	Inactive carrier	HBeAg negative chronic hepatitis

When do we need to Rx HBV?

- Everybody with detectable HBV DNA?
- Based on HBV DNA levels?
- Those with evidence of significant liver disease?
 - Based on abnormal ALTs?
 - Histological activity/Fibrosis scores?

Level of HBV DNA (c/ml) at entry & progression to cirrhosis and risk of HCC

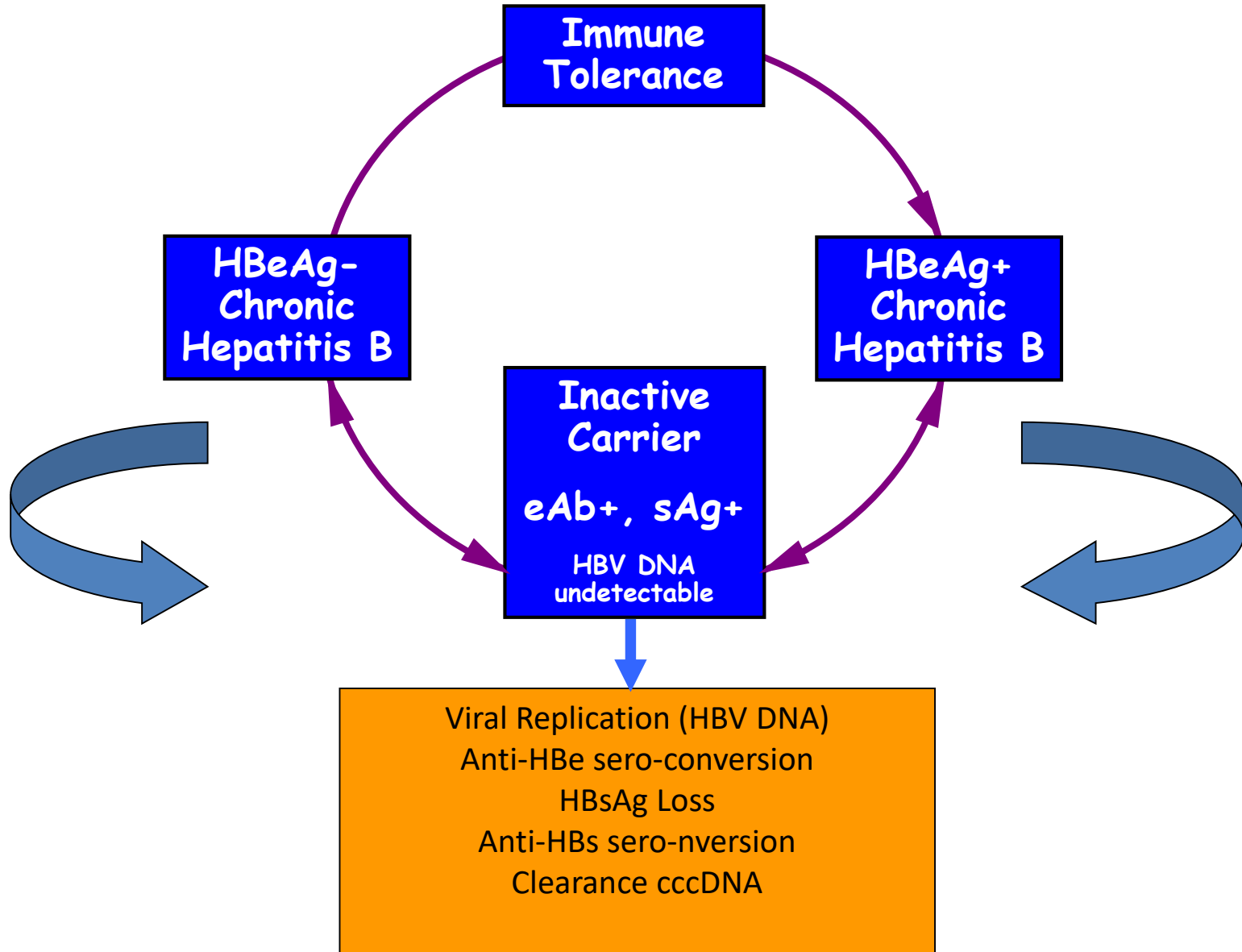
3582 HBsAg untreated asian carriers
mean follow-up 11 yrs → 365 patients newly diagnosed with cirrhosis



* Adjusted for age, sex, cigarette smoking, and alcohol consumption.

HBV-DNA viral load (> 10⁴ cp/ml) strongest predictor of progression to cirrhosis independent of ALT and HBeAg status

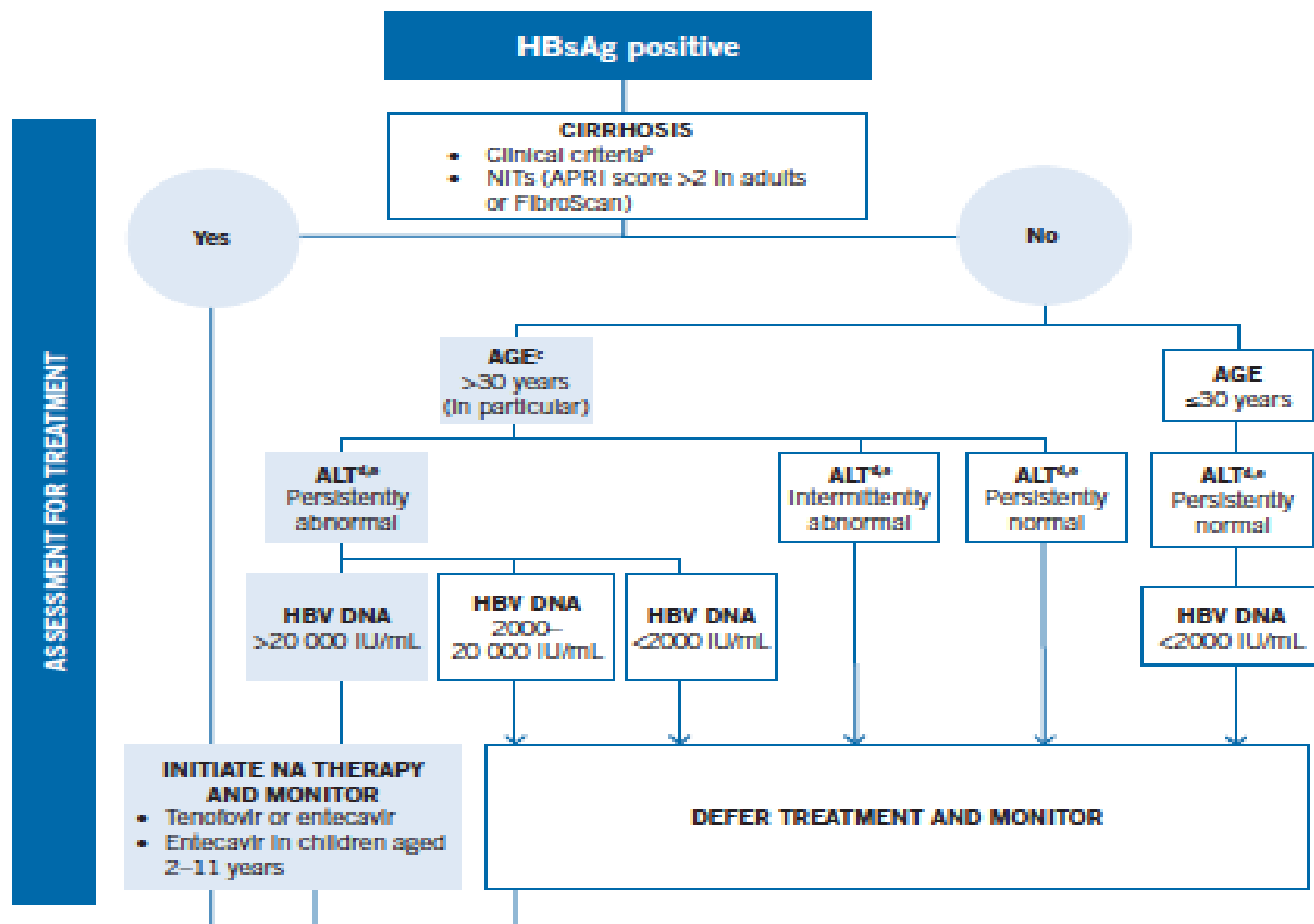
What does Rx aim to achieve?



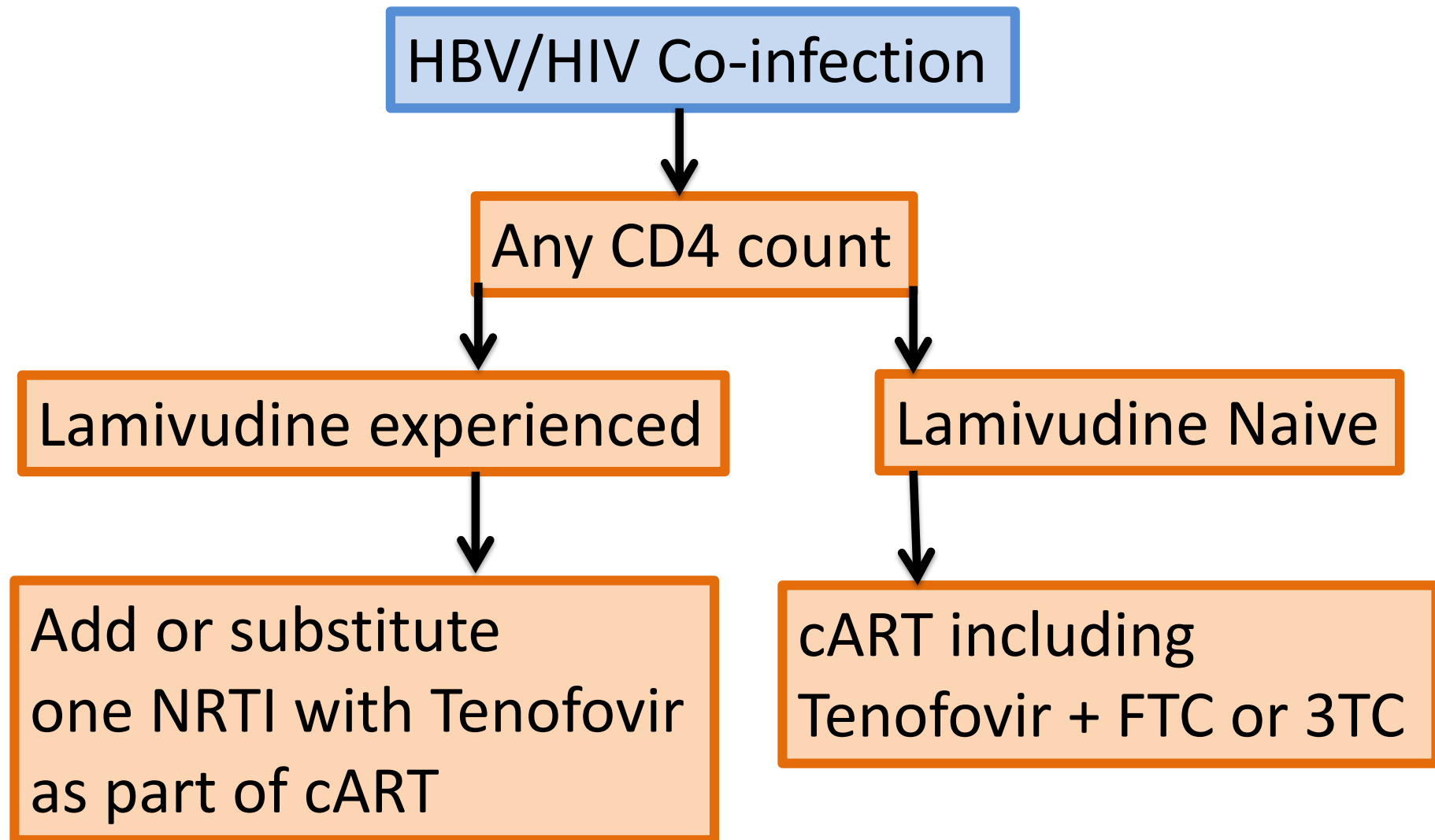
Three key inter-linked factors in the decision to treat

- Age
 - <30yrs vs. >30yrs
 - FH of HCC
- Level of fibrosis/inflammation
 - Cirrhosis
 - F2+ fibrosis
 - Abnormal liver enzymes
- HBV DNA levels
 - >20 000 IU/ml

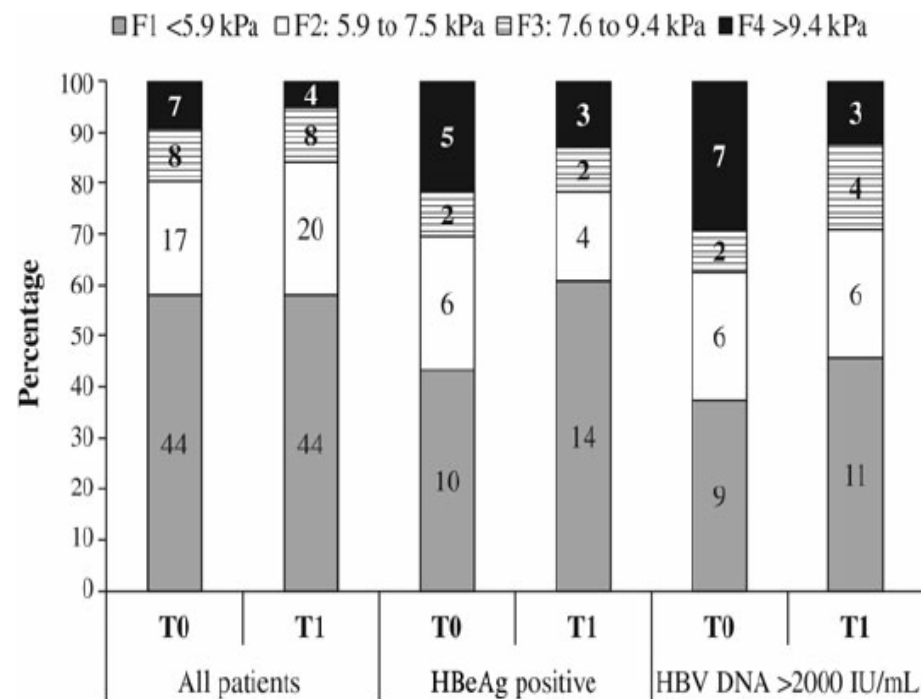
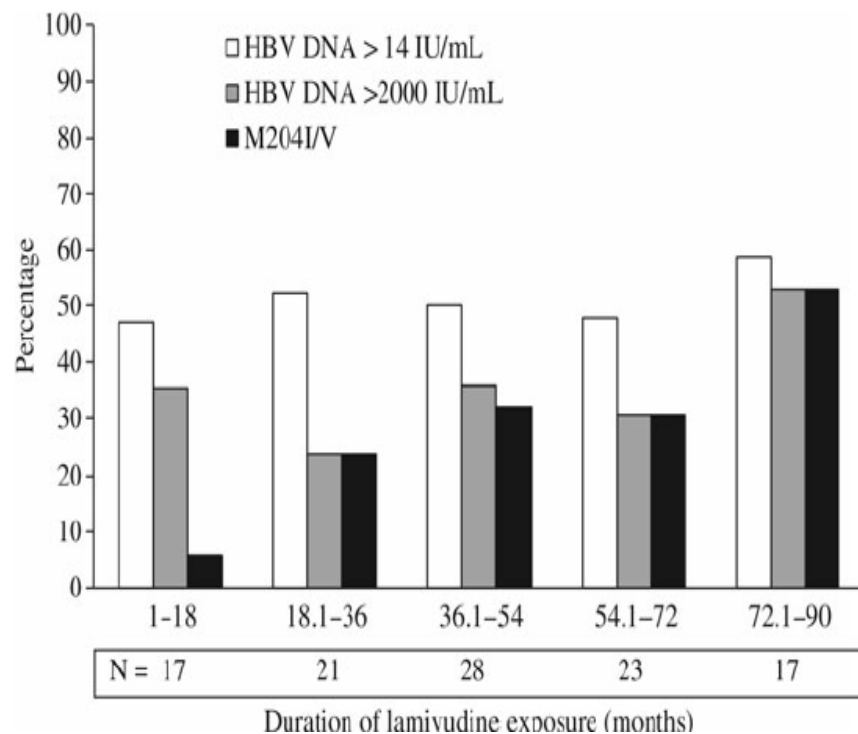
ALGORITHM OF WHO RECOMMENDATIONS ON THE MANAGEMENT OF PERSONS WITH CHRONIC HEPATITIS B INFECTION^a



EACS Guidelines 2018

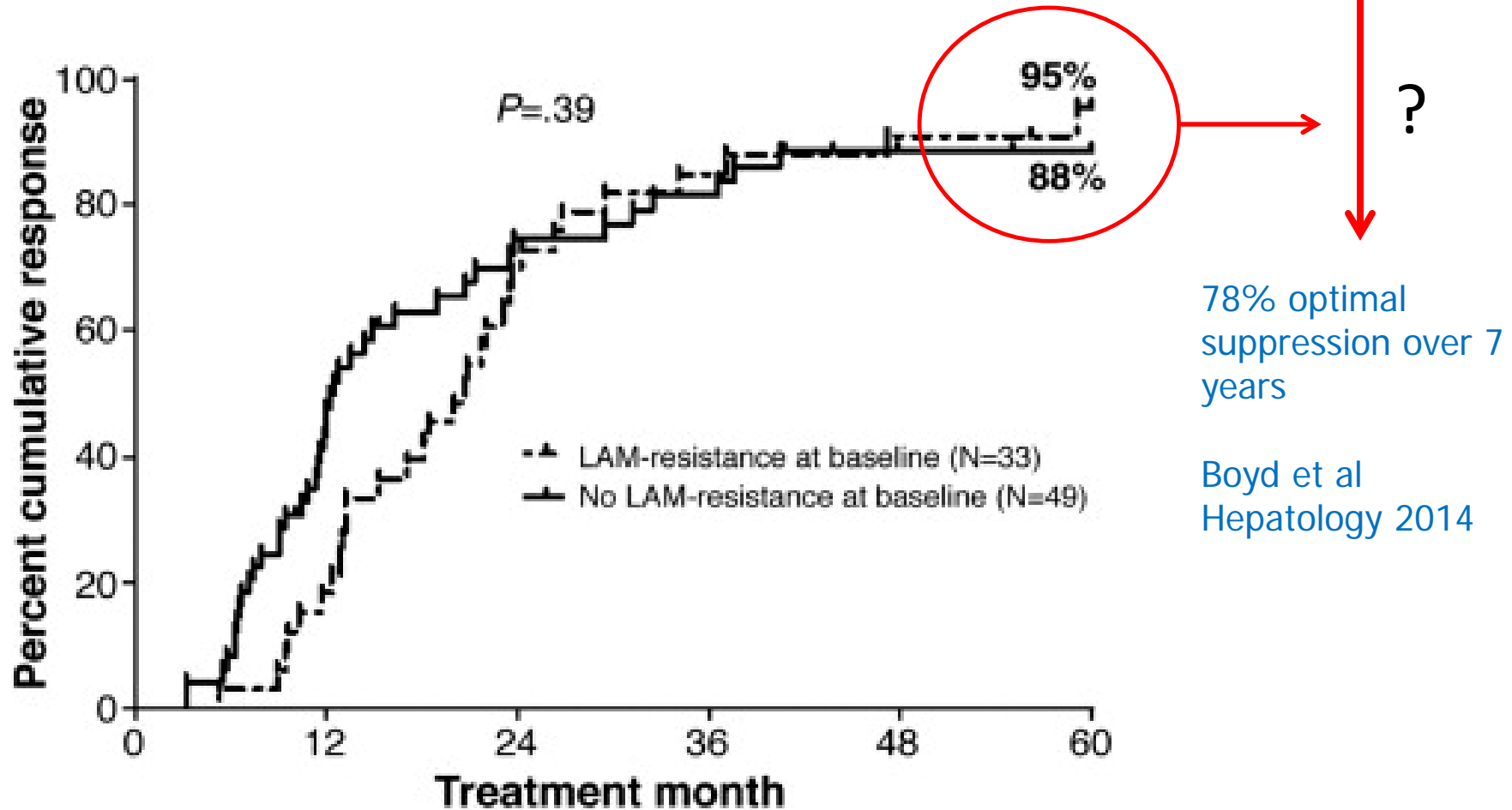


Liver Fibrosis by Transient Elastography and Virologic Outcomes After Introduction of Tenofovir in Lamivudine-Experienced Adults With HIV and Hepatitis B Virus Coinfection in Ghana



Efficacy is never 100%

8-10% remain viraemic on tenofovir



Factors associated with detectable HBV DNA

- On truvada based therapy at least 6 months
- Undetectable HIV RNA < 400 c/ml

	OR	95% CI	p-value
Age (per 10 yrs)	0.90	0.48, 1.69	0.74
HBeAg positive	12.06	3.73, 38.98	<0.0001
<95% adherent	2.52	1.16, 5.48	0.02
HAART <2 yrs	2.64	1.06, 6.54	0.04
CD4 < 200 cells/mm ³	2.47	1.06, 5.73	0.04

Long term adherence is always a challenge

Prophylaxis Effect of TDF in Prevention of HBV Acquisition in HIV (+) Patients

- HIV infected; HBV uninfected MSM
- Patients were serologically evaluated for HBV infection stratified by NRTI-ART

Frequency and Hazard Ratio of HBV Incident Infection

ART	Observation Period (Person-Years)	Incident Infection	HR (95% CI)	P-Value
No ART	446	30	1	
Other ART	114	6	.924 (.381-2.239)	.861
ART containing (LAM, TDF, or FTC)	1047	7	.113 (1.049-.261)	<.001
LAM-ART	814	7		
TDF-ART	233	0		

TDF containing ART resulted in zero HBV infections¹

**Statistically longer HBV-free survival with TDF compared to 3TC or no treatment
(p = 0.004 and 0.001) ²**

1. Gatana, H, et al., *CID* 2013;56 June 15

2. Heuft, M, et al. CROI 2013. Oral Abstract Session 9, paper 33

Renal impairment with TDF

- 240 patients with a 3year-time follow-up, normal eGFR at baseline1
- >400 HIV+ patients receiving TDF

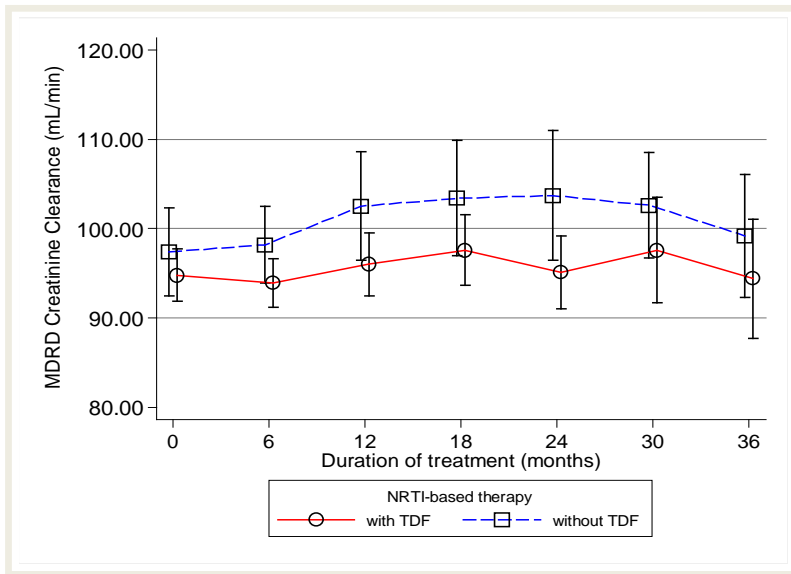
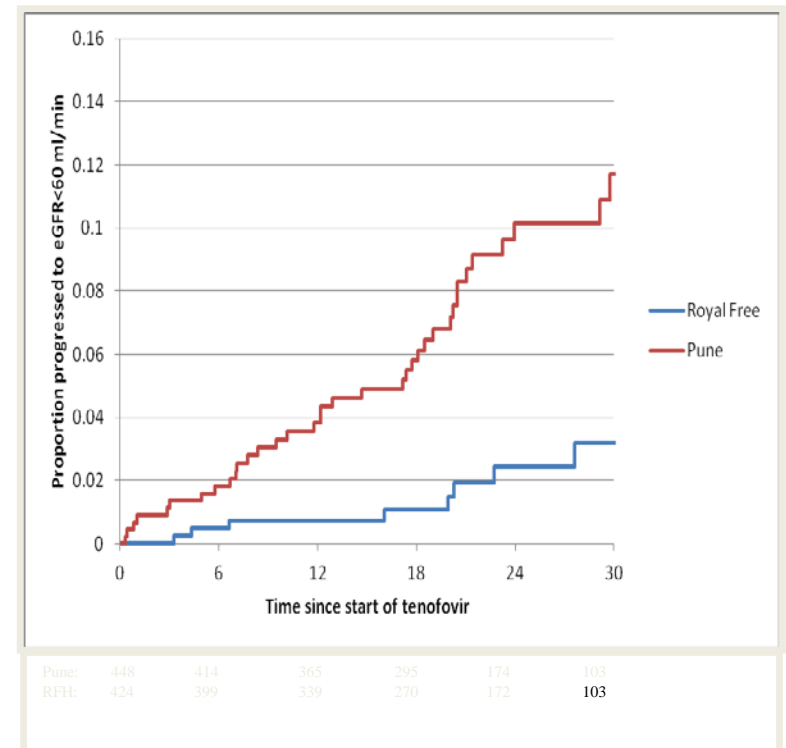


Figure 1: MDRD clearance over time

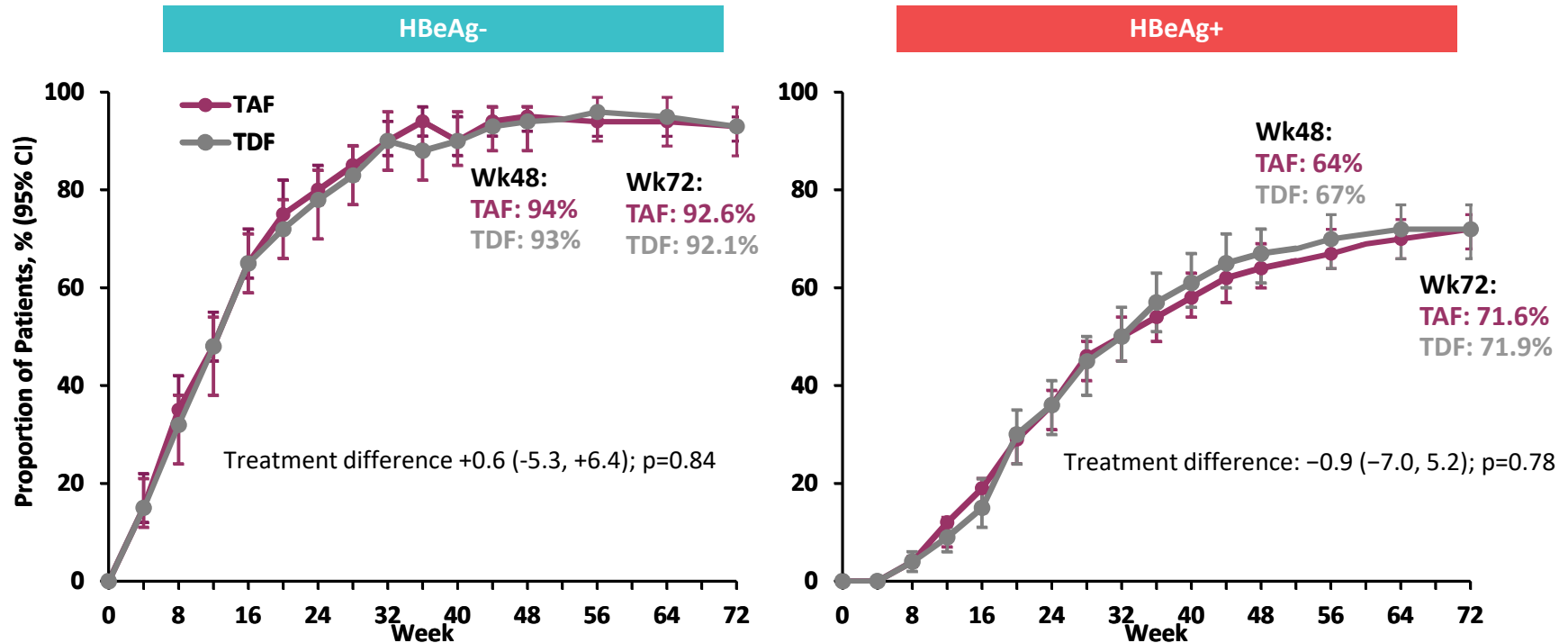


Strategies when TDF is contra-indicated?

- Switch to Entecavir (caution if LAM-R)
- Switch to Tenofovir Alafenamide

Antiviral Efficacy of TAF and TDF at Week 72

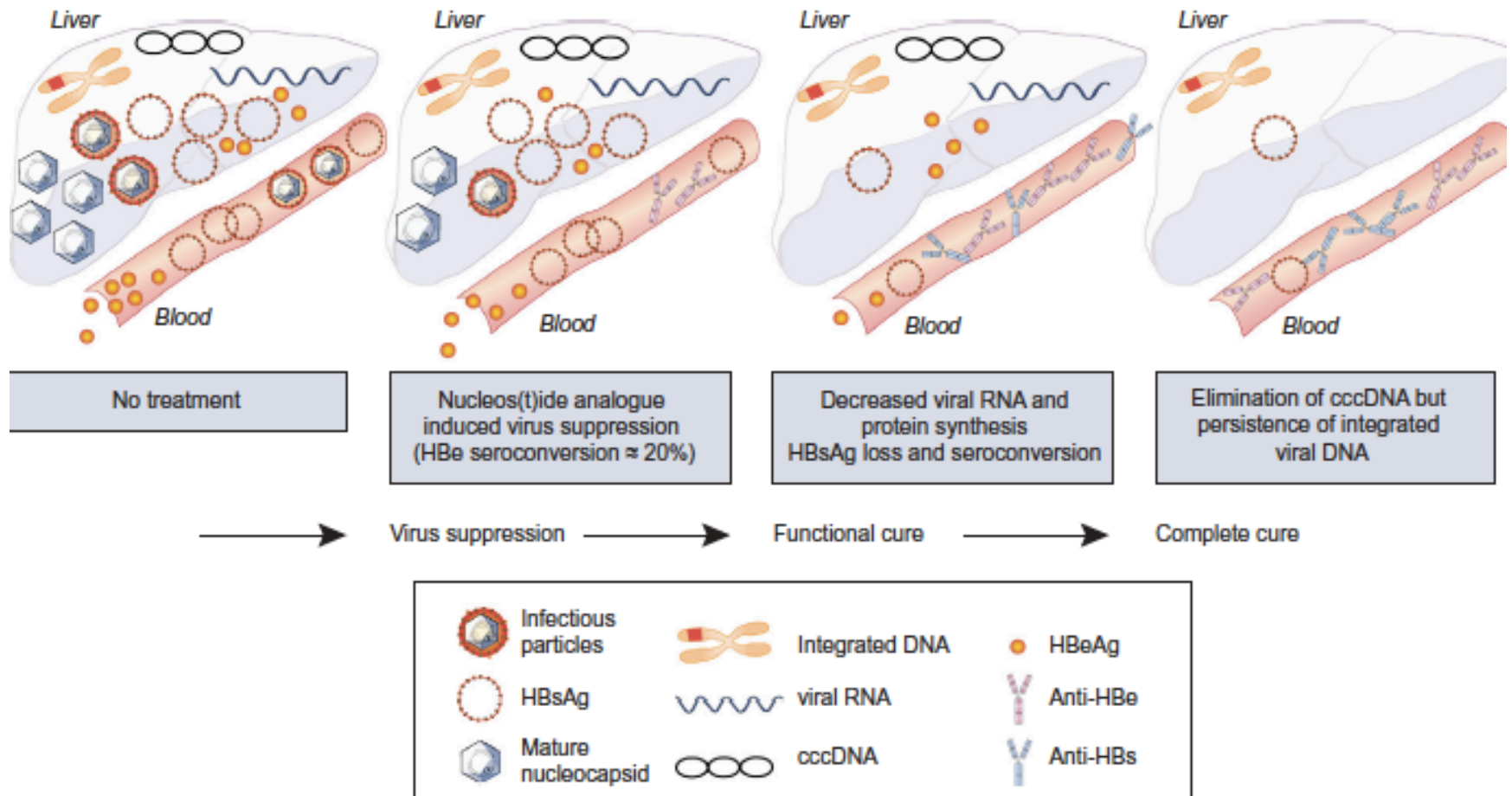
Rates of Viral Suppression HBV DNA <29 IU/mL

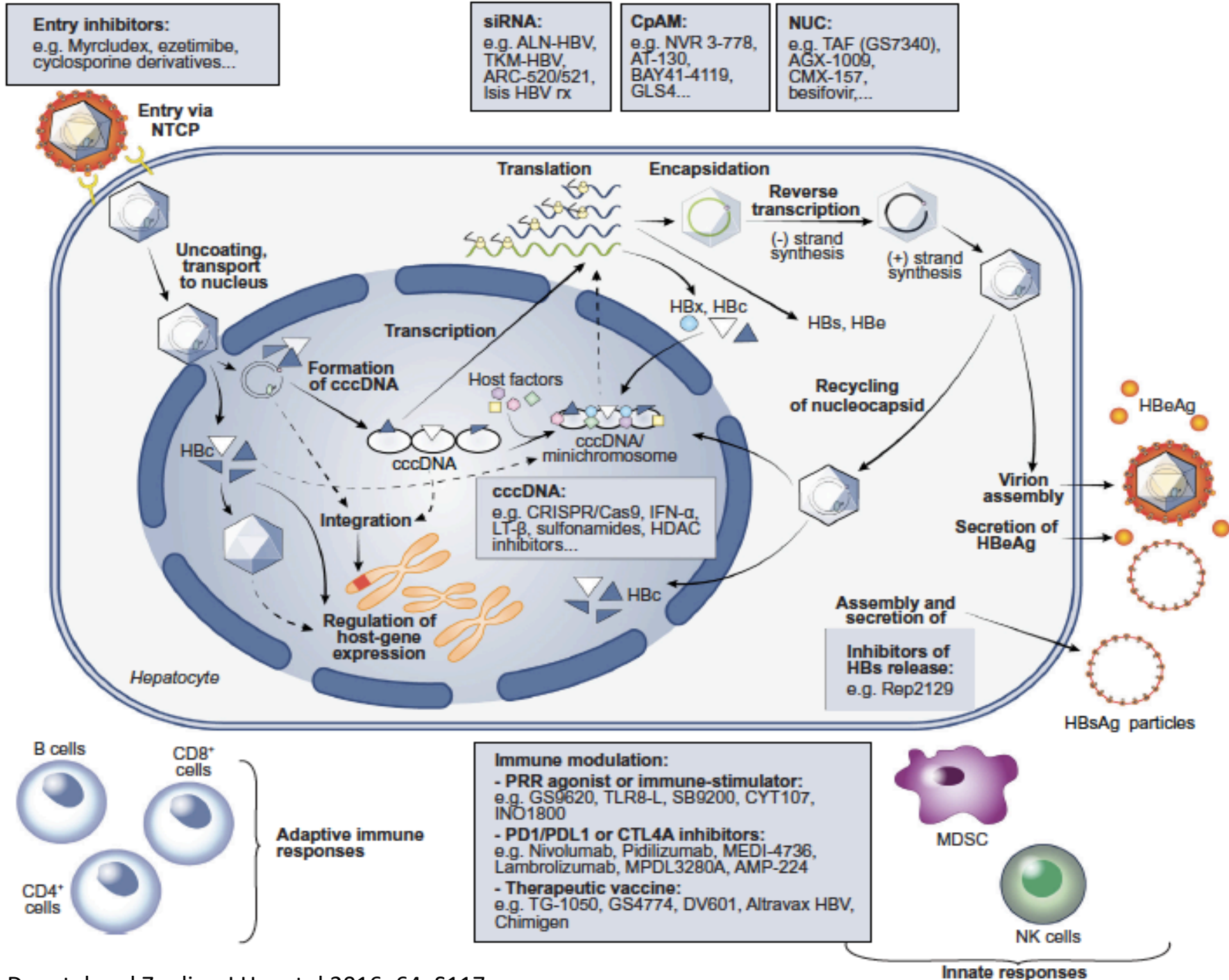


- HBV DNA suppression rates were lower in HBeAg+ vs HBeAg- patients
- No significant difference between TAF and TDF
- No resistance was detected through 48 weeks

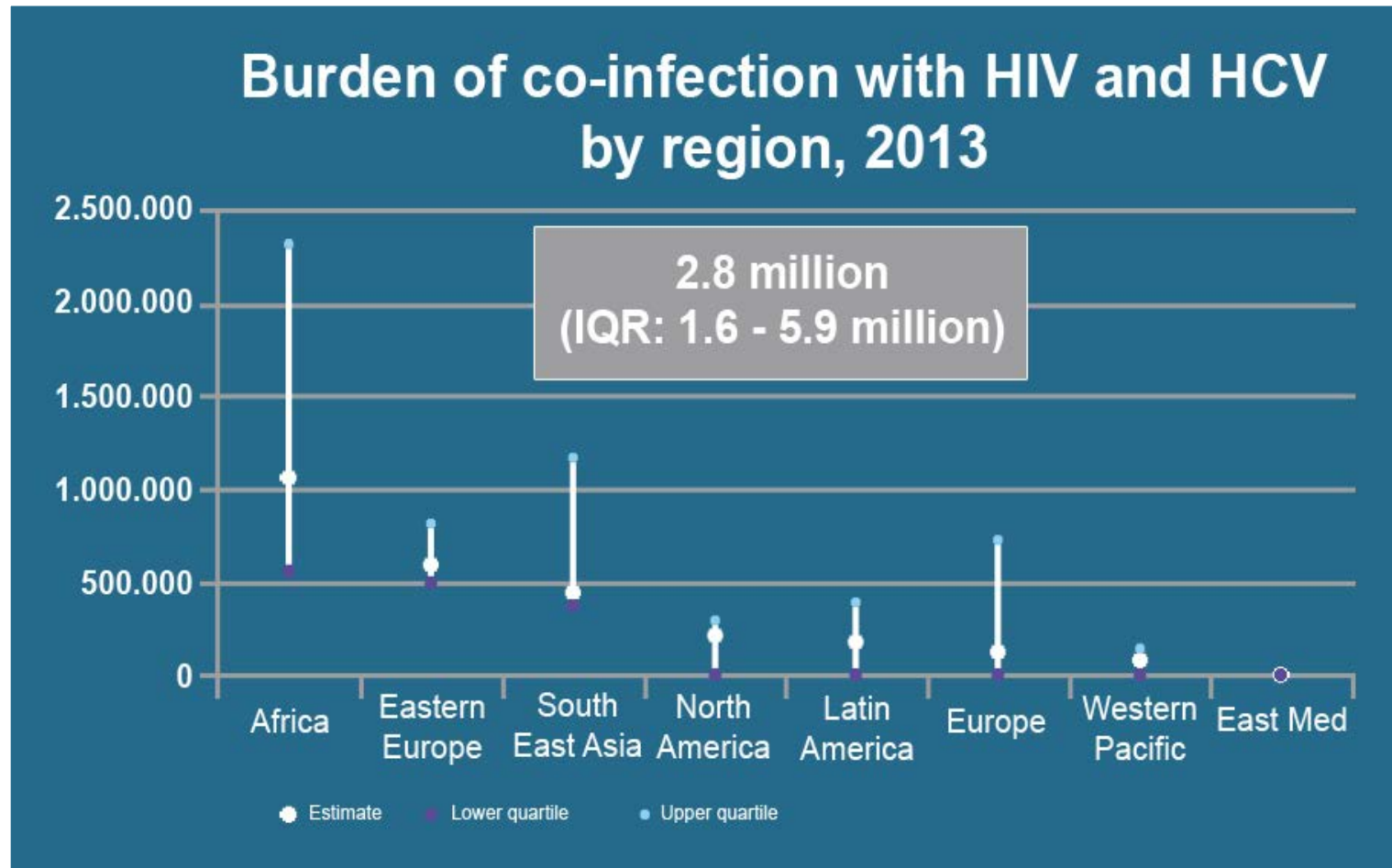
**HBV DNA suppression was comparable between TAF and TDF
treatment up to Week 72**

The 'cure' agenda in HBV





Burden of HCV in HIV populations



HIV/HCV – double-trouble for the liver

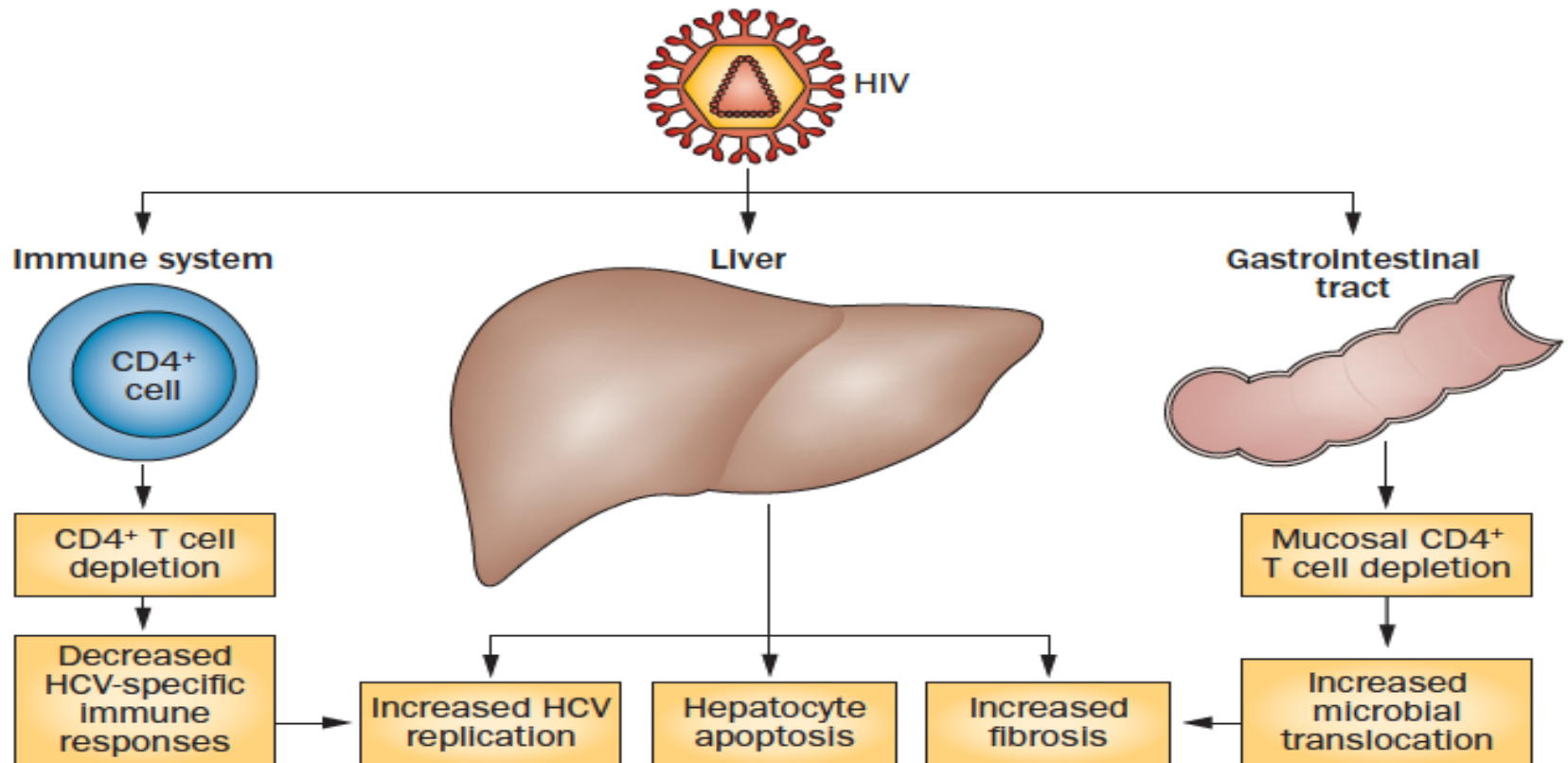


Figure 1 | Driving factors underlying liver disease pathogenesis in HCV–HIV co-infection. HIV infection leads to an impaired immune response against HCV, increased HCV replication, hepatic inflammation and apoptosis, increased microbial translocation from the gastrointestinal tract and increased fibrosis.

Faster progression even when controlling for alcohol and other co-morbidities

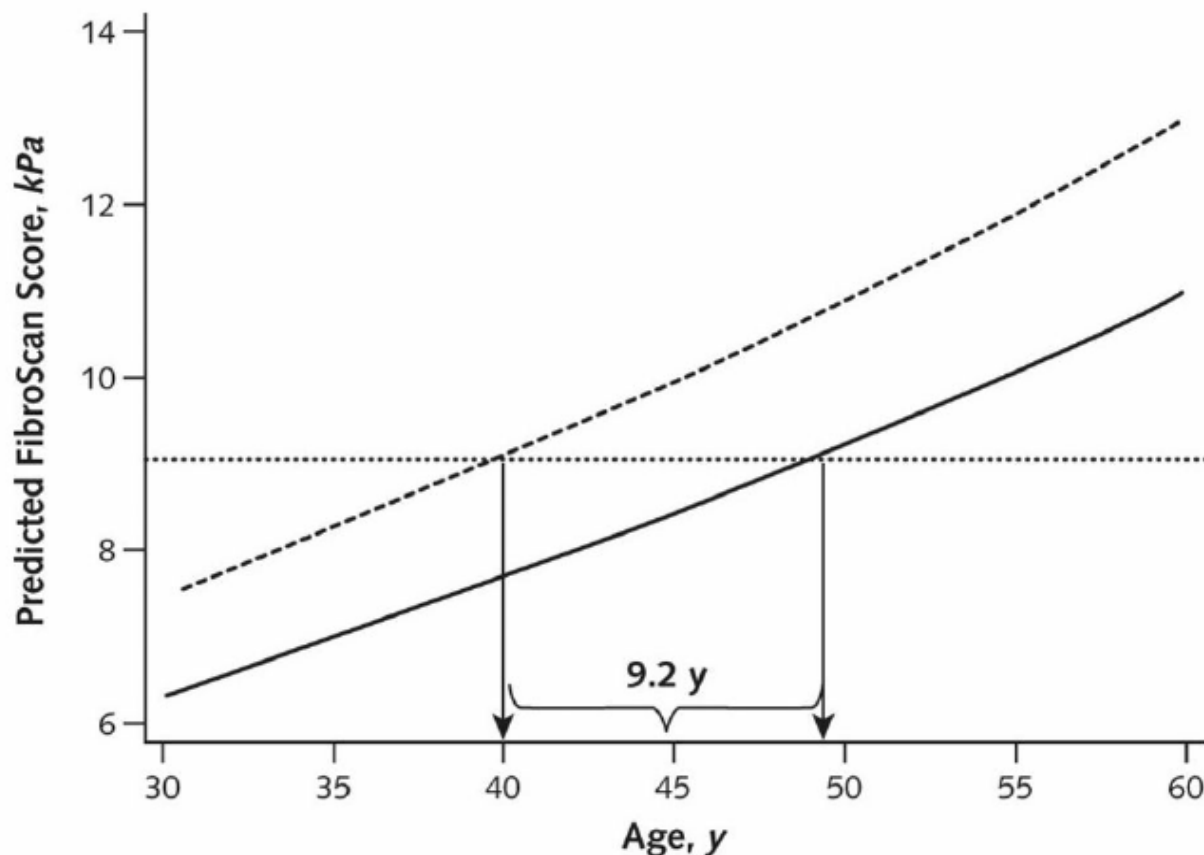
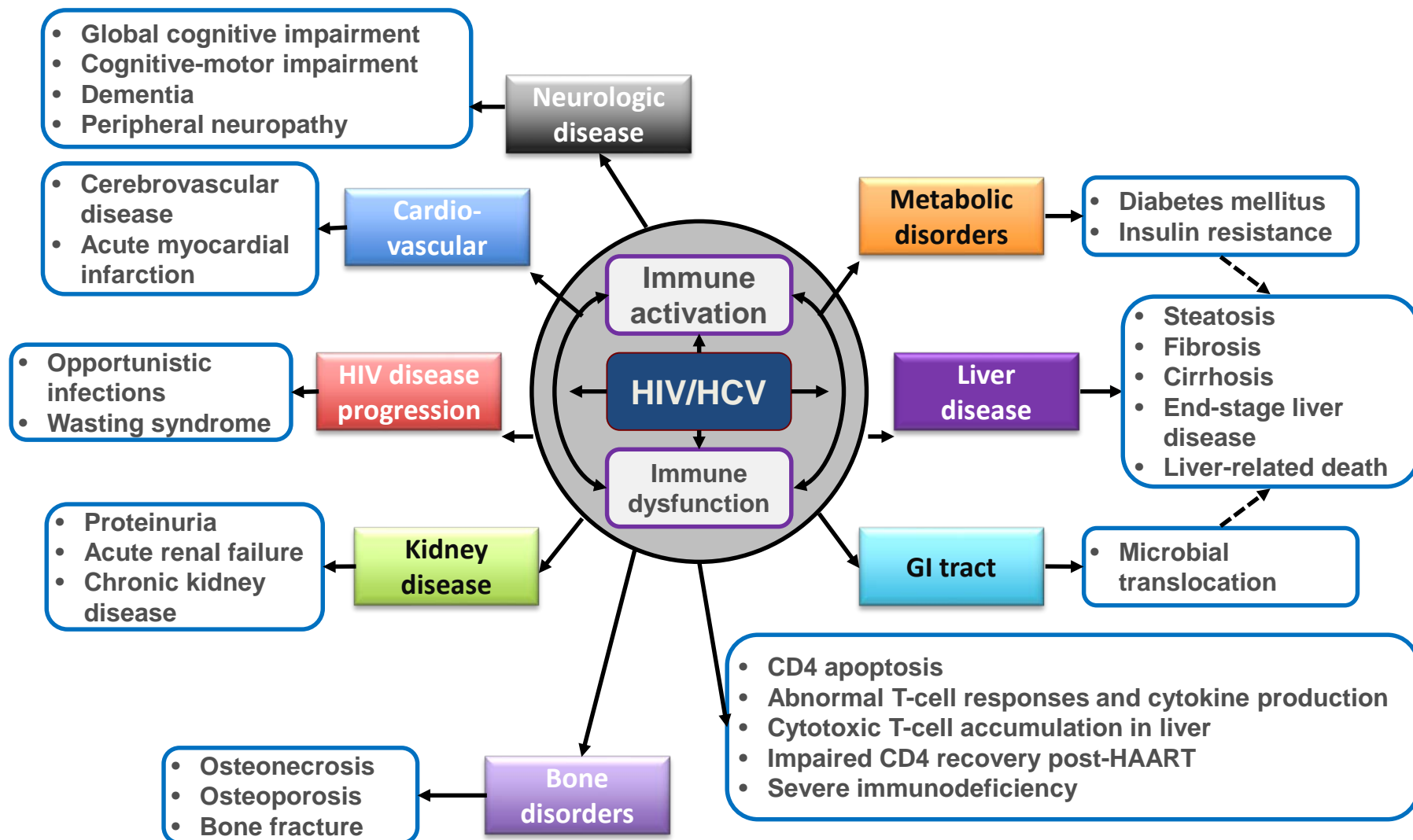


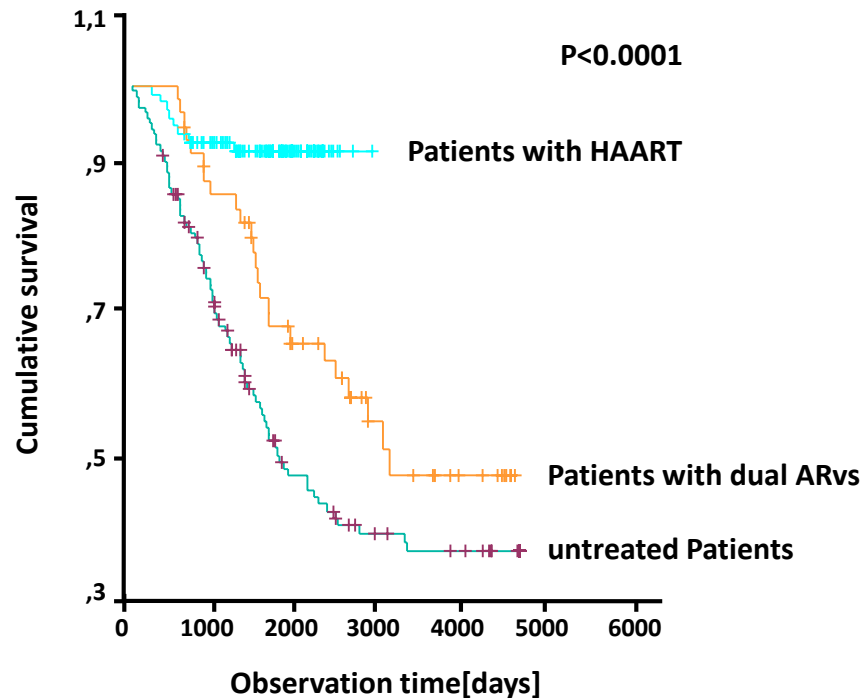
Figure 3. Liver fibrosis and age among persons coinfecting with HIV and HCV (dashed line) and those with only HCV (solid line)

HIV/HCV – a contribution to multiple organ dysfunction



Overall and Liver-related Mortality - effect of HAART

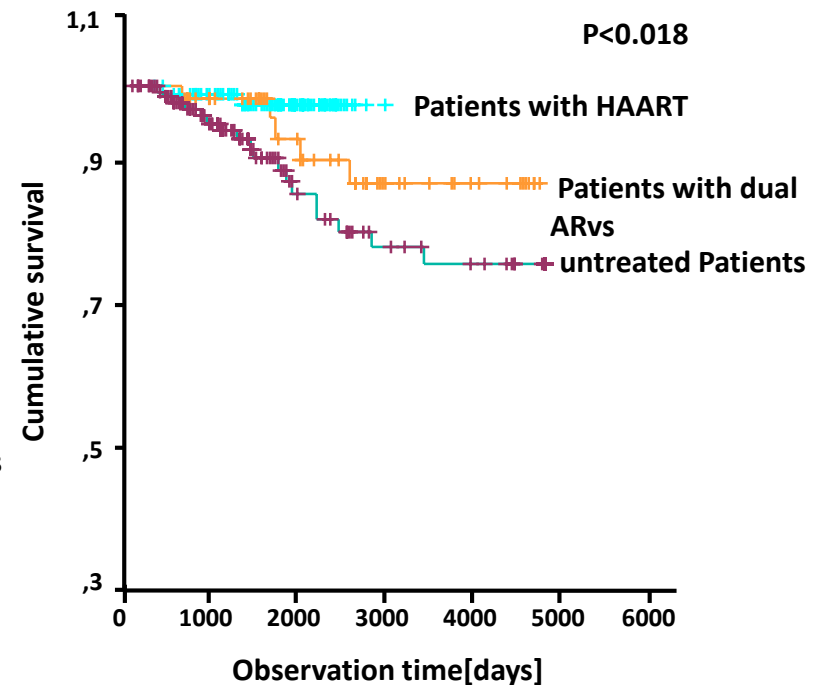
A) Overall-Mortality



Patients under observation:

HAART-group:	93	79	33	-	-	-
ART-group:	55	46	30	15	9	1
Untreated-group:	13794	49	37	32	27	

B) Liver-related-Mortality

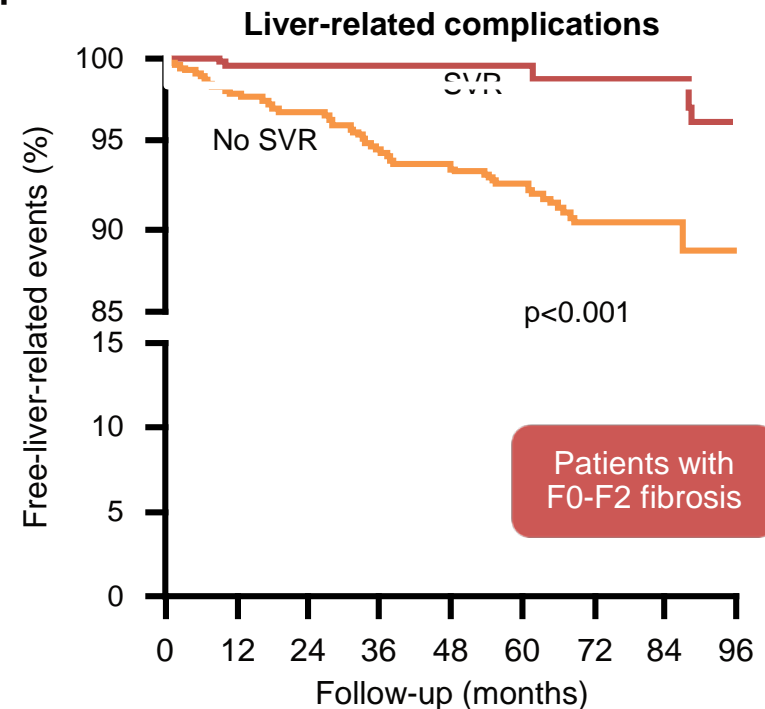
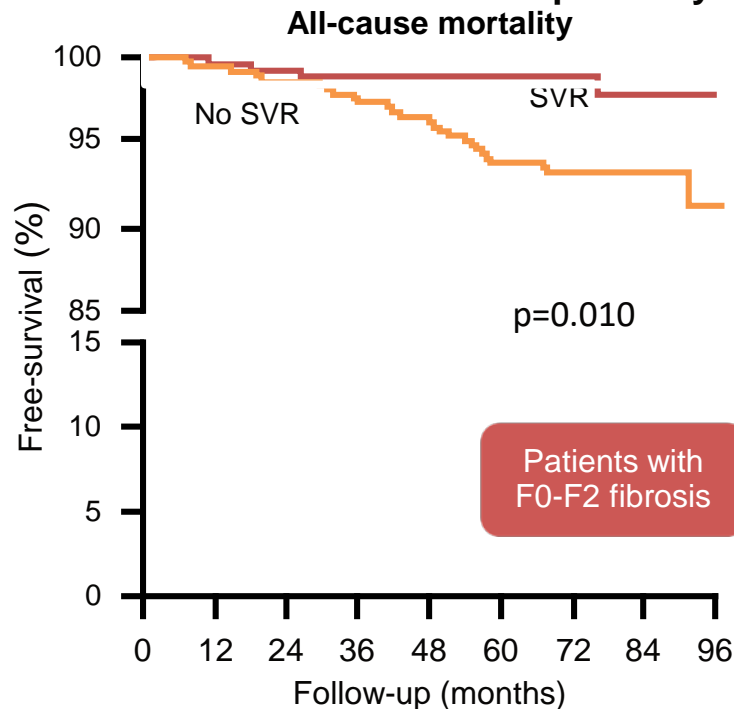


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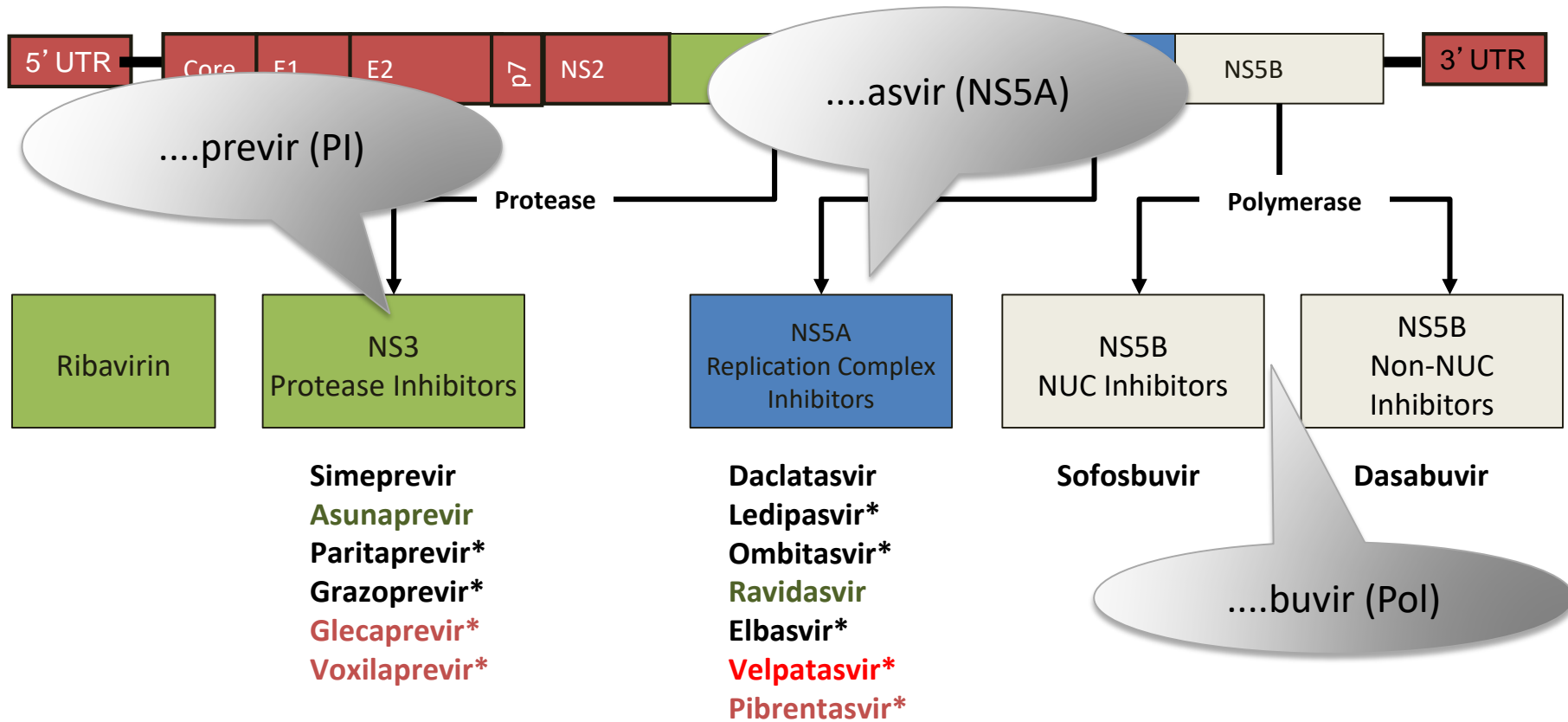
SVR in HIV/HCV co-infected patients with mild Fibrosis

- A total of 695 HIV/HCV-co-infected patients were treated with IFN/RBV after a median follow-up of 4.9 years. 274 patients achieved an SVR























The achievement of an SVR after interferon-ribavirin therapy in patients co-infected with HIV/HCV and with mild Fibrosis reduces liver-related complications and mortality

Current DAAs



Not All Direct-Acting Antivirals are Created Equal

Characteristic	Protease Inhibitor*	Protease Inhibitor**	NS5A Inhibitor	Nuc Polymerase Inhibitor	Non-Nuc Polymerase Inhibitor
Resistance profile					
Pangenotypic efficacy					
Antiviral potency					
Adverse events					



Good profile



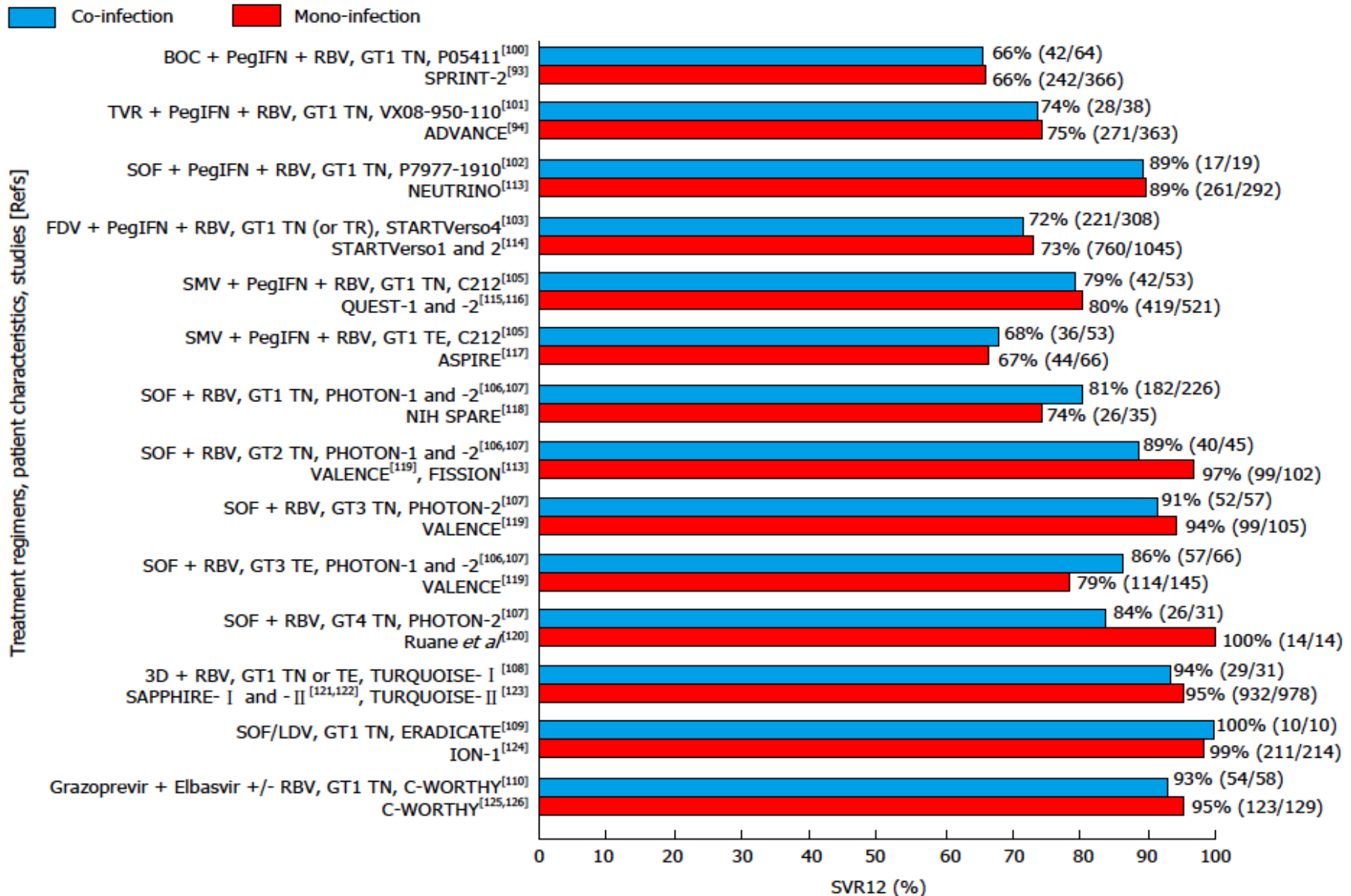
Average profile



Least favorable profile

*First generation. **Second generation.

Do HIV+ respond differently to mono-infected patients?



Drug-drug Interactions

HCV drugs		ATV/c	ATV/r	DRV/c	DRV/r	LPV/r	EFV	ETV	NVP	RPV	MVC	DTG	EVG/c	RAL	ABC	FTC	3TC	TAF	TDF	ZDV	
DAAs	daclatasvir	↑ ⁱ	↑110% ⁱ	↑	↑41%	↑15%	↓32% ⁱⁱ	↓	↓	↔	↔	E33%	↑ ⁱ	↔	↔	↔	↔	↔	↑10% E10%	↔	
	elbasvir/ grazoprevir	↑	↑	↑	↑	↑	↓54/83%	↓	↓	↔	↔	↔	↑	E43%	↔	↔	↔	↔	↓7/14% E34%	↔	
	glecaprevir/ pibrentasvir	↑	↑553/64%	↑	↑397%/-	↑338/146%	↓	↓	↓	E84%	E	↔	↑205/57% E47%	E47%	↔	↔	↔	↔	E29%	↔	
	parita- previr/r/ ombitasvir/ dasabuvir	↑	↑94% ⁱⁱⁱ	↑	D ^{iv}	↑	^{vi}	↓E	↓E	E ^{vii}	E	↔	↑	E134%	↔	↔	↔	E	↔	↔	
	paritaprevir/ r/ombitasvir	↑	↑ ⁱⁱⁱ	↑	↑ ^v	↑	^{vi}	↓E	↓E	E ^{vii}	E	↔	↑	E20%	↔	↔	↔	E	↔	↔	
	simeprevir	↑	↑	↑	↑	↑	↓71%	↓	↓	↑6% E12%	↔	↔	↔	↑	↓11% E8%	↔	↔	↔	↔	↓14% E18%	↔
	sofosbuvir/ ledipasvir	↑ ^{viii}	↑8/113% ^{viii}	↑ ^{viii}	↑34/ 39% ^{viii}	↔ ^{viii}	↓-/34%	↔	↔	↔ ^{viii}	E	↔	↑36/ 78%E ^{viii}	D≈20%	↔	↔	↔	E32%	E ^{viii}	↔	
	sofosbuvir/ velpatasvir	↔ ^{viii}	↑-/142% ^{viii}	↔ ^{viii}	↓28%/- ^{viii}	↓29%/- ^{viii}	↓-/53%	↓	↓	↔	E	↔	↑ ^{viii}	↔	↔	↔	↔	↔	E ^{viii}	↔	
	sofosbuvir/ velpatasvir/ voxilaprevir	↑	↑40/93/331%	↑ ^{viii}	↑-/ /143% ^{viii}	↑	↓	↓	↓	↔	E	↔	↑-/-171% ^{viii}	↔	↔	↔	↔	↔	E ^{viii}	↔	
	sofosbuvir	↔	↔	↑	↑34%	↔	↔	↔	↔	↔	↔	↔	↔	↓5%D27%	↔	↔	↔	↔	↔	↔	

EASL HCV recommendations



Same treatment regimens can be used in HIV/HCV patients as in patients without HIV infection, as the virological results of therapy are identical (A1)

EACS HCV recommendations – treatment combination options (2018)

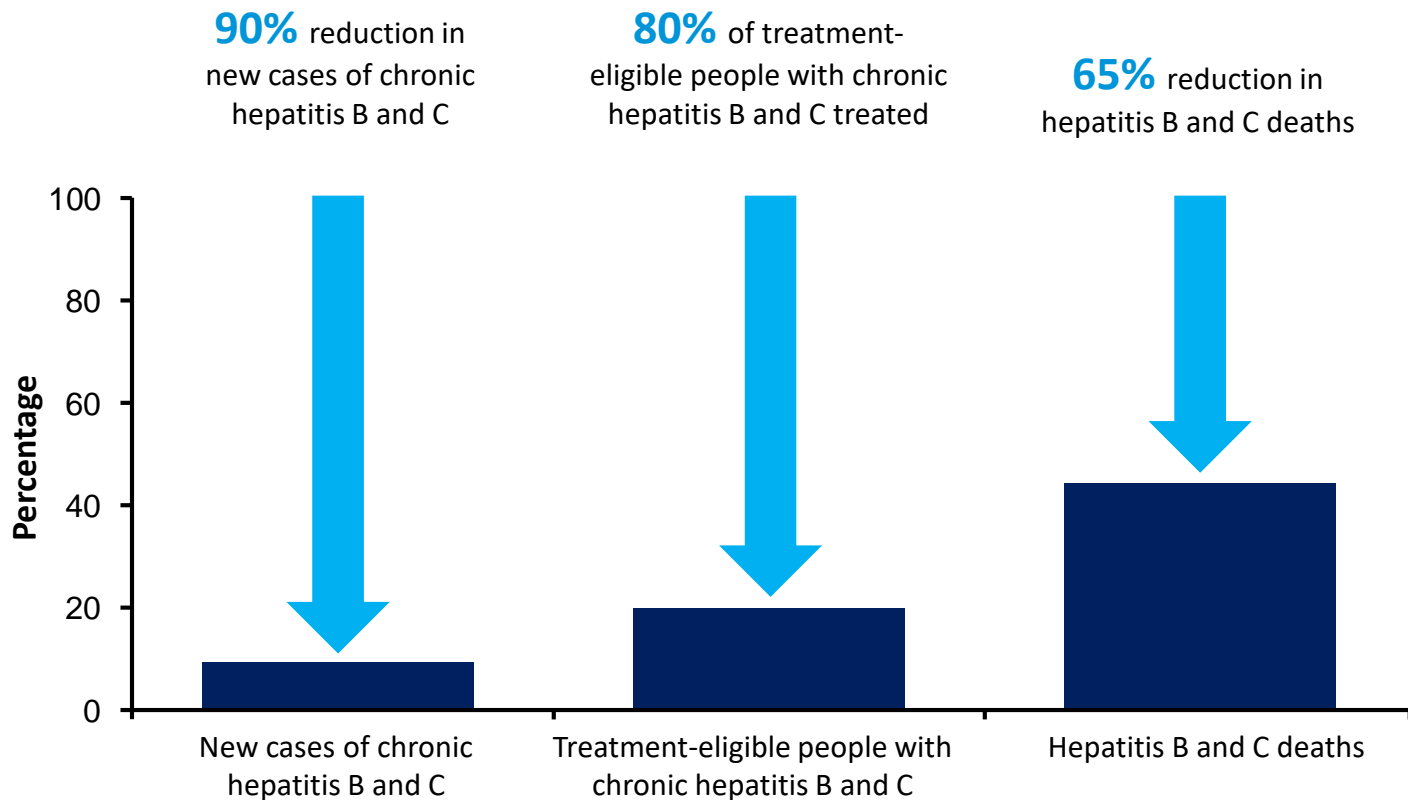
IFN-free HCV Treatment Options (preferred regimen in bold, alternative regimen in light grey)				
HCV GT	Treatment regimen	Treatment duration & RBV usage		
		Non-cirrhotic	Compensated cirrhotic	Decompensated cirrhotics CTP class B/C
1 & 4	SOF/LDV +/- RBV	8 weeks without RBV⁽ⁱⁱ⁾	12 weeks with RBV^(iv)	
	EBR/GZR	12 weeks^(vi)		Not recommended
	GLE/PIB	8 weeks	12 weeks	Not recommended
	SOF/VEL	12 weeks		12 weeks with RBV
	SOF + SMP +/- RBV	GT 4 only: 12 weeks with RBV or 24 weeks without RBV ^(v)		Not recommended
	SOF + DCV +/- RBV	12 weeks +/- RBV ⁽ⁱⁱⁱ⁾	12 weeks with RBV ^(iv)	
	SOF/VEL/VOX	8 weeks^(viii)	12 weeks	Not recommended
	OBV/PTV/r + DSV	8"-12 weeks in GT 1b	12 weeks in GT 1b	Not recommended
	OBV/PTV/r + DSV + RBV	12 weeks in GT 1a	24 weeks in GT 1a	Not recommended
	OBV/PTV/r + RBV	12 weeks in GT 4		Not recommended
2				
	SOF/VEL	12 weeks		12 weeks with RBV
	GLE/PIB	8 weeks	12 weeks	Not recommended
	SOF/VEL/VOX	8 weeks^(viii)	12 weeks	Not recommended
	SOF + DCV	12 weeks		12 weeks with RBV
3	SOF/VEL/VOX	8 weeks^(viii)	12 weeks	Not recommended
	GLE/PIB	8 weeks^(ix)	12 weeks^(ix)	Not recommended
	SOF + DCV +/- RBV	12 weeks +/- RBV ^(vii) or 24 weeks without RBV	24 weeks with RBV	
	SOF/VEL +/- RBV	12 weeks +/- RBV ^(vii) or 24 weeks without RBV	12 weeks with RBV	24 weeks with RBV
5 & 6	SOF/LDV +/- RBV	12 weeks +/- RBV⁽ⁱ⁾	12 weeks with RBV^(iv)	
	SOF/VEL	12 weeks		12 weeks with RBV
	GLE/PIB	8 weeks	12 weeks	Not recommended
	SOF/VEL/VOX	8 weeks^(viii)	12 weeks	Not recommended
	SOF + DCV +/- RBV	12 weeks +/- RBV or 24 weeks without RBV ⁽ⁱ⁾	12 weeks with RBV ^(iv)	



Are there remaining ‘unresolved’ issues with HCV?

- Is ‘shorter’ therapy possible for co-infected patients with ‘acute’ HCV?
- Will TasP work?
- Will we be able to ‘eliminate’ HCV by 2030?
- (Is it ever ‘too late’ to treat HCV?
 - ESLD – Rx vs. Transplant followed by Rx)

The WHO has set ambitious global targets in order to control viral hepatitis by 2030



Control? Elimination? Eradication? Extinction?

Term	Definition	Continued intervention measures required?
Control	The reduction of disease incidence, prevalence, morbidity or mortality to a locally acceptable level as a result of deliberate efforts	Yes
Elimination	Reduction to zero of the incidence of a specified disease in <i>a defined geographical area</i> as a result of deliberate efforts	Yes
Eradication	Permanent reduction to zero of the <i>worldwide</i> incidence of infection caused by a specific agent as a result of deliberate efforts	No
Extinction	The specific infectious agent no longer exists in nature or in the laboratory	No

Shorter Treatment Durations: Recent Data for Treatment of Acute/early HCV in HIV+ Patients

Study	GT	Number	Regimen	Duration weeks	SVR 12 %
DAHHS ¹	1a	57	BOC + PEG-IFN/RBV	12	86
NYC ²	1	19	TVR + PEG-IFN/RBV	12	84
DARE-C I ³	1	14	TVR + PEG-IFN/RBV	8/12/24	71
SWIFT-C ⁴	1&4	17	SOF/RBV	12	59
DARE-C II ⁵	1&3	14	SOF/RBV	6	21
NYC II ⁶	1	12	SOF/RBV	12	92
SLAM-C arm 1 ⁷	1	15	SOF/LDV	6	100
SLAM-C arm 2 ⁷	1	15	SOF/SMV	8	100
SOL ⁸	1	26	SOF/LDV	6	83
ACTG ⁹	1	27	SOF/LDV	8	100
NYCIII ¹⁰	1&4	28	SOF/LDV	8	100
TARGET-3D ¹¹	1	30	PrOD+RBV	8	100
DAHHS-2 ¹²	1&4	80	GRZ/ELB	8	98

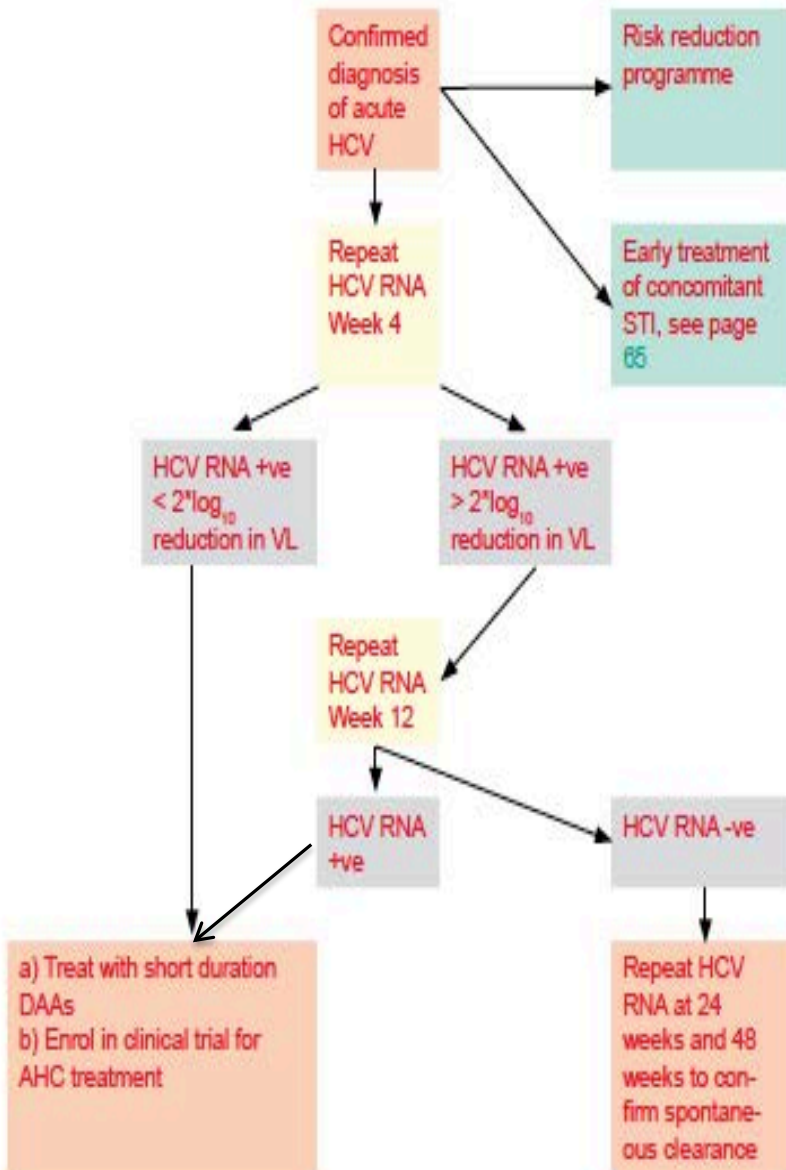
On-going studies of short(er) duration therapy for early HCV

- TARGET studies
 - Part 2 – 6 weeks G/P (all genotypes) – 30 patients (in press – 95% SVR 12 ITT analysis)
 - Part 3 – 4 weeks G/P (all genotypes)- 30 patients (recruitment phase)
- REACT
 - Global RCT of 6 weeks vs. 12 weeks of Sof/Vel
 - Aiming to recruit 250 patients
 - STOPPED EARLY by DSMB – will report at AASLD

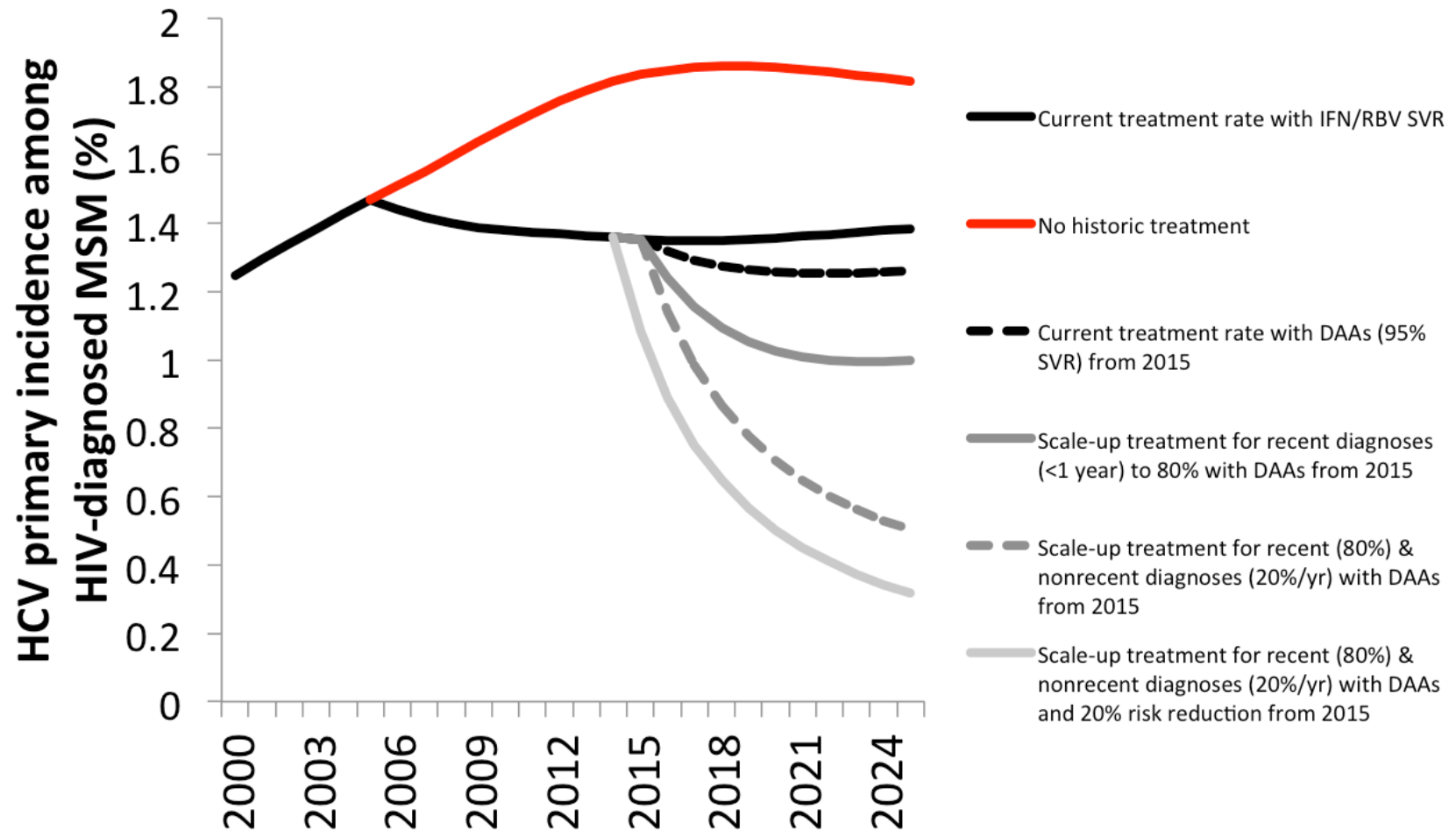
Why the need for short duration of Rx for 'Acute' HCV?

- Most DAAs licensed for 'chronic' HCV
- Traditional definition of 'chronic'
 - Six months of viraemia
- However, in most cases difficult to define time of exposure/infection
- Failure to clear virus spontaneously = chronic
- New Definitions (NEAT-ID – September 2019)
 - Recently Acquired HCV
 - Demonstration of low likelihood of spontaneous clearance = chronic infection
 - Chronic Infection < 12 months = Early Chronic Infection

Algorithm for Management of Acute HCV in Persons with HCV/HIV Co-infection



Treatment As Prevention in HIV/HCV



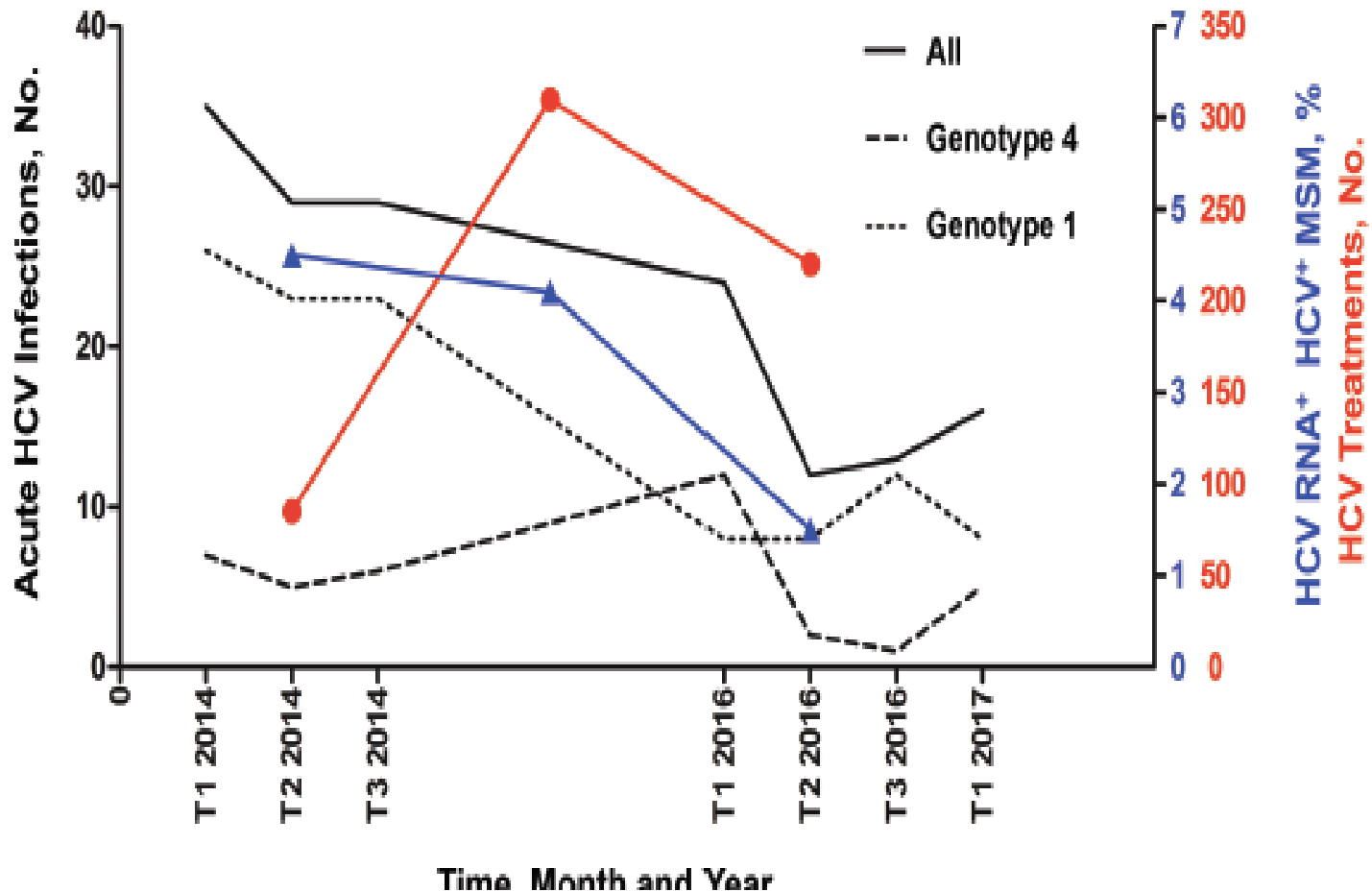
Substantial decline in Acute HCV post DAA rollout in the Netherlands

Study hypothesis:

Unrestricted DAA access will result in a decrease in the number of new HCV infections in HIV+MSM

- By 2017, 742/971 (76%) HIV+ MSM patients treated for HCV
 - 50% 2014, 65% 2016, treated Acute HCV in the early phase via clinical trials (DAHHS 1 and 2 studies)

Substantial decline in Acute HCV post DAA rollout in the Netherlands



Decline NOT associated with reduction in risk-behaviour

What about syphilis in MSM at public health STD clinics:

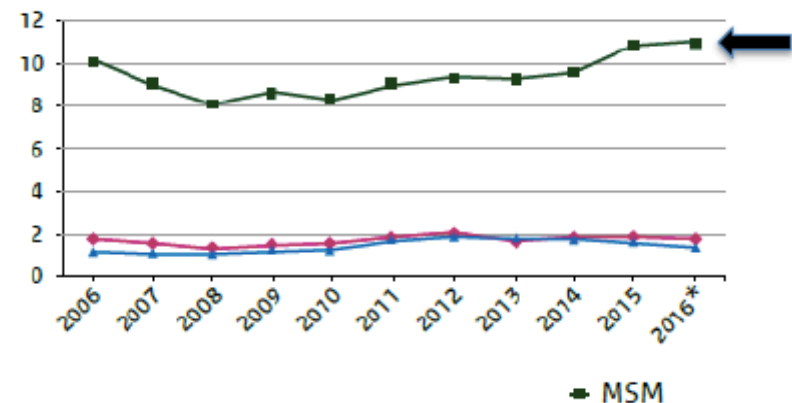
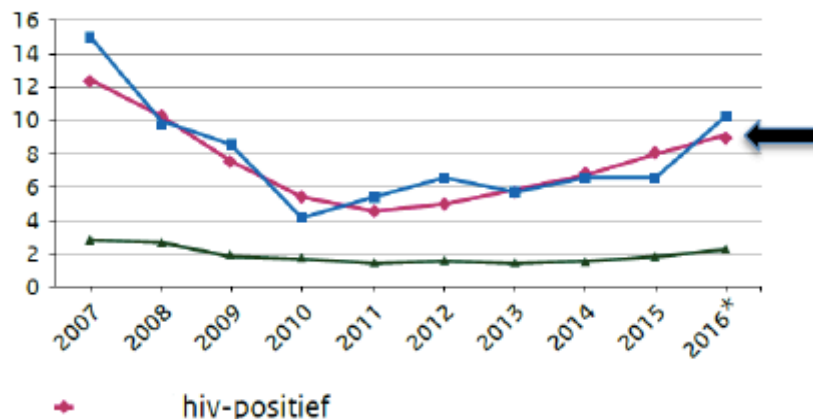
First six months of 2015:

N=446 syphilis infections diagnosed

First 6 months of 2016:

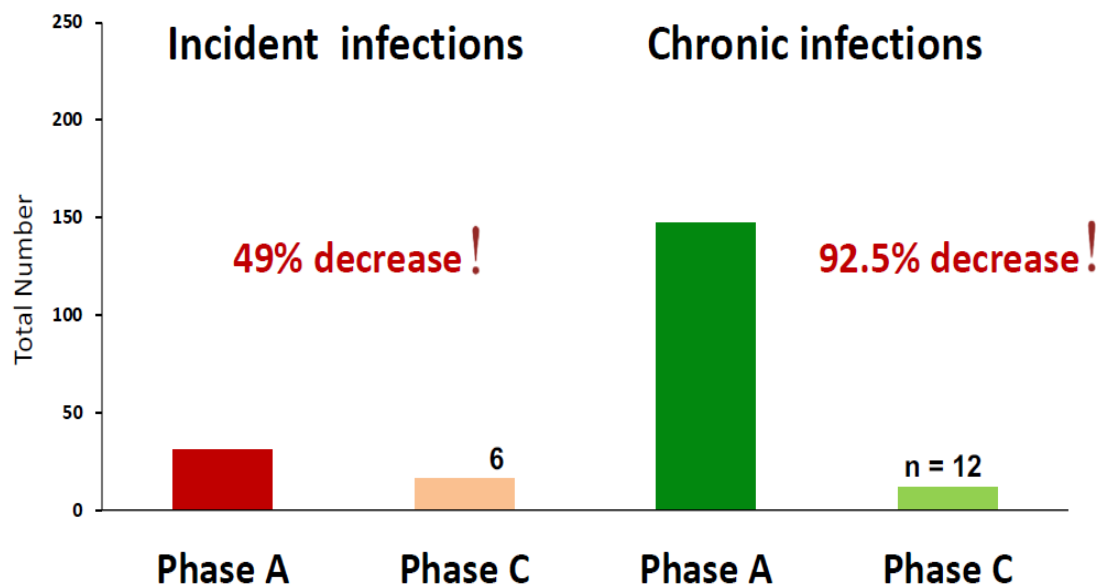
N=629 syphilis infections diagnosed (=41% increase ! 95% in MSM)

Syphilis in HIV+MSM

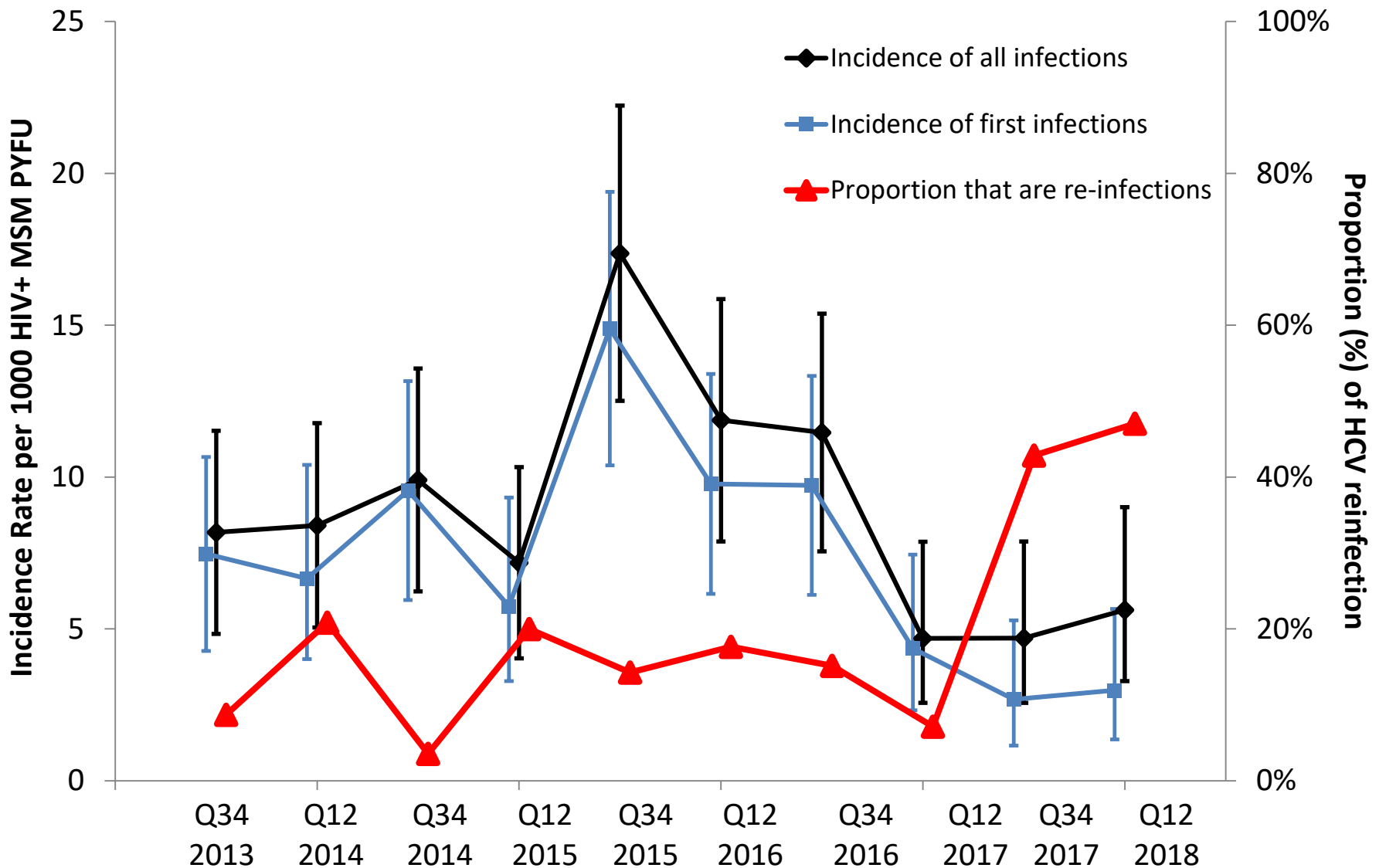


TasP in HCV/HIV+ MSM: HCVREE Study

- Systematic screening of ALL HIV+ MSM with 6-monthly HCV PCR tests in Swiss Cohort (n=3722)
- 177 (4,8%) diagnosed HCV (Phase A) 30 (17%) acute and 147 chronic HCV -> DAA therapy (12 weeks of G/E or local SOC) – 161 (91%) successfully treated
- At re-screening (only) 28 (0,8%) PCR positive (Phase C) – 16 new infections



London HCV amongst MSM: Incidence and reinfection proportion – pre and post-DAA



Compelling data that 'TasP' works...

- 50%+ reduction in the incidence of acute HCV Infection
- A large effect of 'early' Rx
- However, even in the best case scenario, incidence is not down to 0%, and looks like it is plateauing out

Conclusions

- Liver disease remains an important cause of morbidity and mortality in HIV+
- Key issues = cART, HBV, HCV and lifestyle
- HBV – key issues – diagnosis and management
- HCV
 - DAAs for all – generic preparations available
 - Responses in HIV+ similar to HIV-
 - Beware DDIs
- Need for improved cascade of care and access to Rx – ‘Micro-elimination’ a realistic goal
- NAFLD – increasingly recognised
 - Managing cardiovascular risk is the key issue
 - Small number – progressive liver damage